



# Where The Action Is

**ALL 7-LETTER VERBS** (a word that conveys an action, an occurrence, or a state of being)  
compiled by Jacob Cohen, Asheville Scrabble Club *(updated to NASPA Word List 2018)*

## All Verb 7s- T

TABBIED	ABBDEIT	TABBY, to give wavy appearance to [v]
TABBIES	ABBEIST	TABBY, to give wavy appearance to [v]
TABBING	ABBGINT	TAB, to name or designate [v]
TABERED	ABDEERT	TABER, to tabor (to beat on small drum) [v]
TABLETS	ABELSTT	TABLET, to inscribe on small, flat surface [v]
TABLING	ABGILNT	TABLE, to place on table (piece of furniture having flat upper surface) [v]
TABOOED	ABDEOOT	TABOO, to exclude from use, approach, or mention [v]
TABORED	ABDEORT	TABOR, to beat on small drum [v]
TABOURS	ABORSTU	TABOUR, to tabor (to beat on small drum) [v]
TABUING	ABGINTU	TABU, to taboo (to exclude from use, approach, or mention) [v]
TACKIFY	ACFIKTY	to make tacky [v -FIED, -ING, -FIES]
TACKING	ACGIKNT	TACK, to fasten with tacks (short, sharp-pointed nails) [v]
TACKLED	ACDEKLT	TACKLE, to seize and throw to ground [v]
TACKLES	ACEKLST	TACKLE, to seize and throw to ground [v]
TAGGING	AGGGINT	TAG, to provide with tag (identifying marker) [v]
TAILING	AGIILNT	TAIL, to provide with tail (hindmost part) [v]
TAILORS	AILORST	TAILOR, to fit with clothes [v]
TAINTED	ADEINTT	TAINT, to touch or affect slightly with something bad [v]
TALCING	ACGILNT	TALC, to treat with talc (soft mineral with soapy texture) [v]
TALCKED	ACDEKLT	TALC, to treat with talc (soft mineral with soapy texture) [v]
TALCUMS	ACLMSTU	TALCUM, to treat with powder made from talc [v]
TALKING	AGIKLNT	TALK, to communicate by speaking [v]
TALLAGE	AAEGLLT	to tax (to place tax (charge imposed by authority for public purposes) on) [v -D, -GING, -S]
TALLIED	ADEILLT	TALLY, to count (to list or mention units of one by one to ascertain total) [v]
TALLIES	AEILLST	TALLY, to count (to list or mention units of one by one to ascertain total) [v]
TALLOWS	ALLOSTW	TALLOW, to smear with tallow (mixture of animal fats) [v]
TALLYHO	AHLLOTY	to make encouraging shout to hunting hounds [v -ED, -ING, -S, -ES]
TAMBOUR	ABMORTU	to embroider on round wooden frame [v -ED, -ING, -S]
TAMPERS	AEMPRST	TAMPER, to interfere in harmful manner [v]
TAMPING	AGIMNPT	TAMP, to pack down by tapping [v]
TAMPONS	AMNOPST	TAMPON, to plug with cotton pad [v]
TANGING	AGGINNT	TANG, to provide with pungent flavor [v]
TANGLED	ADEGLNT	TANGLE, to bring together in intricate confusion [v]
TANGLES	AEGLNST	TANGLE, to bring together in intricate confusion [v]
TANGOED	ADEGNOT	TANGO, to perform Latin American dance [v]
TANGOES	AEGNOST	TANGO, to perform Latin American dance [v]
TANKING	AGIKNNT	TANK, to store in tank (container usually for liquids) [v]
TANNING	AGINNNT	TAN, to convert hide into leather by soaking in chemicals [v]
TAPERED	ADEEPRT	TAPER, to become gradually narrower toward one end [v]
TAPPING	AGINPPT	TAP, to strike gently [v]
TARGETS	AEGRSTT	TARGET, to make goal of [v]
TARIFFS	AFFIRST	TARIFF, to tax imported or exported goods [v]
TARMACS	AACMRST	TARMAC, to cause (aircraft) to sit on taxiway [v]
TARNISH	AHINRST	to dull luster of [v -ED, -ING, -ES]
TARRIED	ADEIRRT	TARRY, to delay or be slow in acting or doing [v]



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TARRIES	AEIRRST	TARRY, to delay or be slow in acting or doing [v]
TARRING	AGINRRT	TAR, to cover with tar (black viscous liquid) [v] / TARRE, to urge to action [v]
TARTING	AGINRTT	TART, to dress up [v]
TASKING	AGIKNST	TASK, to assign job to [v]
TASSELS	AELSSST	TASSEL, to adorn with dangling ornaments [v]
TASTING	AGINSTT	TASTE, to perceive flavor of by taking into mouth [v]
TATTERS	AERSTTT	TATTER, to become torn and worn [v]
TATTING	AGINTTT	TAT, to make tatting [v]
TATTLED	ADELTTT	TATTLE, to reveal activities of another [v]
TATTLES	AELSTTT	TATTLE, to reveal activities of another [v]
TATTOOS	AOOSTTT	TATTOO, to mark skin with indelible pigments [v]
TAUNTED	ADENTTU	TAUNT, to challenge or reproach sarcastically [v]
TAUTENS	AENSTTU	TAUTEN, to make taut [v]
TAUTING	AGINTTU	TAUT, to tangle (to bring together in intricate confusion) [v]
TAWSING	AGINSTW	TAWSE, to flog (to beat with whip or rod) [v]
TAXIING	AGIINTX	TAXI, to travel in taxicab [v]
TAXYING	AGINTXY	TAXI, to travel in taxicab [v]
TEACHES	ACEEHST	TEACH, to impart knowledge or skill to [v]
TEAMING	AEGIMNT	TEAM, to form team (group of persons associated in joint action) [v]
TEARGAS	AAEGRST	to subject to gas that irritates eyes [v -SSED, -SSING, -ES, -SSES]
TEARING	AEGINRT	TEAR, to emit tears (drops of saline liquid secreted by gland of eye) [v]
TEASELS	AEELSST	TEASEL, to raise soft surface on fabric with bristly flower head [v]
TEASING	AEGINST	TEASE, to make fun of [v]
TEAZELS	AEELSTZ	TEAZEL, to tease (to raise soft surface on fabric with bristly flower head) [v]
TEAZLED	ADEELTZ	TEAZLE, to tease (to raise soft surface on fabric with bristly flower head) [v]
TEAZLES	AEELSTZ	TEAZLE, to tease (to raise soft surface on fabric with bristly flower head) [v]
TEDDERS	DDEERST	TEDDER, to ted (hay) with machine [v]
TEDDING	DDEGINT	TED, to spread for drying [v]
TEEMING	EEGIMNT	TEEM, to be full to overflowing [v]
TEETERS	EEERSTT	TEETER, to move unsteadily [v]
TEETHED	DEEEHTT	TEETHE, to cut teeth [v]
TEETHES	EEEHSTT	TEETHE, to cut teeth [v]
TELEFAX	AEEFLTX	to transmit graphic material over telephone lines [v -ED, -ING, -ES]
TELEXED	DEEELTX	TELEX, to send message by type of telegraphic system [v]
TELEXES	EEELSTX	TELEX, to send message by type of telegraphic system [v]
TELFERS	EEFLRST	TELFER, to telpher (to transport by system of aerial cable cars) [v]
TELLING	EGILLNT	TELL, to give detailed account of [v]
TELNETS	EELNSTT	TELNET, to access account over Internet using appropriate procedure [v]
TELPHER	EEHLPRT	to transport by system of aerial cable cars [v -ED, -ING, -S]
TEMPERS	EEMPRTS	TEMPER, to moderate by adding counterbalancing agent [v]
TEMPEST	EEMPSTT	to agitate violently [v -ED, -ING, -S]
TEMPING	EGIMNPT	TEMP, to work as temporary employee [v]
TEMPTED	DEEMPPT	TEMPT, to entice to commit unwise or immoral act [v]
TENANTS	AENNSTT	TENANT, to inhabit (to live in) [v]
TENDERS	DEENRST	TENDER, to present for acceptance [v]
TENDING	DEGINNT	TEND, to be disposed or inclined [v]



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TENONED	DEENNOT	TENON, to unite by means of tenon (projection on end of piece of wood) [v]
TENSING	EGINNST	TENSE, to make tense [v]
TENSION	EINNOST	to make tense [v -ED, -ING, -S]
TENTERS	EENRSTT	TENTER, to stretch on type of frame [v]
TENTING	EGINNTT	TENT, to live in tent (type of portable shelter) [v]
TENURED	DEENRTU	TENURE, to grant tenure (status of holding one's position on permanent basis) to [v]
TENURES	EENRSTU	TENURE, to grant tenure (status of holding one's position on permanent basis) to [v]
TERMING	EGIMNRT	TERM, to give name to [v]
TERRACE	ACEERTT	to provide with terrace (raised embankment) [v -D, -ING, -S]
TERRIFY	EFIRRTY	to fill with terror [v -FIED, -ING, -FIES]
TESTIFY	EFISTTY	to make declaration of truth under oath [v -FIED, -ING, -FIES]
TESTING	EGINSTT	TEST, to evaluate by examination [v]
TETHERS	EEHRSTT	TETHER, to fasten to fixed object with rope [v]
TEXTING	EGINTTX	TEXT, to send message from one cell phone to another [v]
TEXTURE	EERTTUX	to make by weaving [v -D, -RING, -S]
THACKED	ACDEHKT	THACK, to thatch (to cover with thatch (plant stalks or foliage)) [v]
THANKED	ADEHKNT	THANK, to express gratitude to [v]
THAWING	AGHINTW	THAW, to melt (to change from solid to liquid state by heat) [v]
THEMING	EGHIMNT	THEME, to plan something according to central subject [v]
THICKEN	CEHIKNT	to make thick [v -ED, -ING, -S]
THIEVED	DEEHITV	THIEVE, to steal (to take without right or permission) [v]
THIEVES	EEHISTV	THIEVE, to steal (to take without right or permission) [v]
THINNED	DEHINNT	THIN, to make thin [v]
THRILED	DEHILRT	THRILL, to thrill (to excite greatly) [v]
THIRSTS	HIRSSTT	THIRST, to feel desire or need to drink [v]
THOLING	GHILNOT	THOLE, to endure (to last (to continue in existence)) [v]
THONGED	DEGHNOT	THONG, to flog with whip [v]
THORNED	DEHNORT	THORN, to prick with thorn (sharp, rigid projection on plant) [v]
THOUGHT	GHHOTTU	THINK, to formulate in mind [v]
THOUING	GHINOTU	THOU, to address as "thou" (2d person sing. pronoun in nominative case) [v]
THRALLS	AHLLRST	THRALL, to enslave (to make slave of) [v]
THRAWED	ADEHRTW	THRAW, to twist (to combine by winding together) [v]
THREADS	ADEHRST	THREAD, to pass thread (very slender cord) through [v]
THREAPS	AEHRPST	THREAP, to dispute (to argue about) [v]
THREATS	AEHRSTT	THREAT, to threaten (to be source of danger to) [v]
THREEPS	EEHRPST	THREEP, to threap (to dispute (to argue about)) [v]
THRILLS	HILLRST	THRILL, to excite greatly [v]
THRIVED	DEHIRTV	THRIVE, to grow vigorously [v]
THRIVEN	EHINRTV	THRIVE, to grow vigorously [v]
THRIVES	EHIRSTV	THRIVE, to grow vigorously [v]
THROATS	AHORSTT	THROAT, to utter in hoarse voice [v]
THRONED	DEHNORT	THRONE, to place on throne (royal chair) [v]
THRONES	EHNORST	THRONE, to place on throne (royal chair) [v]
THRONGS	GHNORST	THRONG, to crowd into [v]
THRUSTS	HRSTTUU	THRUST, to push forcibly [v]
THUDED	DDDEHTU	THUD, to make dull, heavy sound [v]



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THUMBED	BDEHMTU	THUMB, to leaf through with thumb (short, thick digit of human hand) [v]
THUMPED	DEHMPTU	THUMP, to strike so as to make dull, heavy sound [v]
THUNDER	DEHNRTU	to produce loud, resounding sound [v -ED, -ING, -S]
THUNKED	DEHKNTU	THUNK, to make sudden, muffled sound [v]
THWACKS	ACHKSTW	THWACK, to strike with something flat [v]
THWARTS	AHRSTTW	THWART, to prevent accomplishment of [v]
TICcing	CCGIINT	TIC, to have involuntary muscular contraction [v]
TICKETS	CEIKSTT	TICKET, to attach tag to [v]
TICKING	CGIINKT	TICK, to make recurrent clicking sound [v]
TICKLED	CDEIKLT	TICKLE, to touch lightly so as to produce tingling sensation [v]
TICKLES	CEIKLST	TICKLE, to touch lightly so as to produce tingling sensation [v]
TICTACS	ACCISTT	TICTAC, to ticktock (to make ticking sound of clock) [v]
TICTOCS	CCIOSTT	TICTOC, to ticktock (to make ticking sound of clock) [v]
TIDYING	DGIINTY	TIDY, to make tidy [v]
TIERING	EGIINRT	TIER, to arrange in tiers (rows placed one above another) [v]
TIFFING	FFGIINT	TIFF, to have petty quarrel [v]
TIFFINS	FFIINST	TIFFIN, to lunch (to eat noonday meal) [v]
TIGHTEN	EGHINTT	to make tight [v -ED, -ING, -S]
TILLERS	EILLRST	TILLER, to put forth stems from root [v]
TILLING	GIILLNT	TILL, to prepare land for crops by plowing [v]
TILTING	GIILNTT	TILT, to cause to slant [v]
TIMBERS	BEIMRST	TIMBER, to furnish with timber (wood used as building material) [v]
TINCTED	CDEINTT	TINCT, to tinge (to apply trace of color to) [v]
TINGING	GGIINNT	TING, to emit high-pitched metallic sound [v] / TINGE, to apply trace of color to [v]
TINGLED	DEGILNT	TINGLE, to cause prickly, stinging sensation [v]
TINGLES	EGILNST	TINGLE, to cause prickly, stinging sensation [v]
TINKERS	EIKNRST	TINKER, to repair in unskilled or experimental manner [v]
TINKLED	DEIKLNT	TINKLE, to make slight, sharp, metallic sounds [v]
TINKLES	EIKLNST	TINKLE, to make slight, sharp, metallic sounds [v]
TINNING	GIINNTT	TIN, to coat with tin (metallic element) [v]
TINSELS	EILNSST	TINSEL, to give showy or gaudy appearance to [v]
TINTING	GIINNTT	TINT, to color slightly or delicately [v]
TIPPING	GIINPPT	TIP, to tilt (to cause to slant) [v]
TIPPLED	DEILPPT	TIPPLE, to drink alcoholic beverages [v]
TIPPLES	EILPPST	TIPPLE, to drink alcoholic beverages [v]
TIPTOED	DEIOPTT	TIPTOE, to walk on tips of one's toes [v]
TIPTOES	EIOPSTT	TIPTOE, to walk on tips of one's toes [v]
TIRLING	GIILNRT	TIRL, to make vibrating sound [v]
TISSUED	DEISSTU	TISSUE, to weave into tissue (fine sheer fabric) [v]
TISSUES	EISSSTU	TISSUE, to weave into tissue (fine sheer fabric) [v]
TITHING	GHIINTT	TITHE, to pay tithe (small tax) [v]
TITLING	GIILNTT	TITLE, to furnish with title (distinctive appellation) [v]
TITRATE	AEIRTTT	to determine strength of solution by adding reagent until desired reaction occurs [v -D, -TING, -S]
TITTERS	EIRSTTT	TITTER, to utter restrained, nervous laugh [v]
TITTUPS	IPSTTTU	TITTUP, to move in lively manner [v]
TOADIED	ADDEIOT	TOADY, to engage in servile flattering [v]



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TOADIES	ADEIOST	TOADY, to engage in servile flattering [v]
TOASTED	ADEOSTT	TOAST, to brown by exposure to heat [v]
TOCHERS	CEHORST	TOCHER, to give dowry to [v]
TOCKING	CGIKNOT	TOCK, to make hollow sound [v]
TODDLED	DDDELOT	TODDLE, to walk unsteadily [v]
TODDLES	DDELOST	TODDLE, to walk unsteadily [v]
TOENAIL	AEILNOT	to fasten with obliquely driven nails [v -ED, -ING, -S]
TOGGING	GGGINOT	TOG, to clothe (to provide with clothing) [v]
TOGGLED	DEGGLOT	TOGGLE, to fasten with type of pin or short rod [v]
TOGGLES	EGGLOST	TOGGLE, to fasten with type of pin or short rod [v]
TOILETS	EILOSTT	TOILET, to dress and groom oneself [v]
TOILING	GIILNOT	TOIL, to work strenuously [v]
TOITING	GIINOTT	TOIT, to saunter (to walk in leisurely manner) [v]
TOKENED	DEEKNOT	TOKEN, to serve as sign of [v]
TOLLING	GILLNOT	TOLL, to collect or impose toll (fixed charge for service or privilege) [v]
TOMBING	BGIMNOT	TOMB, to place in tomb (burial vault or chamber) [v]
TOMCATS	ACMOSTT	TOMCAT, to engage in sexually promiscuous behavior -- used of male [v]
TOMMING	GIMMNOT	TOM, offensive word [v]
TONGING	GGINNOT	TONG, to lift with type of grasping device [v]
TONGUED	DEGNOTU	TONGUE, to touch with tongue (organ of mouth) [v]
TONGUES	EGNOSTU	TONGUE, to touch with tongue (organ of mouth) [v]
TONSURE	ENORSTU	to shave head of [v -D, -RING, -S]
TOODLED	DDELOOT	TOODLE, to tootle (to toot softly or repeatedly) [v]
TOODLES	DELOOST	TOODLE, to tootle (to toot softly or repeatedly) [v]
TOOLING	GILNOOT	TOOL, to form or finish with tool (implement used in manual work) [v]
TOOTHED	DEHOOTT	TOOTH, to furnish with toothlike projections [v]
TOOTING	GINOOTT	TOOT, to sound horn or whistle in short blasts [v]
TOOTLED	DELOOTT	TOOTLE, to toot softly or repeatedly [v]
TOOTLES	ELOOSTT	TOOTLE, to toot softly or repeatedly [v]
TOPPING	GINOPPT	TOP, to cut off top (highest part, point, or surface) of [v]
TOPPLED	DELOPPT	TOPPLE, to fall forward [v]
TOPPLES	ELOPPST	TOPPLE, to fall forward [v]
TOPSOIL	ILOOPST	to remove surface layer of soil from [v -ED, -ING, -S]
TOPWORK	KOOPRTW	to graft scions of another variety of plant on main branches of [v -ED, -ING, -S]
TORCHED	CDEHORT	TORCH, to set on fire [v]
TORCHES	CEHORST	TORCH, to set on fire [v]
TORMENT	EMNORTT	to inflict with great bodily or mental suffering [v -ED, -ING, -S]
TORPEDO	DEOOPRT	to damage or sink with underwater missile [v -ED, -ING, -S, -ES]
TORPEFY	EFOPTY	to make sluggish [v -FIED, -ING, -FIES]
TORQUED	DEOQRTU	TORQUE, to cause to twist [v]
TORQUES	EOQRSTU	TORQUE, to cause to twist [v]
TORREFY	EFORRTY	to subject to intense heat [v -FIED, -ING, -FIES]
TORRIFY	FIORRTY	to torrefy (to subject to intense heat) [v -FIED, -ING, -FIES]
TORTURE	EORRTTU	to subject to severe physical pain [v -D, -RING, -S]
TOSSING	GINOSST	TOSS, to throw lightly [v]
TOTALED	ADELOTT	TOTAL, to ascertain entire amount of [v]



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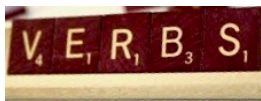
TOTTERS	EORSTTT	TOTTER, to walk unsteadily [v]
TOTTING	GINOTTT	TOT, to total (to ascertain entire amount of) [v]
TOUCHED	CDEHOTU	TOUCH, to be in or come into contact with [v]
TOUCHES	CEHOSTU	TOUCH, to be in or come into contact with [v]
TOUGHED	DEGHOTU	TOUGH, to endure hardship [v]
TOUGHEN	EGHNOTU	to make tough [v -ED, -ING, -S]
TOURING	GINORTU	TOUR, to travel from place to place [v]
TOURNEY	ENORTUY	to compete in tournament [v -ED, -ING, -S]
TOUSING	GINOSTU	TOUSE, to tousle (to dishevel (to make messy)) [v]
TOUSLED	DELOSTU	TOUSLE, to dishevel (to make messy) [v]
TOUSLES	ELOSSTU	TOUSLE, to dishevel (to make messy) [v]
TOUTING	GINOTTU	TOUT, to solicit brazenly [v]
TOUZLED	DELOTUZ	TOUZLE, to tousle (to dishevel (to make messy)) [v]
TOUZLES	ELOSTUZ	TOUZLE, to tousle (to dishevel (to make messy)) [v]
TOWELED	DEELOTW	TOWEL, to wipe with towel (absorbent cloth) [v]
TOWERED	DEEORTW	TOWER, to rise to great height [v]
TRACHLE	ACEHLRT	to draggle (to make wet and dirty) [v -D, -LING, -S]
TRACING	ACGINRT	TRACE, to follow course of [v]
TRACKED	ACDEKRT	TRACK, to follow marks left by animal, person, or vehicle [v]
TRADING	ADGINRT	TRADE, to give in exchange for another commodity [v]
TRADUCE	ACDERTU	to defame (to attack good name of) [v -D, -CING, -S]
TRAFFIC	ACFFIRT	to engage in buying and selling [v -CKED, -CKING, -S]
TRAIKED	ADEIKRT	TRAIK, to trudge (to walk tiredly) [v]
TRAILED	ADEILRT	TRAIL, to drag along surface [v]
TRAILER	AEILRRT	to transport by means of trailer (vehicle drawn by another) [v -ED, -ING, -S]
TRAINED	ADEINRT	TRAIN, to instruct systematically [v]
TRAIPISE	AEIPRST	to walk about in idle or aimless manner [v -D, -SING, -S]
TRAJECT	ACEJRTT	to transmit (to send from one place or person to another) [v -ED, -ING, -S]
TRAMELL	AELLMRT	to trammel (to hinder (to impede (to obstruct progress of))) [v -ED, -ING, -S]
TRAMELS	AELMRST	TRAMEL, to trammel (to hinder (to impede (to obstruct progress of))) [v]
TRAMMED	ADEMMRT	TRAM, to convey in tramcar [v]
TRAMMEL	AELMMRT	to hinder (to impede (to obstruct progress of)) [v -ED, -LLD, -ING, -LLING, -S]
TRAMPED	ADEMPRT	TRAMP, to walk with firm, heavy step [v]
TRAMPLE	AELMPRT	to tread on heavily [v -D, -LING, -S]
TRANCED	ACDENRT	TRANCE, to put into trance (semiconscious state) [v]
TRANCES	ACENRST	TRANCE, to put into trance (semiconscious state) [v]
TRANKED	ADEKNRT	TRANK, to tranquilize [v]
TRANSIT	AINRSTT	to pass across or through [v -ED, -ING, -S]
TRAPANS	AANPRST	TRAPAN, to trephine (to operate on with surgical saw) [v]
TRAPPED	ADEPPRT	TRAP, to catch in trap (device for capturing and holding animals) [v]
TRASHED	ADEHRST	TRASH, to free from trash (worthless or waste matter) [v]
TRASHES	AEHSRST	TRASH, to free from trash (worthless or waste matter) [v]
TRAVAIL	AAILRTV	to toil (to work strenuously) [v -ED, -ING, -S]
TRAVELS	AELRSTV	TRAVEL, to go from one place to another [v]
TRAWLED	ADELRTW	TRAWL, to fish by dragging net along sea bottom [v]
TREADED	ADDEERT	TREAD, to walk on, over, or along [v]



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TREADLE	ADEELRT	to work foot lever [v -D, -LING, -S]
TREATED	ADEERTT	TREAT, to behave in particular way toward [v]
TREBLED	BDEELRT	TREBLE, to triple (to make three times as great) [v]
TREBLES	BEELRST	TREBLE, to triple (to make three times as great) [v]
TREDDLE	DDEELRT	to treadle (to work foot lever) [v -D, -LING, -S]
TREEING	EEGINRT	TREE, to drive up tree (tall, woody plant) [v]
TREKKED	DEEKKRT	TREK, to make slow or arduous journey [v]
TRELLIS	EILLRST	to provide with trellis (frame used as support for climbing plants) [v -ED, -ING, -ES]
TREMBLE	BEELMRT	to shake involuntarily [v -D, -LING, -S]
TREMORS	EMORRST	TREMOR, to undergo shaking or quivering [v]
TRENDED	DDEENRT	TREND, to take particular course [v]
TREPANS	AENPRST	TREPAN, to trephine (to operate on with surgical saw) [v]
TRESSED	DEERSST	TRESS, to arrange hair in long locks [v]
TRESSES	EERSSST	TRESS, to arrange hair in long locks [v]
TRIAGED	ADEGIRT	TRIAGE, to practice system of treating disaster victims [v]
TRIAGES	AEGIRST	TRIAGE, to practice system of treating disaster victims [v]
TRIALED	ADEILRT	TRIAL, to test something to assess its performance [v]
TRICING	CGIINRT	TRICE, to haul up with rope [v]
TRICKED	CDEIKRT	TRICK, to deceive (to mislead by falsehood) [v]
TRICKLE	CEIKLRT	to flow or fall in drops [v -D, -LING, -S]
TRIFLED	DEFILRT	TRIFLE, to waste time [v]
TRIFLES	EFILRST	TRIFLE, to waste time [v]
TRIGGERED	DEGGIRT	TRIG, to make trig [v]
TRIGGER	EGGIRRT	to actuate (to set into action or motion) [v -ED, -ING, -S]
TRILLED	DEILLRT	TRILL, to sing or play with vibrating effect [v]
TRIMMED	DEIMMRT	TRIM, to make trim by cutting [v]
TRINDLE	DEILNRT	to trundle (to propel by causing to rotate) [v -D, -LING, -S]
TRINING	GIINNRT	TRINE, to place in particular astrological position [v]
TRINKET	EIKNRTT	to deal secretly [v -ED, -ING, -S]
TRIPLED	DEILPRT	TRIPLE, to make three times as great [v]
TRIPLES	EILPRST	TRIPLE, to make three times as great [v]
TRIPLEX	EILPRTX	to provide something in triplicate [v -ED, -ING, -ES]
TRIPPED	DEIPRRT	TRIP, to stumble (to miss one's step in walking or running) [v]
TRISECT	CEIRSTT	to divide into three equal parts [v -ED, -ING, -S]
TRIUMPH	HIMPRTU	to be victorious [v -ED, -ING, -S]
TROAKED	ADEKORT	TROAK, to troke (to exchange (to give and receive reciprocally)) [v]
TROCKED	CDEKORT	TROCK, to troke (to exchange (to give and receive reciprocally)) [v]
TRODDEN	DDENORT	TREAD, to walk on, over, or along [v]
TROKING	GIKNORT	TROKE, to exchange (to give and receive reciprocally) [v]
TROLLED	DELLORT	TROLL, to fish with slowly trailing line [v]
TROLLEY	ELLORTY	to convey by streetcar [v -ED, -ING, -S]
TROMPED	DEMOPRT	TROMP, to tramp (to walk with firm, heavy step) [v]
TROOPED	DEOOPRT	TROOP, to move or gather in crowds [v]
TROTHED	DEHORTT	TROTH, to betroth (to engage to marry) [v]
TROTTED	DEORTTT	TROT, to go at gait between walk and run [v]
TROUBLE	BELORTU	to distress (to cause anxiety or suffering to) [v -D, -LING, -S]



# Where The Action Is

**ALL 7-LETTER VERBS** (a word that conveys an action, an occurrence, or a state of being)  
compiled by Jacob Cohen, Asheville Scrabble Club *(updated to NASPA Word List 2018)*

TROUNCE	CENORTU	to beat severely [v -D, -ING, -S]
TROUPED	DEOPRTU	TROUPE, to tour with theatrical company [v]
TROUPES	EOPRSTU	TROUPE, to tour with theatrical company [v]
TROWELS	ELORSTW	TROWEL, to smooth with trowel (hand tool having flat blade) [v]
TROWING	GINORTW	TROW, to suppose (to assume to be true) [v]
TRUANTS	ANRSTTU	TRUANT, to stay out of school without permission [v]
TRUCING	CGINRTU	TRUCE, to suspend hostilities by mutual agreement [v]
TRUCKED	CDEKRTU	TRUCK, to transport by truck (automotive vehicle designed to carry loads) [v]
TRUCKLE	CEKLRTU	to yield weakly [v -D, -LING, -S]
TRUDGED	DDEGRTU	TRUDGE, to walk tiredly [v]
TRUDGES	DEGRSTU	TRUDGE, to walk tiredly [v]
TRUEING	EGINRTU	TRUE, to bring to conformity with standard or requirement [v]
TRUMPED	DEMPRTU	TRUMP, to outdo (to exceed in performance) [v]
TRUMPET	EMPRTTU	to sound on trumpet (brass wind instrument) [v -ED, -ING, -S]
TRUNDLE	DELNRTU	to propel by causing to rotate [v -D, -LING, -S]
TRUSSED	DERSSSTU	TRUSS, to secure tightly [v]
TRUSSES	ERSSSTU	TRUSS, to secure tightly [v]
TRUSTED	DERSTTU	TRUST, to place confidence in [v]
TRUSTEE	EERSTTU	to commit to care of administrator [v -D, -ING, -S]
TRYSTED	DERSTTY	TRYST, to agree to meet [v]
TSKTSKS	KKSSSTT	TSKTSK, to tsk (to utter exclamation of annoyance) [v]
TUBBING	BBGINTU	TUB, to wash in tub (round, open vessel) [v]
TUCKERS	CEKRSTU	TUCKER, to weary (to make or become weary) [v]
TUCKING	CGIKNTU	TUCK, to fold under [v]
TUFTING	FGINTTU	TUFT, to form into tufts (clusters of flexible outgrowths attached at base) [v]
TUGGING	GGGINTU	TUG, to pull with force [v]
TUMBLED	BDELMTU	TUMBLE, to fall or roll end over end [v]
TUMBLES	BELMSTU	TUMBLE, to fall or roll end over end [v]
TUMESCE	CEEMSTU	to become swollen [v -D, -ING, -S]
TUMPING	GIMNPTU	TUMP, to tip over [v]
TUNNELS	ELNNSTU	TUNNEL, to dig tunnel (underground passageway) [v]
TUNNING	GINNNTU	TUN, to store in large cask [v]
TUPPING	GINPPTU	TUP, to copulate with ewe -- used of ram [v]
TURFING	FGINRTU	TURF, to cover with turf [v]
TURMOIL	ILMORTU	to throw into uproar [v -ED, -ING, -S]
TURNING	GINNRTU	TURN, to move around central point [v]
TURTLED	DELRTTU	TURTLE, to catch turtles (tortoises) [v]
TURTLES	ELRSTTU	TURTLE, to catch turtles (tortoises) [v]
TUSHING	GHINSTU	TUSH, to tusk (to gore with tusk (long, pointed tooth extending outside of mouth)) [v]
TUSKING	GIKNSTU	TUSK, to gore with tusk (long, pointed tooth extending outside of mouth) [v]
TUSSLED	DELSSTU	TUSSLE, to struggle (to make strenuous efforts against opposition) [v]
TUSSLES	ELSSSTU	TUSSLE, to struggle (to make strenuous efforts against opposition) [v]
TUTORED	DEORTTU	TUTOR, to instruct privately [v]
TUTOYED	DEOTTUY	TUTOYER, to address familiarly [v]
TUTOYER	EORTTUY	to address familiarly [v TUTOYED, -ED, -ING, -S]
TUTTING	GINTTTU	TUT, to utter exclamation of impatience [v]





# Where The Action Is

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TWADDLE	ADDELTW	to talk foolishly [v -D, -LING, -S]
TWANGED	ADEGNTW	TWANG, to make sharp, vibrating sound [v]
TWANGLE	AEGLNTW	to twang (to make sharp, vibrating sound) [v -D, -LING, -S]
TWATTLE	AELTTTW	to twaddle (to talk foolishly) [v -D, -LING, -S]
TWEAKED	ADEEKTW	TWEAK, to pinch and twist sharply [v]
TWEEDLE	DEEELTW	to perform casually on musical instrument [v -D, -LING, -S]
TWEETED	DEEETTW	TWEET, to chirp (to utter short, shrill sound) [v]
TWEEZED	DEEETWZ	TWEEZE, to pluck with tweezer [v]
TWEEZES	EEESTWZ	TWEEZE, to pluck with tweezer [v]
TWERKED	DEEKRTW	TWERK, to dance in particular style originating in New Orleans [v] (2018)
TWIDDLE	DDEILTW	to play idly with something [v -D, -LING, -S]
TWIGGED	DEGGITW	TWIG, to observe (to look attentively) [v]
TWILLED	DEILLTW	TWILL, to weave so as to produce diagonal pattern [v]
TWINGED	DEGINTW	TWINGE, to affect with sharp pain [v]
TWINGES	EGINSTW	TWINGE, to affect with sharp pain [v]
TWINING	GIINNTW	TWINE, to twist together [v]
TWINKLE	EIKLNTW	to shine with flickering or sparkling light [v -D, -LING, -S]
TWINNED	DEINNTW	TWIN, to bring together in close association [v]
TWIRLED	DEILRTW	TWIRL, to rotate rapidly [v]
TWISTED	DEISTTW	TWIST, to combine by winding together [v]
TWITTED	DEITTTW	TWIT, to ridicule (to make fun of) [v]
TWITTER	EIRTTTW	to utter succession of chirping sounds [v -ED, -ING, -S]
TYPESET	EEPSTTY	to set in type [v TYPESET, -TTING, -S]
TYTHING	GHINTTY	TYTHE, to tithe (to pay tithe (small tax)) [v]