



throw In thE vOwEl



Don't throw in the towel with vowel-heavy racks! There are bEAUcOUp 7-letter bingos with **MULTIPLE VOWELS!**
compiled by Jacob Cohen, Asheville Scrabble Club **(updated to NASPA Word List 2018)**

7s Starting with F- with Multiple (4) Vowels

FABLIAU	AABFILU	short metrical tale popular in medieval France [n -S]
FACULAE	AACEFLU	FACULA, unusually bright spot on sun's surface [n]
FADEOUT	ADEFOTU	gradual disappearance of image [n -S]
FAERIES	AEEFIRS	FAERIE, fairy (imaginary supernatural being) [n] / FAERY, faerie (fairy) [n]
FAIENCE	ACEEFIN	variety of glazed pottery [n -S]
FAILURE	AEFILRU	act of failing (to be unsuccessful in attempt) [n -S]
FAIRIER	AEFIIRR	FAIRY, pertaining to or resembling fairy [adj]
FAIRIES	AEFIIRS	FAIRY, imaginary supernatural being [n]
FAITOUR	AFIORTU	impostor (one that poses as another for deceptive purposes) [n -S]
FASCIAE	AACEFIS	FASCIA, broad and distinct band of color [n]
FATIGUE	AIEFGITU	to weary (to make or become weary) [v -D, -UING, -S]
FATUOUS	AFOSTUU	smugly stupid [adj]
FAUCIAL	AACFILU	pertaining to fauces (passage from mouth to pharynx) [adj]
FEATURE	AEEFRTU	to give special prominence to [v -D, -RING, -S]
FECULAE	ACEEFLU	FECULA, fecal matter [n]
FEDAYEE	ADEEEFY	Arab commando [n -N]
FEIJOAS	AEFIJOS	FEIJOA, green edible fruit [n]
FEMINIE	EEFIIMN	women collectively [n FEMINIE]
FEOFFEE	EEEFFFO	one to whom fief is granted [n -S]
FERULAE	AEEFLRU	FERULA, flat piece of wood [n]
FIANCEE	ACEEFIN	woman engaged to be married [n -S]
FIBULAE	ABEFILU	FIBULA, bone of leg [n]
FIERIER	EEFIIRR	FIERY, intensely hot [adj]
FILAREE	AEEFILR	European weed [n -S]
FILARIA	AAFIILR	parasitic worm [n -E]
FILIATE	AEFIILT	to bring into close association [v -D, -TING, -S]
FLOOSIE	EFILOOS	floozy (prostitute) [n -S]
FLOOZIE	EFILOOZ	floozy (prostitute) [n -S]
FOAMIER	AEFIMOR	FOAMY, covered with foam [adj]
FOLIAGE	AIEFGILO	growth of leaves of plant [n -S]
FOLIATE	AIEFILOT	to hammer into thin plates [v -D, -TING, -S]
FOLIOED	DEFILOO	FOLIO, to number pages of [v]
FOLIOSE	EFILOOS	having leaves (usually green, flattened organ of vascular plants) [adj]
FOLIOUS	FILOOSU	foliose (having leaves (usually green, flattened organ of vascular plants)) [adj]
FOODIES	DEFIOOS	FOODIE, enthusiast of foods and their preparation [n]
FOOTAGE	AIEFGOOT	length or quantity expressed in feet [n -S]
FOOTIER	EFIIOORT	FOOTY, paltry (petty (insignificant)) [adj]
FOOTIES	EFIIOOST	FOOTIE, footsie (flirting game played with feet) [n]
FOOTSIE	EFIIOOST	flirting game played with feet [n -S]
FORESEE	EEEFORS	to see in advance [v -SAW, -N, -ING, -S]
FOUETTE	EEFOTTU	movement in ballet [n -S]
FOVEATE	AEEFOTV	FOVEA, shallow anatomical depression [adj]
FOVEOLA	AIEFLOOV	small fovea [n -E, -S]
FOVEOLE	EEFLOOV	foveola (small fovea) [n -S]
FREEBEE	BEEEEFR	freebie (something given or received without charge) [n -S]



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FREEBIE	BEEEFIR	something given or received without charge [n -S]
FREESIA	AEEFIRS	African herb [n -S]
FURIOSO	FIOORSU	with great force -- used as musical direction [adv]
FURIOUS	FIORSUU	extremely angry [adj]
FUSARIA	AAFIRSU	FUSARIUM, disease-causing fungus [n]

7s Starting with G- with Multiple (4) Vowels

GALABIA	AAABGIL	djellaba (long hooded garment) [n -S]
GALATEA	AAAEGLT	strong cotton fabric [n -S]
GALEATE	AAEEGLT	GALEA, helmet-shaped anatomical part [adj]
GALILEE	AEEGILL	type of porch (covered structure at entrance to building) [n -S]
GARIGUE	AEGGIRU	low scrubland [n -S]
GASEOUS	AEGOSSU	pertaining to gas [adj]
GATEAUS	AAEGSTU	GATEAU, fancy cake [n]
GATEAUX	AAEGTUX	GATEAU, fancy cake [n]
GAUDIER	ADEGIRU	GAUDY, tastelessly showy [adj]
GAUDIES	ADEGISU	GAUDY, festival (day or time of celebration) [n]
GAUZIER	AEGIRUZ	GAUZY, resembling gauze (transparent fabric) [adj]
GAZANIA	AAAGINZ	South African herb [n -S]
GEEKIER	EEEGIKR	GEEKY, socially awkward or unappealing [adj]
GENOISE	EEGINOS	rich sponge cake [n -S]
GENUINE	EEGINNU	authentic (conforming to fact and therefore worthy of belief) [adj]
GEOIDAL	ADEGILO	GEOID, hypothetical surface of earth [adj]
GHOULIE	EGHILOU	ghoul (demon (evil spirit)) [n -S]
GIAOURS	AGIORSU	GIAOUR, non-Muslim [n]
GIARDIA	AADGIIR	protozoan inhabiting intestines [n -S]
GOALIES	AEGILOS	GOALIE, player who defends against goals [n]
GOATEED	ADEEGOT	GOATEE, small pointed beard [adj]
GOATEES	AEEGOST	GOATEE, small pointed beard [n]
GOATIER	AEGIORT	GOATY, suggestive of goat [adj]
GOBIOID	BDGIIOO	fish of goby family [n -S]
GOBONEE	BEEGNOO	gobony (compony (composed of squares of alternating colors)) [adj]
GODETIA	ADEGIOT	showy annual herb [n -S]
GONIDIA	ADGIINO	GONIDIUM, asexual reproductive cell [n]
GOODIES	DEGIOOS	GOODIE, goody (desirable food) [n] / GOODY, desirable food [n]
GOOFIER	EFGIOOR	GOOFY, silly (showing lack of good sense) [adj]
GOOIEST	EGIOOST	GOOEY, sticky or viscid [adj]
GOOLIES	EGILOOS	GOOLIE, offensive word [n] / GOOLY, offensive word [n]
GOONIER	EGINOOR	GOONY, stupid (mentally slow) [adj]
GOONIES	EGINOOS	GOONIE, gooney (albatross (large seabird)) [n] / GOONY, gooney [n]
GOOPIER	EGIOOPR	GOOPY, sticky, goeey [adj]
GOOSIER	EGIOORS	GOOSEY, goosy (resembling goose (swimming bird)) [adj] / GOOSY, [adj]
GOUACHE	ACEGHOU	method of painting [n -S]
GOURAMI	AGIMORU	food fish [n -ES, -S]
GOUTIER	EGIORTU	GOUTY, affected with gout [adj]
GREENIE	EEEGINR	amphetamine pill [n -S]



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GROUPIE	EGIOPRU	follower of rock groups [n -S]
GUAICAS	AACGISU	GUAICAC, guaiacum (medicinal resin) [n]
GUANACO	AACGNOU	South American mammal [n -S]
GUANASE	AAEGNSU	enzyme (complex protein) [n -S]
GUANINE	AEGINNU	chemical compound [n -S]
GUARANA	AAAGNRU	South American shrub [n -S]
GUARANI	AAGINRU	monetary unit of Paraguay [n -ES, -S]
GUAYULE	AEGLUUY	shrub that is source of rubber [n -S]
GUINEAS	AEGINSU	GUINEA, formerly used British coin [n]
GUIPURE	EGIPRUU	type of lace [n -S]

7s Starting with H- with Multiple (4) Vowels

HABITUE	ABEHITU	frequent customer [n -S]
HAEMOID	ADEHIMO	hemoid (hemal (pertaining to blood)) [adj]
HAIRIER	AEHIIRR	HAIRY, covered with hair [adj]
HARIANA	AAAHINR	breed of cattle [n -S]
HAULAGE	AAEGHLU	act of hauling (to pull with force) [n -S]
HAULIER	AEHILRU	hauler (one that hauls (to pull with force)) [n -S]
HAULOUT	AHLOTUU	action of hauling boat out of water [n -S]
HAUTEUR	AEHRTUU	haughty manner or spirit [n -S]
HAVIOUR	AHIORUV	havior (behavior (demeanor (manner in which one conducts oneself))) [n -S]
HEADIER	ADEEHIR	HEADY, intoxicating [adj]
HEAUMES	AEEHMSU	HEAUME, medieval helmet [n]
HEAVIER	AEEHIRV	HEAVY, having much weight [adj]
HEAVIES	AEEHISV	HEAVY, villain (cruelly malicious person) [n]
HEINIES	EEHIINS	HEINIE, buttocks (either of two rounded parts of rump) [n]
HEINOUS	EHINOSU	very wicked [adj]
HEMIOLA	AEHILMO	rhythmic alteration in music [n -S]
HERNIAE	AEEHINR	HERNIA, protrusion of organ through its surrounding wall [n]
HEROINE	EEHINOR	brave woman [n -S]
HEROIZE	EEHIORZ	to make heroic [v -D, -ZING, -S]
HETAERA	AAEEHRT	concubine [n -E, -S]
HETAIRA	AAEHIRT	hetaera (concubine) [n -I, -S]
HEXEREI	EEEHIRX	witchcraft [n -S]
HIDEOUS	DEHIOSU	very ugly [adj]
HIDEOUT	DEHIOTU	place of refuge [n -S]
HIMATIA	AAHIIMT	HIMATION, loose outer garment [n]
HOAGIES	AEGHIOS	HOAGIE, long sandwich [n] / HOAGY, hoagie [n]
HOARIER	AEHIORR	HOARY, white with age [adj]
HOECAKE	ACEEHKO	cornmeal cake [n -S]
HOELIKE	EEHIKLO	resembling hoe [adj]
HONOREE	EEHNOOR	one that receives honor [n -S]
HOOCHEE	CEHHIOO	promiscuous young woman [n -S]
HOODIER	DEHIOOR	HOODY, resembling hoodlum (thug (brutal ruffian or assassin)) [adj]
HOODIES	DEHIOOS	HOODIE, gray crow of Europe [n]
HOODOOS	DHOOOOS	HOODOO, to jinx (to bring bad luck to) [v]



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HOOKIER	EHIKOOR	HOOKY, full of hooks [adj]
HOOKIES	EHIKOOS	HOOKY, truancy (act of truanting) [n]
HOOPOES	EHOOPS	HOOPOE, European bird [n]
HOOPOOS	HOOOPS	HOOPOO, hoopoe (European bird) [n]
HOOTIER	EHIORT	HOOTY, sounding like cry of owl [adj]
HOUSIER	EHIORSU	HOUSEY, being in style of house music [adj]
HUGEOUS	EGHOSUU	huge (very large) [adj]

7s Starting with I- with Multiple (4) Vowels

ICEBOAT	ABCEIOT	to travel in vehicle that sails on ice [v -ED, -ING, -S]
ICELIKE	CEEIIKL	resembling ice [adj]
ICEWINE	CEEIINW	sweet wine made from grapes frozen on vine [n -S]
IDEATED	ADDEEIT	IDEATE, to form idea [v]
IDEATES	ADEEIST	IDEATE, to form idea [v]
IDIOTIC	CDIIIOT	IDIOT, mentally deficient person [adj]
IDOLISE	DEIILOS	to idolize (to worship (to honor and love as divine being)) [v -D, -SING, -S]
IDOLIZE	DEIILoz	to worship (to honor and love as divine being) [v -D, -ZING, -S]
IGNATIA	AAGIINT	medicinal seed [n -S]
IGNEOUS	EGINOSU	pertaining to fire [adj]
IGUANAS	AAGINSU	IGUANA, tropical lizard [n]
IGUANID	ADGIINU	long-tailed lizard [n -S]
IKEBANA	AABEIKN	Japanese art of flower arranging [n -S]
ILEITIS	EIIILST	inflammation of ileum [n -TIDES, -ES]
ILEUSES	EEILSSU	ILEUS, intestinal obstruction [n]
ILLUVIA	AIILLUV	ILLUVIUM, type of material accumulated in soil [n]
IMAGINE	AEGIIMN	to form mental picture of [v -D, -NING, -S]
IMAGOES	AEGIMOS	IMAGO, adult insect [n]
IMAMATE	AAEIMMT	office of imam (Muslim priest) [n -S]
IMITATE	AEIIMTT	to behave in same way as [v -D, -TING, -S]
IMPERIA	AEIIMPR	IMPERIUM, absolute power [n]
IMPIOUS	IIMOPSU	not pious (marked by religious reverence) [adj]
INDICIA	ACDIIIN	distinctive mark [n -S]
INDUSIA	ADIINSU	INDUSIUM, enclosing membrane [n]
INEDITA	ADEIINT	unpublished literary works [n INEDITA]
INERTIA	AEIINRT	tendency of body to resist acceleration [n -E, -S]
INFAUNA	AAFINNU	fauna living on soft sea floor [n -E, -S]
INFULAE	AEFILNU	INFULA, either of two ribbons on bishop's miter [n]
INGENUA	EEGINNU	naive young woman [n -S]
INITIAL	AIIILNT	to mark with first letters of one's name [v -ED, -ING, -LLED, -LLING, -S]
INOCULA	ACILNOU	INOCULUM, material used in inoculation [n]
INOSINE	EIINNOS	compound of hypoxanthine and ribose [n -S]
INOSITE	EIINOST	inositol (alcohol found in plant and animal tissue) [n -S]
INQUIET	EIINQUT	to disturb (to interrupt quiet, rest, or peace of) [v -ED, -ING, -S]
INQUIRE	EIINQRU	to ask about [v -D, -RING, -S]
INSULAE	AEILNSU	INSULA, region of brain [n]
INTIMAE	AEIIMNT	INTIMA, innermost layer of organ [n]



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INULASE	AEILNSU	enzyme (complex protein) [n -S]
INUTILE	EIILNTU	useless (serving no purpose) [adj]
INVITEE	EEIINTV	one that is invited [n -S]
INVOICE	CEIINOV	to bill (to present statement of costs to) [v -D, -CING, -S]
INWEAVE	AEEINVW	to weave together [v -D, -WOVE. WOVEN, -VING, -S]
IODATED	ADDEIOT	IODATE, to iodize (to treat with iodine) [v]
IODATES	ADEIOST	IODATE, to iodize (to treat with iodine) [v]
IODIDES	DDEIIOS	IODIDE, compound of iodine [n]
IODINES	DEIINOS	IODINE, nonmetallic element [n]
IODISED	DDEIIOS	IODISE, to iodize (to treat with iodine) [v]
IODISES	DEIIOSS	IODISE, to iodize (to treat with iodine) [v]
IODIZED	DDEIIOZ	IODIZE, to treat with iodine [v]
IODIZER	DEIIORZ	one that iodizes (to treat with iodine) [n -S]
IODIZES	DEIIOSZ	IODIZE, to treat with iodine [v]
IOLITES	EIILOST	IOLITE, mineral (naturally occurring inorganic substance having characteristic set of physical properties) [n]
IONISED	DEIINOS	IONISE, to ionize (to convert into ions) [v]
IONISER	EIINORS	ionizer (one that ionizes (to convert into ions)) [n -S]
IONISES	EIINOSS	IONISE, to ionize (to convert into ions) [v]
IONIUMS	IIMNOSU	IONIUM, isotope of thorium [n]
IONIZED	DEIINOZ	IONIZE, to convert into ions [v]
IONIZER	EIINORZ	one that ionizes (to convert into ions) [n -S]
IONIZES	EIINOSZ	IONIZE, to convert into ions [v]
IONOGEN	EGINNOO	compound capable of forming ions [n -S]
IONOMER	EIMNOOR	type of plastic (any of group of synthetic or natural moldable materials) [n -S]
IONONES	EINNOOS	IONONE, chemical compound [n]
IRIDIUM	DIIIMRU	metallic element [n -S]
IRONIER	EIINORR	IRONY, resembling iron [adj]
IRONIES	EIINORS	IRONY, use of words to express opposite of what is literally said [n]
IRONISE	EIINORS	to ironize (to mix with nutritional iron) [v -D, -SING, -S]
IRONIZE	EIINORZ	to mix with nutritional iron [v -D, -ZING, -S]
ISAGOGE	AEGGIOS	type of introduction to branch of study [n -S]
ISATINE	AEIINST	isatin (chemical compound) [n -S]
ISOBARE	ABEIORS	isobar (type of atom (smallest unit of element)) [n -S]
ISODOSE	DEIOOSS	pertaining to zones that receive equal doses of radiation [adj]
ISOGONE	EGINOOS	line on map used to show characteristics of earth's magnetic field [n -S]
ISOLATE	AEILOST	to set apart from others [v -D, -TING, -S]
ISOLEAD	ADEILOS	line on ballistic graph [n -S]
ISOLINE	EIILNOS	isogram (line on map connecting points of equal value) [n -S]
ISOTONE	EINOOST	type of atom (smallest unit of element) [n -S]
ISOTOPE	EIOOPST	form of element [n -S]
ITEMISE	EEIIMST	to itemize (to set down particulars of) [v -D, -SING, -S]
ITEMIZE	EEIIMTZ	to set down particulars of [v -D, ZING, -S]
ITERATE	AEEIRTT	to repeat (to say or do again) [v -D, -TING, -S]
IVORIED	DEIIORV	IVORY, hard white substance found in elephant tusks [adj]
IVORIER	EIIORRV	IVORY, resembling ivory in color [adj]
IVORIES	EIIORSV	IVORY, hard white substance found in elephant tusks [n]



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7s Starting with J- with Multiple (4) Vowels

JADEITE	ADEEIJT	mineral (naturally occurring inorganic substance having characteristic set of physical properties) [n -S]
JAMBEAU	AABEJMU	piece of armor for leg [n -S, -X]
JEALOUS	AEJLOSU	resentful of another's advantages [adj -ER, -EST]
JIGABOO	ABGIJOO	offensive word [n -S]
JUBILEE	BEEIJLU	celebration [n -S]
JUICIER	CEIJJRU	JUICY, full of juice [adj]