



Where The Action Is

ALL 7-LETTER VERBS (a word that conveys an action, an occurrence, or a state of being)
compiled by Jacob Cohen, Asheville Scrabble Club *(updated to NASPA Word List 2018)*

All Verb 7s- F

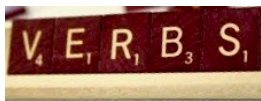
FABLING	ABFGILN	FABLE, to compose or tell fictitious tales [v]
FACETED	ACDEEFT	FACET, to cut small plane surfaces on [v]
FACTORS	ACFORST	FACTOR, to express as product of two or more quantities [v]
FADGING	ADFGGIN	FADGE, to succeed (to accomplish something desired or intended) [v]
FAFFING	AFFFGIN	FAFF, to make fuss [v]
FAGGING	AFGGGIN	FAG, to make weary by hard work [v]
FAGGOTS	AFGGOST	FAGGOT, to fagot (to bind together into bundle) [v]
FAGOTED	ADEFGOT	FAGOT, to bind together into bundle [v]
FAILING	AFGIILN	FAIL, to be unsuccessful in attempt [v]
FAINTED	ADEFINT	FAINT, to lose consciousness [v]
FAIRING	AFGIINR	FAIR, to make smooth [v]
FAITHED	ADEFHIT	FAITH, to believe or trust [v]
FALLING	AFGILLN	FALL, to descend under force of gravity [v]
FALLOWS	AFLOSOW	FALLOW, to plow and leave unseeded [v]
FALSIFY	AFFILSY	to represent falsely [v -FIED, -ING, -FIES]
FALTERS	AEFLRST	FALTER, to hesitate (to hold back in uncertainty) [v]
FANCIED	ACDEFIN	FANCY, to take liking to [v]
FANCIES	ACEFINS	FANCY, to take liking to [v]
FANCIFY	ACFFINY	to make fancy [v -FIED, -ING, -FIES]
FANFOLD	ADFFLNO	to fold paper like fan [v -ED, -ING, -S]
FANNING	AFGINNN	FAN, to cool or refresh with fan (device for putting air into motion) [v]
FANTASY	AAFNSTY	to imagine (to form mental picture of) [v -SIED, -ING, -SIES]
FARCING	ACFGINR	FARCE, to fill out with witty material [v]
FARDING	ADFGINR	FARD, to apply cosmetics to [v]
FARMING	AFGIMNR	FARM, to manage and cultivate as farm (tract of land devoted to agriculture) [v]
FARROWS	AFORRSW	FARROW, to give birth to litter of pigs [v]
FARTING	AFGINRT	FART, offensive word [v]
FASHING	AFGHINS	FASH, to annoy (to be troublesome to) [v]
FASHION	AFHINOS	to give particular shape or form to [v -ED, -ING, -S]
FASTENS	AEFNSST	FASTEN, to secure (to make firm or tight) [v]
FASTING	AFGINST	FAST, to abstain from eating [v]
FATHERS	AEFHRST	FATHER, to cause to exist [v]
FATHOMS	AFHMOST	FATHOM, to understand (to grasp mentally) [v]
FATIGUE	AIEFGITU	to weary (to make or become weary) [v -D, -UING, -S]
FATTENS	AIEFNSTT	FATTEN, to make fat [v]
FATTING	AFGINTT	FAT, to make fat [v]
FAULTED	AIEFLTU	FAULT, to criticize [v]
FAVORED	AIEFORV	FAVOR, to regard with approval [v]
FAVOURS	AFORSUV	FAVOUR, to favor (to regard with approval) [v]
FAWNING	AFGINNW	FAWN, to seek notice or favor by servile demeanor [v]
FEARING	AIEFGINR	FEAR, to be afraid of [v]
FEASING	AIEFGINS	FEASE, to faze (to disturb composure of) [v]
FEASTED	AIEEFST	FEAST, to eat sumptuously [v]
FEATHER	AIEEFHRT	to cover with feathers (horny structures that form principal covering of birds) [v -ED, -ING, -S]
FEATURE	AIEEFRTU	to give special prominence to [v -D, -RING, -S]



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FEAZING	AEFGINZ	FEAZE, to faze (to disturb composure of) [v]
FEDEXED	DDEEEXF	FEDEX, to send by Federal Express [v]
FEDEXES	DDEEFSX	FEDEX, to send by Federal Express [v]
FEEDING	DEEFGIN	FEED, FEE, to pay fee (fixed charge) to [v]
FEELING	EEFGILN	FEEL, to perceive through sense of touch [v]
FEEZING	EEFGINZ	FEEZE, to faze (to disturb composure of) [v]
FEIGNED	DEEFGIN	FEIGN, to pretend (to assume or display false appearance of) [v]
FEINTED	DEEFINT	FEINT, to make deceptive movement [v]
FELLATE	AEEFLLT	to perform fellatio [v -D, -TING, -S]
FELLING	EFGILLN	FELL, FALL, to descend under force of gravity [v]
FELLOWS	EFLLOS	FELLOW, to produce equal to [v]
FELTING	EFGILNT	FELT, FEEL, to perceive through sense of touch [v]
FENAGLE	AEEFGLN	to finagle (to obtain by trickery) [v -D, -LING, -S]
FENCING	CEFGINN	FENCE, to practice art of fencing [v]
FENDING	DEFGINN	FEND, to ward off [v]
FEOFFED	DDEEFFO	FEOFF, to grant fief to [v]
FERMENT	EEFMNRT	to undergo type of chemical reaction [v -ED, -ING, -S]
FERRELS	EEFLRRS	FERREL, to ferrule (to furnish with metal ring or cap to prevent splitting) [v]
FERRETS	EEFRRTS	FERRET, to search out by careful investigation [v]
FERRIED	DEEFIRR	FERRY, to transport by ferry (type of boat) [v]
FERRIES	EEFIRRS	FERRY, to transport by ferry (type of boat) [v]
FERRULE	EEFLRRU	to furnish with metal ring or cap to prevent splitting [v -D, -LING, -S]
FERULED	DEEFLRU	FERULE, to ferrule (to furnish with metal ring or cap to prevent splitting) [v]
FERULES	EEFLRSU	FERULE, to ferrule (to furnish with metal ring or cap to prevent splitting) [v]
FESSING	EFGINSS	FESS, to confess (to acknowledge or disclose) [v]
FESTERS	EEFRSST	FESTER, to generate pus [v]
FESTOON	EFNOOST	to hang decorative chains or strips on [v -ED, -ING, -S]
FETCHED	CDEEFHT	FETCH, to go after and bring back [v]
FETCHES	CEEFHST	FETCH, to go after and bring back [v]
FETTERS	EEFRSTT	FETTER, to shackle (to confine with metal fastenings placed around wrists or ankles) [v]
FETTING	EFGINTT	FET, to fetch (to go after and bring back) [v]
FETTLED	DEEFLTT	FETTLE, to cover hearth of with fettling [v]
FETTLES	EEFLSTT	FETTLE, to cover hearth of with fettling [v]
FEUDING	DEFGINU	FEUD, to engage in feud (bitter, continuous hostility) [v]
FEVERED	DDEEFRV	FEVER, to affect with fever (abnormal elevation of body temperature) [v]
FIBBING	BBFGIIN	FIB, to tell trivial lie [v]
FIDDLED	DDDEFIL	FIDDLE, to play violin [v]
FIDDLES	DDEFILS	FIDDLE, to play violin [v]
FIDGETS	DEFGIST	FIDGET, to move nervously or restlessly [v]
FIDGING	DFGGIIN	FIDGE, to fidget (to move nervously or restlessly) [v]
FIELDER	DDEEFIL	FIELD, to play as fielder [v]
FIGGING	FGGGIIN	FIG, to adorn (to add something to for purpose of making more attractive) [v]
FIGURED	DEFGIRU	FIGURE, to compute (to calculate) [v]
FIGURES	EFGIRSU	FIGURE, to compute (to calculate) [v]
FILCHED	CDEFHIL	FILCH, to steal (to take without right or permission) [v]
FILCHES	CEFHILS	FILCH, to steal (to take without right or permission) [v]



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FILETED	DEEFILT	FILET, to fillet (to cut boneless slices from) [v]
FILIATE	AEFIILT	to bring into close association [v -D, -TING, -S]
FILLETS	EFILLST	FILLET, to cut boneless slices from [v]
FILLING	FGIILLN	FILL, to put as much as can be held into [v]
FILLIPS	FIILLPS	FILLIP, to strike sharply [v]
FILMING	FGIILMN	FILM, to make motion picture [v]
FILMSET	EFILMST	to photoset (to prepare for printing by photographic means) [v FILMSET, -ING, -S]
FILTERS	EFILRST	FILTER, to pass through filter (device for removing suspended matter) [v]
FINAGLE	AIEFGILN	to obtain by trickery [v -D, -LING, -S]
FINANCE	ACEFINN	to supply money for [v -D, -CING, -S]
FINDING	DFGIINN	FIND, to come upon after search [v]
FINESSE	EEFINSS	to bring about by adroit maneuvering [v -D, -SSING, -S]
FINGERS	EFGINRS	FINGER, to touch with fingers (terminating members of hand) [v]
FINKING	FGIINKN	FINK, to inform to police [v]
FINNING	FGIINNN	FIN, to equip with fins (external paddle-like structures) [v]
FIRMING	FGIIMNR	FIRM, to make firm [v]
FISHING	FGHIINS	FISH, to catch or try to catch fish (cold-blooded aquatic vertebrates) [v]
FISSION	FIINOSS	to split into parts [v -ED, -ING, -S]
FISSURE	EFIRSSU	to split (to separate lengthwise) [v -D, -RING, -S]
FISTING	FGIINST	FIST, to strike with fist (hand closed tightly) [v]
FITTING	FGIINTT	FIT, to bring to required form and size [v]
FIXATED	ADEFITX	FIXATE, to make stable or stationary [v]
FIXATES	AEFISTX	FIXATE, to make stable or stationary [v]
FIZZING	FGIINZZ	FIZZ, to make hissing or sputtering sound [v]
FIZZLED	DEFILZZ	FIZZLE, to fizz (to make hissing or sputtering sound) [v]
FIZZLES	EFILSZZ	FIZZLE, to fizz (to make hissing or sputtering sound) [v]
FLACKED	ACDEFKL	FLACK, to work as press agent [v]
FLAGGED	ADEFGGL	FLAG, to mark with flag (piece of cloth used as symbol) [v]
FLAILED	ADEFILL	FLAIL, to swing freely [v]
FLAKING	AFGIKLN	FLAKE, to peel off in flakes (flat, thin pieces) [v]
FLAMBES	ABEFLMS	FLAMBE, to douse with liqueur and ignite [v]
FLAMING	AFGILMN	FLAME, to burn brightly [v]
FLAMMED	ADEFLMM	FLAM, to deceive (to mislead by falsehood) [v]
FLANGED	ADEFGLN	FLANGE, to provide with protecting rim [v]
FLANGES	AIEFGLNS	FLANGE, to provide with protecting rim [v]
FLANKED	ADEFKLN	FLANK, to be located at side of [v]
FLANNEL	AEFLLNN	to cover with flannel (soft fabric) [v -ED, -LLED, -ING, -LLING -S]
FLAPPED	ADEFLPP	FLAP, to wave up and down [v]
FLARING	AFGILNR	FLARE, to burn with bright, wavering light [v]
FLASHED	ADEFHLS	FLASH, to send forth sudden burst of light [v]
FLASHES	AIEFHLS	FLASH, to send forth sudden burst of light [v]
FLATTED	ADEFLTT	FLAT, to flatten (to make or become flat) [v]
FLATTEN	AEFLNTT	to make or become flat [v -ED, -ING, -S]
FLATTER	AEFLRTT	to praise excessively [v -ED, -ING, -S]
FLAUNTS	AFLNSTU	FLAUNT, to exhibit in gaudy manner [v]
FLAVORS	AFLORSV	FLAVOR, to give flavor (distinctive taste) to [v]



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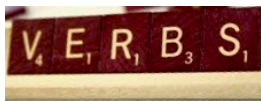
FLAVOUR	AFLORUV	to flavor (to give flavor (distinctive taste) to) [v -ED, -ING, -S]
FLAWING	AFGILNW	FLAW, to produce flaw (imperfection) in [v]
FLAYING	AFGILNY	FLAY, to strip off skin of [v]
FLECKED	CDEEFKL	FLECK, to mark with flecks (tiny streaks or spots) [v]
FLEDGED	DDEEFGL	FLEDGE, to furnish with feathers [v]
FLEDGES	DEEFGLS	FLEDGE, to furnish with feathers [v]
FLEECED	CDEEEFL	FLEECE, to remove coat of wool from [v]
FLEECES	CEEEFLS	FLEECE, to remove coat of wool from [v]
FLEEING	EEFGILN	FLEE, to run away [v]
FLEERED	DEEEFLR	FLEER, to deride (to ridicule (to make fun of)) [v]
FLEETED	DEEEFLT	FLEET, to move swiftly [v]
FLEHMEN	EEFHLMN	to inhale with mouth open and upper lip curled [v -ED, -ING, -S]
FLEMISH	EFHILMS	to coil rope in certain manner [v -ED, -ING, -S]
FLENSED	DEEFLNS	FLENSE, to strip blubber or skin from [v]
FLENSES	EEFLNSS	FLENSE, to strip blubber or skin from [v]
FLESHED	DEEFHLS	FLESH, to plunge into flesh (soft body tissue) [v]
FLESHES	EEFHLSS	FLESH, to plunge into flesh (soft body tissue) [v]
FLEXING	EFGILNX	FLEX, to bend (to curve (to deviate from straightness)) [v]
FLEYING	EFGILNY	FLEY, to frighten (to make afraid) [v]
FLICKED	CDEFIKL	FLICK, to strike with quick, light blow [v]
FLICKER	CEFIKLR	to move waveringly [v -ED, -ING, -S]
FLIGHTS	FGHILST	FLIGHT, to fly in flock [v]
FLINTED	DEFILNT	FLINT, to provide with flint (spark-producing rock) [v]
FLIPPED	DEFILPP	FLIP, to throw with brisk motion [v]
FLIRTED	DEFILRT	FLIRT, to behave amorously without serious intent [v]
FLITING	FGIILNT	FLITE, to quarrel (to engage in angry dispute) [v]
FLITTED	DEFILTT	FLIT, to move lightly and swiftly [v]
FLITTER	EFILRTT	to flutter (to wave rapidly and irregularly) [v -ED, -ING, -S]
FLOATED	ADEFLOT	FLOAT, to rest or remain on surface of liquid [v]
FLOCCED	CCDEFLO	FLOC, to aggregate into floccules [v]
FLOCKED	CDEFKLO	FLOCK, to gather or move in crowd [v]
FLOGGED	DEFGGLO	FLOG, to beat with whip or rod [v]
FLOODED	DDEFLOO	FLOOD, to inundate (to overwhelm with water) [v]
FLOORED	DEFLOOR	FLOOR, to provide with floor (level base of room) [v]
FLOPPED	DEFLOPP	FLOP, to fall heavily and noisily [v]
FLOREAT	AEFLORT	may he/she/it flourish [v -ED, -ING, -S]
FLORUIT	FILORTU	to describe time period when someone is known to have lived [v -ED, -ING, -S]
FLOSSED	DEFLOSS	FLOSS, to clean between teeth with thread [v]
FLOSSES	EFLOSSS	FLOSS, to clean between teeth with thread [v]
FLOUNCE	CEFLNOU	to move with exaggerated motions [v -D, -CING, -S]
FLOURED	DEFLORU	FLOUR, to cover with flour (finely ground meal of grain) [v]
FLOUTED	DEFLOTU	FLOUT, to treat with contempt [v]
FLOWERS	EFLORSW	FLOWER, to put forth flowers (reproductive structures of seed-bearing plants) [v]
FLOWING	FGILNOW	FLOW, to move steadily and smoothly along [v]
FLUBBED	BBDEFLU	FLUB, to bungle (to work, make, or do clumsily) [v]
FLUFFED	DEFFFLU	FLUFF, to make fluffy [v]



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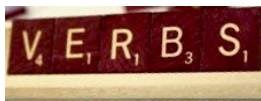
FLUKING	FGIKLNU	FLUKE, to obtain by chance [v]
FLUMING	FGILMNU	FLUME, to convey by means of artificial water channel [v]
FLUMMOX	FLMMOUX	to confuse (to mix up mentally) [v -ED, -ING, -ES]
FLUMPED	DEFLLMPU	FLUMP, to fall heavily [v]
FLUNKED	DEFKLNLU	FLUNK, to fail examination or course [v]
FLUSHED	DEFHLSU	FLUSH, to blush (to become red) [v]
FLUSHES	EFHLSSU	FLUSH, to blush (to become red) [v]
FLUSTER	EFLRSTU	to put into state of nervous confusion [v -ED, -ING, -S]
FLUTING	FGILNTU	FLUTE, to play on flute (woodwind instrument) [v]
FLUTTER	EFLRTTU	to wave rapidly and irregularly [v -ED, -ING, -S]
FLUXING	FGILNUX	FLUX, to melt (to change from solid to liquid state by heat) [v]
FLYBLEW	BEFLLWY	FLYBLOW, to taint (to touch or affect slightly with something bad) [v]
FLYBLOW	BFOLLOWY	to taint (to touch or affect slightly with something bad) [v LEW, -N, -ING, -S]
FLYTING	FGILNTY	FLYTE, to flite (to quarrel (to engage in angry dispute)) [v]
FOALING	AFGILNO	FOAL, to give birth to horse [v]
FOAMING	AFGIMNO	FOAM, to form foam (light, bubbly, gas and liquid mass) [v]
FOBBING	BBFGINO	FOB, to deceive (to mislead by falsehood) [v]
FOCUSED	CDEFOSU	FOCUS, to bring to focus [v]
FOCUSES	CEFOSSU	FOCUS, to bring to focus [v]
FODDERS	DDEFORS	FODDER, to feed with coarse food [v]
FOGGING	FGGGINO	FOG, to cover with fog (condensed water vapor near earth's surface) [v]
FOILING	FGIILNO	FOIL, to prevent success of [v]
FOINING	FGIINNO	FOIN, to thrust with pointed weapon [v]
FOISTED	DEFIOST	FOIST, to force upon slyly [v]
FOLDING	DFGILNO	FOLD, to lay one part over another part of [v]
FOLIATE	AEFILOT	to hammer into thin plates [v -D, -TING, -S]
FOLIOED	DEFILOO	FOLIO, to number pages of [v]
FOLLOWS	FLLOOSW	FOLLOW, to come or go after [v]
FOMENTS	EFMNOST	FOMENT, to promote development of [v]
FONDING	DFGINNO	FOND, to display affection [v]
FONDLED	DDEFLNO	FONDLE, to caress (to touch lovingly) [v]
FONDLES	DEFLNOS	FONDLE, to caress (to touch lovingly) [v]
FONDUED	DDEFNOU	FONDUE, to cook in pot of melted cheese [v]
FONDUES	DEFNOSU	FONDUE, to cook in pot of melted cheese [v]
FOOLING	FGILNOO	FOOL, to deceive (to mislead by falsehood) [v]
FOOTING	FGINOOT	FOOT, to walk (to advance on foot) [v]
FOOTLED	DEFLOOT	FOOTLE, to waste time [v]
FOOTLES	EFLOOST	FOOTLE, to waste time [v]
FOOZLED	DEFLOOZ	FOOZLE, to bungle (to work, make, or do clumsily) [v]
FOOZLES	EFLOOSZ	FOOZLE, to bungle (to work, make, or do clumsily) [v]
FOPPING	FGINOPP	FOP, to deceive (to mislead by falsehood) [v]
FORAGED	ADEFGOR	FORAGE, to search about [v]
FORAGES	AIEFGORS	FORAGE, to search about [v]
FORAYED	ADEFORY	FORAY, to raid (to make sudden assault on) [v]
FORBADE	ABDEFOR	FORBID, to command not to do something [v]
FORBARE	ABEFORR	FORBEAR, to refrain from [v]



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FORBEAR	ABEFORR	to refrain from [v -BARE, -BORE, -BORNE, -ING, -S]
FORBIDS	BDFIORS	FORBID, to command not to do something [v]
FORBODE	BDEFOOR	to forebode (to indicate in advance) [v -D, -DING, -S]
FORBORE	BEFOORR	FORBEAR, to refrain from [v]
FORCING	CFGINOR	FORCE, to overcome resistance by exertion of strength [v]
FORDING	DFGINOR	FORD, to cross by wading [v]
FORDOES	DEFOORS	FORDO, to destroy (to damage beyond repair or renewal) [v]
FORDONE	DEFNOOR	FORDO, to destroy (to damage beyond repair or renewal) [v]
FOREARM	AEFMORR	to arm in advance [v -ED, -ING, -S]
FOREDID	DDEFIOR	FOREDO, to fordo (to destroy (to damage beyond repair or renewal)) [v]
FORERAN	AEFNORR	FORERUN, to run in advance of [v]
FORERUN	EFNORRU	to run in advance of [v -RAN, -NNING, -S]
FORESAW	AEFORSW	FORESEE, to see in advance [v]
FORESEE	EEEFORS	to see in advance [v -SAW, -SEEN, -ING, -S]
FORESTS	EFORSST	FOREST, to convert into forest (densely wooded area) [v]
FORFEIT	EFFIORT	to lose as penalty [v -ED, -ING, -S]
FORFEND	DEFFNOR	to protect (to keep from harm, attack, or injury) [v -ED, -ING, -S]
FORGAVE	AIEGORV	FORGIVE, to pardon (to release from liability for offense) [v]
FORGETS	EFGORST	FORGET, to fail to remember [v]
FORGING	FGGINOR	FORGE, to fashion or reproduce for fraudulent purposes [v]
FORGIVE	EFGIORV	to pardon (to release from liability for offense) [v -GAVE, -N, -VING, -S]
FORGOES	EFGOORS	FORGO, to refrain from [v]
FORGONE	EFGNOOR	FORGO, to refrain from [v]
FORKING	FGIKNOR	FORK, to work with fork (pronged implement) [v]
FORMATS	AFMORST	FORMAT, to produce in specified style [v]
FORMING	FGIMNOR	FORM, to produce (to bring into existence) [v]
FORSAKE	AIEKORS	to quit or leave entirely [v -SOOK, -N, -KING, -S]
FORSOOK	FKOOORS	FORSAKE, to quit or leave entirely [v]
FORTIFY	FFIORTY	to strengthen against attack [v -FIED, -ING, -FIES]
FORTUNE	EFNORTU	to endow with wealth [v -D, -NING, -S]
FORWARD	ADFORRW	to help onward [v -ED, -ING, -S]
FORWENT	EFNORTW	FORGO, to refrain from [v]
FOSSICK	CFIKOSS	to search for gold [v -ED, -ING, -S]
FOSTERS	EFORSST	FOSTER, to promote growth of [v]
FOULING	FGILNOU	FOUL, to make foul [v]
FOUNDED	DDEFNOU	FOUND, FIND, to come upon after search [v]
FOUNDER	DEFNORU	to become disabled [v -ED, -ING, -S]
FOWLING	FGILNOW	FOWL, to hunt birds [v]
FOXHUNT	FHNOTUX	to hunt with hounds for fox [v -ED, -ING, -S]
FOXTROT	FOORTTX	to dance fox trot (dance for couples) [v -TTED, -TTING, -S]
FRACKED	ACDEFKR	FRACK, to engage in fracking [v]
FRAGGED	AIEFGGR	FRAG, to injure with type of grenade [v]
FRAMING	AFGIMNR	FRAME, to construct by putting together various parts [v]
FRANKED	AIEFKNR	FRANK, to mark (piece of mail) for free delivery [v]
FRAPPED	AIEFPPR	FRAP, to bind firmly [v]
FRAUGHT	AFGHRTU	to load down [v -ED, -ING, -S]



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FRAYING	AFGINRY	FRAY, to wear off by rubbing [v]
FRAZZLE	AEFLRZZ	to fray (to wear off by rubbing) [v -D, -LING, -S]
FREAKED	ADEEFKR	FREAK, to streak with color [v]
FRECKLE	CEEFKLR	to mark with freckles (small, brownish spots) [v -D, -LING, -S]
FREEING	EEFGINR	FREE, to make free [v]
FREEZES	EEEFRSZ	FREEZE, to become hardened into solid body by loss of heat [v]
FREIGHT	EFGHIRT	to load with goods for transportation [v -ED, -ING, -S]
FRESCOS	CEFORSS	FRESCO, to paint on surface of plaster [v]
FRESHED	DEEFHRS	FRESH, to freshen (to make or become fresh) [v]
FRESHEN	EEFHNRS	to make or become fresh [v -ED, -ING, -S]
FRESHES	EEFHRSS	FRESH, to freshen (to make or become fresh) [v]
FRETTED	DEEFRTT	FRET, to worry (to feel anxious and uneasy about something) [v]
FRIBBLE	BBEFILR	to act foolishly [v -D, -LING, -S]
FRIENDS	DEFINRS	FRIEND, to enter into warm association with [v]
FRIGGED	DEFGGIR	FRIG, to cheat or trick [v]
FRIGHTS	FGHIRST	FRIGHT, to frighten (to make afraid) [v]
FRILLED	DEFILLR	FRILL, to provide with frill (ornamental ruffled edge) [v]
FRINGED	DEFGINR	FRINGE, to provide with fringe (ornamental border) [v]
FRINGES	EFGINRS	FRINGE, to provide with fringe (ornamental border) [v]
FRISKED	DEFIKRS	FRISK, to move or leap about playfully [v]
FRITTED	DEFIRTT	FRIT, to fuse into vitreous substance [v] / FRITT, to frit (to fuse into vitreous substance) [v]
FRITTER	EFIRRTT	to squander little by little [v -ED, -ING, -S]
FRIVOLS	FILORSV	FRIVOL, to behave playfully [v]
FRIZING	FGIINRZ	FRIZ, to frizz (to form into small, tight curls) [v]
FRIZZED	DEFIRZZ	FRIZZ, to form into small, tight curls [v]
FRIZZES	EFIRSZZ	FRIZZ, to form into small, tight curls [v]
FRIZZLE	EFILRZZ	to frizz (to form into small, tight curls) [v -D, -LING, -S]
FROCKED	CDEFKOR	FROCK, to clothe in long, loose outer garment [v]
FROGGED	DEFGGOR	FROG, to hunt frogs (web-footed, tailless amphibians) [v]
FROLICS	CFILORS	FROLIC, to play and run about merrily [v]
FRONTED	DEFNORT	FRONT, to provide with front (forward part) [v]
FROSTED	DEFORST	FROST, to cover with frost (deposit of minute ice crystals) [v]
FROTHED	DEFHORT	FROTH, to foam (to form foam (light, bubbly, gas and liquid mass)) [v]
FROUNCE	CEFNORU	to pleat (to fold in even manner) [v -D, -CING, -S]
FROWNED	DEFNORW	FROWN, to contract brow in displeasure [v]
FROWSTS	FORSSTW	FROWST, to lounge in stuffy room [v]
FRUGGED	DEFGGRU	FRUG, to perform type of vigorous dance [v]
FRUITED	DEFIRTU	FRUIT, to bear fruit (usually edible reproductive bodies of seed plant) [v]
FUBBING	BBFGINU	FUB, to fob (to deceive (to mislead by falsehood)) [v]
FUCKING	CFGIKNU	FUCK, offensive word [v]
FUDDLED	DDDEFLU	FUDDLE, to confuse (to mix up mentally) [v]
FUDDLES	DDEFLSU	FUDDLE, to confuse (to mix up mentally) [v]
FUDGING	DFGGINU	FUDGE, to falsify (to represent falsely) [v]
FUELING	EFGILNU	FUEL, to provide with fuel (material used to produce energy) [v]
FUELLED	DEEFLLU	FUEL, to provide with fuel (material used to produce energy) [v]
FUGGING	FGGGINU	FUG, to make stuffy and odorous [v]



Where The Action Is

ALL 7-LETTER VERBS (a word that conveys an action, an occurrence, or a state of being)
compiled by Jacob Cohen, Asheville Scrabble Club *(updated to NASPA Word List 2018)*

FUGLING	FGGILNU	FUGLE, to lead by setting example [v]
FUGUING	FGGINUU	FUGUE, to compose fugue (type of musical composition) [v]
FULFILL	FFILLLU	to bring about accomplishment of [v -ED, -ING, -S]
FULFILS	FFILLSU	FULFIL, to fulfill (to bring about accomplishment of) [v]
FULLERS	EFLLRSU	FULLER, to groove with type of hammer [v]
FULLING	FGILLNU	FULL, to shrink and thicken, as cloth [v]
FULMINE	EFILMNU	to explode loudly [v -D, -NING, -S]
FUMBLED	BDEFLMU	FUMBLE, to handle clumsily [v]
FUMBLES	BEFLMSU	FUMBLE, to handle clumsily [v]
FUNDING	DFGINNU	FUND, to provide money for [v]
FUNKING	FGIKNNU	FUNK, to shrink back in fear [v]
FUNNELS	EFLNNSU	FUNNEL, to pass through funnel (cone-shaped utensil) [v]
FUNNING	FGINNNU	FUN, to act playfully [v]
FURBISH	BFHIRSU	to polish (to make smooth and lustrous by rubbing) [v -ED, -ING, -S]
FURCATE	ACEFRTU	to divide into branches [v -D, -TING, -S]
FURLING	FGILNRU	FURL, to roll up [v]
FURNACE	ACEFNRU	to subject to heat [v -D, -CING, -S]
FURNISH	FHINRSU	to equip (to provide with whatever is needed) [v -ED, -ING, -ES]
FURRING	FGINRRU	FUR, to cover with fur (dressed animal pelt) [v]
FURROWS	FORRSUW	FURROW, to make furrows (narrow depressions) in [v]
FURTHER	EFHRRTU	to help forward [v -ED, -ING, -S]
FUSSING	FGINSSU	FUSS, to be overly concerned with small details [v]
FUTZING	FGINTUZ	FUTZ, to spend time aimlessly [v]
FUZZING	FGINUZZ	FUZZ, to become fuzzy [v]