



throw In thE vowel



Don't throw in towel with **VOWEL-HEAVY RACKS** – bEAUcOUp 7-letter bingos with 5 vowels + BONUS section
compiled by Jacob Cohen, Asheville Scrabble Club *(updated to NASPA Word List 2018)*

A 7s

ABOULIA	AABILOU	abulia (loss of willpower) [n -S]
ACEQUIA	AACEIQU	irrigation ditch or canal [n -S]
AECIDIA	AACDEII	AECIDIUM, aecium (spore-producing organ of certain fungi) [n]
AENEOSUS	AEENOSU	having greenish gold color [adj]
AEOLIAN	AAEILNO	eolian (pertaining to wind) [adj]
AEONIAN	AAEINNO	eonian (everlasting) [adj]
AERADIO	AADEIOR	Canadian radio service for pilots [n -S]
AEROBIA	AABEIOR	AEROBIUM, aerobe (organism that requires oxygen to live) [n]
ALIENEE	AEEEILN	one to whom property is transferred [n -S]
AMOEBAE	AABEEMO	AMOEBA, unicellular microscopic organism [n]
ANAEMIA	AAAEIMN	anemia (disorder of blood) [n -S]
AQUEOUS	AEOQSUU	pertaining to water [adj]
AREOLAE	AAEELOR	AREOLA, small space in network of leaf veins [n]
AUDITEE	ADEEITU	one that is audited [n -S]
AUREATE	AAEERTU	golden (of color of gold) [adj]
AUREOLA	AAELORU	halo [n -S or -E]
AUREOLE	AEELORU	to surround with halo [v -D, -LING, -S]
AURORAE	AAEORRU	AURORA, rising light of morning [n]

B 7s

C 7s

COUTEAU	ACEOTUU	knife (sharp-edged instrument used for cutting) [n -X]
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D 7s

E 7s

EPINAOI	AEIINOP	EPINAOS, rear vestibule [n]
EUCAINE	ACEEINU	anesthetic [n -S]
EUGENIA	AEEGINU	tropical evergreen tree [n -S]
EULOGIA	AEGILOU	holy bread [n -E] / blessing (prayer (devout petition to deity)) [n -S]
EUPNOEA	AEENOPU	eupnea (normal breathing) [n -S]
EVACUEE	ACEEEUV	one that is evacuated [n -S]
EXUVIAE	AEEIU VX	molted covering of animal [n]

F 7s

G 7s

H 7s

I 7s

IPOMOEA	AEIMOO P	flowering plant [n -S]
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J 7s

K 7s

L 7s

M 7s

MIAOUED	ADEIMOU	MIAOU, to meow (to make crying sound of cat) [v]
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N 7s

NOUVEAU	AENOUUV	newly arrived or developed [adj]
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O 7s

OIDIOID	DDIIIOO	OIDIUM, type of fungus (any of major group of lower plants) [adj]
OUABAIN	AABINOU	cardiac stimulant [n -S]



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OUGUIYA	AGIOUUY	monetary unit of Mauritania [n -S]	P 7s
			Q 7s
			R 7s
ROULEAU	AELORUU	roll of coins wrapped in paper [n -S or -X]	S 7s
SEQUOIA	AEIOQSU	large evergreen tree [n -S]	T 7s
TAENIAE	AAEEINT	TAENIA, tapeworm (parasitic worm) [n]	U 7s
URAEMIA	AAEIMRU	uremia (abnormal condition of blood) [n -S]	V 7s
			W 7s
			X 7s
			Y 7s
			Z 7s

Bonus Section

Repeat emphasis of bingos with hard-to-see unusual pattern of **3+(bolded) consecutive vowels**

			<u>AEA</u> 7s
ALTH <u>AEA</u>	AAAHLT	althea (flowering plant) [n -S]	
ARCH <u>AEA</u>	AAACEHR	large group of microorganisms [n]	
SPIR <u>AEA</u>	AAEIPRS	spirea (flowering shrub) [n -S]	
			<u>AEI</u> 7s
SP <u>AEI</u> NG	AEGINPS	act of foretelling (to tell of or about in advance) [n -S] / SPAE, to foretell (to tell of or about in advance) [v]	
			<u>AEO</u> 7s
<u>AEOLIAN</u>	AAEILNO	eolian (pertaining to wind) [adj]	
<u>AEONIAN</u>	AAEINNO	eonian (everlasting) [adj]	
<u>CAEOMAS</u>	AACEMOS	CAEOMA, spore-forming organ of fungus [n]	
<u>PAEONIC</u>	ACEINOP	PAEON, metrical foot of four syllables [adj]	
			<u>AIA</u> 7s
GU <u>AIAC</u> S	AACGISU	GUAIAC, guaiacum (medicinal resin) [n]	
NAI <u>ADE</u> S	AADEINS	NAIAD, water nymph [n]	
			<u>AIE</u> 7s
FA <u>IENCE</u>	ACEEFIN	variety of glazed pottery [n -S]	
			<u>AOI</u> 7s
EPINA <u>OI</u>	AEIINOP	EPINAOS, rear vestibule [n]	
			<u>AOU</u> 7s
<u>AOUDADS</u>	AADDOSU	AOUDAD, wild sheep [n]	
<u>GIAOURS</u>	AGIORSU	GIAOUR, non-Muslim [n]	
MIA <u>OUED</u>	ADEIMOU	MIAOU, to meow (to make crying sound of cat) [v]	
			<u>EAE</u> 7s
OCH <u>REAE</u>	ACEEHOR	OCHREA, ocrea (sheathing plant part) [n]	
			<u>EAI</u> 7s
DE <u>AIRE</u> D	ADDEEIR	DEAIR, to remove air from [v]	
			<u>EAU</u> 7s



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BANDE <u>AU</u>	AABDENU	headband (band worn on head) [n -S or -X]
BATE <u>AU</u> X	AABETUX	BATEAU, flat-bottomed boat [n]
BATTE <u>AU</u>	AABETTU	bateau (flat-bottomed boat) [n -X]
BE <u>AU</u> ISH	ABEHISU	BEAU, boyfriend [adj]
BE <u>AU</u> TER	ABEERTU	BEAUT, beautiful [adj]
BURE <u>AU</u> S	ABERSUU	BUREAU, chest of drawers [n]
BURE <u>AU</u> X	ABERUUX	BUREAU, chest of drawers [n]
CH <u>AP</u> EAU	AACEHPU	hat [n -S or -X]
CH <u>AT</u> EAU	AACEHTU	large country house [n -S or -X]
COTE <u>AU</u> S	ACEOSTU	COTEAU, higher ground of region [n]
COTE <u>AU</u> X	ACEOTUX	COTEAU, higher ground of region [n]
COU <u>TE</u> AU	ACEOTUU	knife (sharp-edged instrument used for cutting) [n -X]
GATE <u>AU</u> S	AAEGSTU	GATEAU, fancy cake [n]
GATE <u>AU</u> X	AAEGTUX	GATEAU, fancy cake [n]
HE <u>AU</u> MES	AEHMSU	HEAUME, medieval helmet [n]
JAM <u>BE</u> AU	AABEJMU	piece of armor for leg [n -X or -S]
MAN <u>TE</u> AU	AAEMNTU	loose cloak [n -S or -X]
MOR <u>CE</u> AU	ACEMORU	short literary or musical composition [n -X]
NOU <u>VE</u> AU	AENOUUV	newly arrived or developed [adj]
PL <u>AT</u> EAU	AAELPTU	level stretch of elevated land [n -S or -X] / to reach period or condition of stability [v -ED, -ING, -S]
RE <u>SE</u> AUS	AEERSSU	RESEAU, filter screen for making color films [n]
RE <u>SE</u> AUX	AEERSUX	RESEAU, filter screen for making color films [n]
RON <u>DE</u> AU	ADENORU	short poem of fixed form [n -X]
ROU <u>LE</u> AU	AELORUU	roll of coins wrapped in paper [n -S or -X]
TA <u>BL</u> EAU	AABELTU	picture [n -S or -X]
TON <u>NE</u> AU	AENNOTU	rear seating compartment of automobile [n -S or -X]
TR <u>UM</u> EAU	AEMRTUU	column supporting part of doorway [n -X]

EEA 7s

RE <u>EA</u> RNS	AEENRRS	REEARNS, EARN, to gain or deserve for one's labor or service [v]
SE <u>EA</u> BLE	ABEEELS	SEE, to perceive with eyes [adj]

EEI 7s

DRE <u>EE</u> ING	DEEGINR	DREE, to suffer (to feel pain or distress) [v]
EPE <u>EE</u> IST	EEEIPST	one who fences with epee [n -S]
FLE <u>EE</u> ING	EEFGILN	FLEE, to run away [v]
FRE <u>EE</u> ING	EEFGINR	FREE, to make free [v]
GRE <u>EE</u> ING	EEGINNR	GREE, to agree (to have same opinion) [v]
KNE <u>EE</u> ING	EEGIKNN	KNEE, to strike with knee (joint of leg) [v]
PRE <u>EE</u> ING	EEGINPR	PREE, to test by tasting [v]
SE <u>EE</u> INGS	EEGINSS	SEEING, act of one that sees [n]
SKE <u>EE</u> ING	EEGIKNS	SKEE, to ski (to travel on skis (long, narrow strips of wood or metal)) [v]
TRE <u>EE</u> ING	EEGINRT	TREE, to drive up tree (tall, woody plant) [v]

EIA 7s

CO <u>DE</u> IAS	ACDEIOS	CODEIA, codeine (narcotic alkaloid) [n]
PLE <u>IA</u> DS	ADEILPS	PLEIAD, group of seven illustrious persons [n]

EIO 7s

ME <u>IO</u> SES	EEIMOSS	MEIOSIS, type of cell division [n]
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ME <u>I</u> OSIS	EIIMOSS	type of cell division [n -S]
ME <u>I</u> OTIC	CEIIMOT	MEIOSIS, type of cell division [adj]
PER <u>E</u> ION	EEINOPR	thorax of some crustaceans [n PEREIONS or PEREIA]

EOE 7s

CAMEOED	ACDEEMO	CAMEO, to portray in sharp, delicate relief [v]
MIMEOED	DEEIMMO	MIMEO, to make copies of by use of mimeograph [v]
RODEOED	DDEEOOR	RODEO, to perform cowboy skills in contest [v]
VIDEOED	DDEEIOV	VIDEO, to record visual images on magnetic tape or disc [v]

EOI 7s

GE <u>O</u> IDAL	ADEGILO	GEOID, hypothetical surface of earth [adj]
OSTE <u>O</u> ID	DEIOOST	uncalcified bone matrix [n -S]
RE <u>O</u> ILED	DEEILOR	REOIL, OIL, to supply with oil (greasy liquid used for lubrication, fuel, or illumination) [v]

EOU 7s

AENE <u>O</u> US	AEENOSU	having greenish gold color [adj]
AQ <u>U</u> EOUS	AEOQSUU	pertaining to water [adj]
CASE <u>O</u> US	ACEOSSU	cheesy (resembling cheese (food made from milk curds)) [adj]
DUTE <u>O</u> US	DEOSTUU	dutiful (obedient (obeying or willing to obey)) [adj]
FADE <u>O</u> UT	ADEFOTU	gradual disappearance of image [n -S]
GASE <u>O</u> US	AEGOSSU	pertaining to gas [adj]
HIDE <u>O</u> US	DEHIOSU	very ugly [adj]
HIDE <u>O</u> UT	DEHIOTU	place of refuge [n -S]
HUGE <u>O</u> US	EGHOSUU	huge (very large) [adj]
IGNE <u>O</u> US	EGINOSU	pertaining to fire [adj]
LUTE <u>O</u> US	ELOSTUU	light to moderate greenish yellow in color [adj]
ME <u>O</u> UING	EGIMNOU	MEOU, to meow (to make crying sound of cat) [v]
NIVE <u>O</u> US	EINOSUV	resembling snow [adj]
OSSE <u>O</u> US	EOOSSSU	resembling bone [adj]
PICE <u>O</u> US	CEIOPSU	glossy-black in color [adj]
PILE <u>O</u> US	EILOPSU	pilose (covered with hair) [adj]
PITE <u>O</u> US	EIOPSTU	pitiful (arousing pity) [adj]
TAKE <u>O</u> UT	AEKOTTU	act of removing (to take or move away) [n -S]
TIME <u>O</u> US	EIMOSTU	timely (occurring at right moment) [adj]
TIME <u>O</u> UT	EIMOTTU	brief suspension of activity [n -S]
WIDE <u>O</u> UT	DEIOTUW	receiver in football [n -S]
WIPE <u>O</u> UT	EIOPTUW	fall from surfboard [n -S]

EUE 7s

QUE <u>E</u> RS	EEQRSUU	QUEUER, one that queues (to line up) [n]
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IAE 7s

CARD <u>I</u> AE	AACDEIR	CARDIA, opening of esophagus [n]
EXUV <u>I</u> AE	AEEIU VX	molted covering of animal [n]
FASC <u>I</u> AE	AACEFIS	FASCIA, broad and distinct band of color [n]
HERN <u>I</u> AE	AEEHINR	HERNIA, protrusion of organ through its surrounding wall [n]
HYDR <u>I</u> AE	ADEHIRY	HYDRIA, water jar [n]
SCOR <u>I</u> AE	ACEIORS	SCORIA, refuse of smelted metal or ore [n]
TAEN <u>I</u> AE	AAEEINT	TAENIA, tapeworm (parasitic worm) [n]

IAI 7s



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ANTI <u>AI</u> R	AAIINRT	directed against attacking aircraft [adj]
L <u>IA</u> ISED	ADEIILS	LIAISE, to establish liaison [v]
L <u>IA</u> ISES	AEIILSS	LIAISE, to establish liaison [v]
L <u>IA</u> ISON	AIILNOS	means for maintaining communication [n -S]

IAO 7s

G <u>IA</u> OURS	AGIORSU	GIAOUR, non-Muslim [n]
M <u>IA</u> OUE <u>D</u>	ADEIMOU	MIAOU, to meow (to make crying sound of cat) [v]
M <u>IA</u> QWED	ADEIMOW	MIAOW, to meow (to make crying sound of cat) [v]

IAU 7s

FAB <u>IA</u> U	AABFILU	short metrical tale popular in medieval France [n -X]
K <u>IA</u> UGHS	AGHIKSU	KIAUGH, trouble; worry [n]
M <u>IA</u> ULE <u>D</u>	ADEILMU	MIAUL, to meow (to make crying sound of cat) [v]

IEE 7s

P <u>IE</u> INGS	EGIINPS	PIEING, act of throwing pie at public figure [n]
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IEO 7s

D <u>IE</u> OFFS	DEFFIOS	DIEOFF, sudden decline in population [n]
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IEU 7s

M <u>IL</u> IEU <u>S</u>	EIILMSU	MILIEU, environment [n]
M <u>IL</u> IEU <u>X</u>	EIILMUX	MILIEU, environment [n]
P <u>UR</u> L <u>IE</u> U	EILPRUU	outlying or neighboring area [n -S or -X]

IOE 7s

F <u>OL</u> IO <u>E</u> <u>D</u>	DEFILOO	FOLIO, to number pages of [v]
R <u>AD</u> IO <u>E</u> <u>D</u>	ADDEIOR	RADIO, to transmit by radio (apparatus for wireless communication) [v]
R <u>AD</u> IO <u>E</u> <u>S</u>	ADEIORS	RADIO, to transmit by radio (apparatus for wireless communication) [v]

IOI 7s

G <u>OB</u> IO <u>I</u> <u>D</u>	BDGIIOO	fish of goby family [n -S]
O <u>ID</u> IO <u>I</u> <u>D</u>	DDIIIOO	OIDIUM, type of fungus (any of major group of lower plants) [adj]
O <u>PI</u> IO <u>I</u> <u>D</u> <u>S</u>	DIIIOOPS	OPIOID, peptide that acts like opium [n]
S <u>IM</u> IO <u>I</u> <u>D</u>	DIIIMOS	simious (pertaining to simians (ape or monkey)) [adj]

IOU 7s

AN <u>X</u> IO <u>U</u> <u>S</u>	AINOSUX	full of anxiety [adj]
B <u>IL</u> IO <u>U</u> <u>S</u>	BIILOSU	pertaining to bile (fluid secreted by liver) [adj]
C <u>AR</u> IO <u>U</u> <u>S</u>	ACIORSU	decayed [adj]
C <u>OP</u> IO <u>U</u> <u>S</u>	CIOOPSU	abundant (present in great quantity) [adj]
C <u>UR</u> IO <u>U</u> <u>S</u>	CIORSUU	eager for information [adj -ER, -EST]
D <u>EV</u> IO <u>U</u> <u>S</u>	DEIOSUV	indirect (not direct) [adj]
D <u>UB</u> IO <u>U</u> <u>S</u>	BDIOSUU	doubtful (uncertain (absolutely confident)) [adj]
EN <u>V</u> IO <u>U</u> <u>S</u>	EINOSUV	resentful and desirous of another's possessions or qualities [adj]
F <u>OL</u> IO <u>U</u> <u>S</u>	FILOOSU	foliose (having leaves) [adj]
F <u>UR</u> IO <u>U</u> <u>S</u>	FIORSUU	extremely angry [adj]
H <u>AV</u> IO <u>U</u> <u>R</u>	AHIORUV	havior (behavior (demeanor (manner in which one conducts oneself))) [n -S]
IM <u>P</u> IO <u>U</u> <u>S</u>	IIMOPSU	not pious [adj]
N <u>IM</u> IO <u>U</u> <u>S</u>	IIMNOSU	NIMIETY, excess [adj]
NO <u>X</u> IO <u>U</u> <u>S</u>	INOOSUX	harmful to health [adj]
OB <u>V</u> IO <u>U</u> <u>S</u>	BIOOSUV	easily perceived or understood [adj]
OS <u>M</u> IO <u>U</u> <u>S</u>	IMOOSU	OSMIUM, metallic element [adj]



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PAV <u>I</u> OUR	AIOPRUV	paver (one that paves (to cover with material that forms firm, level surface)) [n -S]
PI <u>O</u> USLY	ILOPSUY	PIOUS, marked by religious reverence [adv]
RUB <u>I</u> OUS	BIORSUU	ruby-colored [adj]
SAN <u>I</u> OUS	AINOSSU	SANIES, fluid discharged from wounds [adj]
SAV <u>I</u> OUR	AIORSUV	savior (one that saves (to rescue from danger, injury, or loss)) [n -S]
SER <u>I</u> OUS	EIORSSU	thoughtful or subdued in appearance or manner [adj]
SIM <u>I</u> OUS	IIMOSSU	pertaining to simians (ape or monkey) [adj]
TED <u>I</u> OUS	DEIOSTU	causing weariness [adj]
VAR <u>I</u> OUS	AIORSUV	of diverse kinds [adj]
VIC <u>I</u> OUS	CIIOSUV	dangerously aggressive [adj]

OAE 7s

CO <u>AE</u> VAL	AACELOV	coeval (one of same era or period as another) [n -S]
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OEA 7s

AP <u>NOE</u> AL	AAELNOP	APNOEA, apnea (temporary cessation of respiration) [adj]
AP <u>NOE</u> AS	AAENOPS	APNOEA, apnea (temporary cessation of respiration) [n]
EUP <u>NOE</u> A	AEENOPU	eupnea (normal breathing) [n -S]
IPOM <u>OE</u> A	AEIMOOV	flowering plant [n -S]

OEI 7s

AP <u>NOE</u> IC	ACEINOP	APNOEA, apnea (temporary cessation of respiration) [adj]
SH <u>OE</u> ING	EGHINOS	SHOE, to provide with shoes [v]

OEU 7s

<u>OE</u> UVRES	EEORSUV	OEUVRE, work of art [n]
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OIA 7s

LO <u>I</u> ASES	AEILOSS	LOIASIS, tropical disease caused by eye worms [n]
LO <u>I</u> ASIS	AIILOSS	tropical disease caused by eye worms [n -SES, -ES]
SE <u>QUO</u> IA	AEIOQSU	large evergreen tree [n -S]

OIE 7s

<u>GOO</u> IEST	EGIOOST	GOOEY, sticky or viscid [adj]
<u>ZOO</u> IEST	EIOOSTZ	ZOOEY, resembling zoo (place where animals are kept for public exhibition) [adj]

OOA 7s

W <u>OO</u> ABLE	ABELOOV	WOO, to seek affection of [adj]
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OOE 7s

CO <u>OE</u> YED	CDEEOOY	COOEY, to cooe (to cry out shrilly) [v]
TAB <u>OO</u> ED	ABDEOOT	TABOO, to exclude from use, approach, or mention [v]
UNW <u>OO</u> ED	DENOOUW	WOO, to seek affection of [adj]
Z <u>OOE</u> CIA	ACEIOOZ	ZOOECIUM, sac secreted and lived in by aquatic organism [n]

OOI 7s

<u>GOO</u> IEST	EGIOOST	GOOEY, sticky or viscid [adj]
R <u>OO</u> IBOS	BIOOORS	South African evergreen shrub [n -ES]
SH <u>OO</u> ING	GHINOOS	SHOO, to drive away [v]
Z <u>OO</u> IDAL	ADILOOZ	ZOOID, organic cell or body capable of independent movement [adj]
Z <u>OO</u> IEST	EIOOSTZ	ZOOEY, resembling zoo (place where animals are kept for public exhibition) [adj]

OUA 7s

BIV <u>OU</u> AC	ABCIOUV	to make camp [v -CKED, -CKING, -CKS or -S]
G <u>OU</u> ACHE	ACEGHOU	method of painting [n -S]
<u>OU</u> ABAIN	AABINOU	cardiac stimulant [n -S]



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<u>S</u> OUARIS	AIORSSU	SOUARI, tropical tree [n]
TAT <u>OU</u> AY	AAOTTUY	South American armadillo [n -S]
Z <u>OU</u> AVES	AEOSUVZ	ZOUAVE, French infantryman [n]

QUE 7s

FOU <u>ET</u> TE	EEFOTTU	movement in ballet [n -S]
M <u>IAO</u> UED	ADEIMOU	MIAOU, to meow (to make crying sound of cat) [v]

OUI 7s

B <u>ED</u> OUIN	BDEINOU	nomadic Arab [n -S]
ME <u>CH</u> OUI	CEHIMOU	meal of meat roasted on spit [n -S]
M <u>EO</u> UING	EGIMNOU	MEOU, to meow (to make crying sound of cat) [v]
M <u>OU</u> ILLE	EILLMOU	pronounced with front of tongue against palate [adj]
R <u>OU</u> ILLE	EILLORU	peppery garlic sauce [n -S]
TH <u>OU</u> ING	GHINOTU	THOU, to address as "thou" (2d person sing. pronoun in nominative case) [v]

UAE 7s

L <u>ING</u> UAE	AEGILNU	LINGUA, tongue or tonguelike part [n]
Q <u>UA</u> ERES	AEEQRSU	QUAERE, question [n]

UAI 7s

G <u>UA</u> IACS	AACGISU	GUAIAC, guaiacum (medicinal resin) [n]
Q <u>UA</u> ICHS	ACHIQU	QUAICH, small drinking vessel [n]
Q <u>UA</u> IGHS	AGHIQU	QUAIGH, quaich (small drinking vessel) [n]
Q <u>UA</u> ILED	ADEILQU	QUAIL, to cower (to cringe (to shrink in fear)) [v]

UEA 7s

S <u>QUE</u> AKS	AEKQSSU	SQUEAK, to make sharp, high-pitched sound [v]
S <u>QUE</u> AKY	AEKQSUY	tending to squeak [adj -KIER, -KIEST]
S <u>QUE</u> ALS	AELQSSU	SQUEAL, to utter sharp, shrill cry [v]

UEI 7s

B <u>LUE</u> ING	BEGILNU	bluing (fabric coloring) [n -S] / BLUE, to make blue [v]
B <u>LUE</u> ISH	BEHILSU	bluish (somewhat blue) [adj]
CL <u>UE</u> ING	CEGILNU	CLUE, to give guiding information [v]
C <u>UE</u> ISTS	CEISSTU	CUEIST, one that uses cue (straight tapering rod) in billiards [n]
GL <u>UE</u> ING	EGGILNU	GLUE, to fasten with glue (adhesive substance) [v]
TR <u>UE</u> ING	EGINRTU	TRUE, to bring to conformity with standard or requirement [v]

UEO 7s

A <u>QUE</u> OUS	AEOQSUU	pertaining to water [adj]
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UEU 7s

L <u>IQUE</u> UR	EILQRUU	sweetened alcoholic beverage [n -S]
Q <u>UE</u> UERS	EEQRSUU	QUEUER, one that queues (to line up) [n]
Q <u>UE</u> UING	EGINQUU	QUEUE, to line up [v]

UIA 7s

A <u>CE</u> QUIA	AACEIQU	irrigation ditch or canal [n -S]
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UIE 7s

GL <u>UI</u> EST	EGILSTU	GLUEY, resembling glue [adj]
IN <u>QUI</u> ET	EIINQUTU	to disturb (to interrupt quiet, rest, or peace of) [v -ED, -ING, -S]
Q <u>UI</u> ETED	DEEIQTU	QUIET, to cause to be quiet [v]
Q <u>UI</u> ETEN	EEINQUTU	to quiet (to cause to be quiet) [v -ED, ING, -S]
Q <u>UI</u> ETER	EIQRTU	QUIET, making little or no noise [adj] / one that quiets (to cause to be quiet) [n -S]



throw In thE vowel



Don't throw in towel with **VOWEL-HEAVY RACKS** – bEAUcOUp 7-letter bingos with 5 vowels + BONUS section
compiled by Jacob Cohen, Asheville Scrabble Club *(updated to NASPA Word List 2018)*

QUIETLY	EILQTUY	in quiet manner [adv]
QUIETUS	EIQSTUU	final settlement [n -ES]
REQUIEM	EEIMQRU	musical composition for dead [n -S]
UNQUIET	EINQTUU	QUIET, making little or no noise [adj -ER, -EST] / state of unrest [n -S]

UOI 7s

QUOINED	DEINOQU	QUOIN, to secure with type of wedge [v]
QUOITED	DEIOQTU	QUOIT, to play throwing game similar to ringtoss [v]
SEQUOIA	AEIOQSU	large evergreen tree [n -S]

UOO 7s

SQUOOSH	HOOQSSU	to squash (to press into pulp or flat mass) [v -ED, -ING, -ES]
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UOU 7s

ARDUOUS	ADORSUU	involving great labor or hardship [adj]
FATUOUS	AFOSTUU	smugly stupid [adj]
NOCUOUS	CNOOSUU	harmful (capable of harming) [adj]
SINUOUS	INOSSUU	characterized by curves, bends, or turns [adj]
TENUOUS	ENOSTUU	having little substance or strength [adj]
VACUOUS	ACOSUUV	empty (containing nothing) [adj]
VIRTUOUS	IORSTUUV	characterized by virtue [adj]