



# It's About Time!

It's about time to learn 7-letter bingos about **TIME, SEQUENCE, DEVELOPMENT, HISTORY, ARCHAIC USAGE**  
compiled by Jacob Cohen, Asheville Scrabble Club

## F 7s

FABLIAU	AABFILU	short metrical tale popular in medieval France [n -X]
FABULAR	AABFLRU	legendary [adj]
FACEOFF	ACEFFFO	action that starts hockey game [n -S]
FACTOID	ACDFIOT	brief news item [n -S]
FADDIER	ADDEFIR	FADDY, faddish (inclined to take up fads (practice or interest that enjoys brief popularity)) [adj]
FADDISH	ADDFHIS	inclined to take up fads (practice or interest that enjoys brief popularity) [adj]
FADDISM	ADDFIMS	inclination to take up fads (practice or interest that enjoys brief popularity) [n -S]
FADDIST	ADDFIST	faddish inclined to take up fads (practice or interest that enjoys brief popularity) person [n -S]
FADEINS	ADEFINS	FADEIN, gradual increase in brightness of image [n]
FADEOUT	ADEFOTU	gradual disappearance of image [n -S]
FADLIKE	ADEFIKL	resembling fad (practice or interest that enjoys brief popularity) [adj]
FALLOUT	AFLLOTU	radioactive debris resulting from nuclear explosion [n -s]
FALTERS	AEFLRST	FALTER, to hesitate (to hold back in uncertainty) [v]
FANFARE	AAEFFNR	short, lively musical flourish [n -S]
FASTEST	AEFSSTT	FAST, moving or able to move quickly [adj]
FATIGUE	AEFGITU	to weary (to make or become weary) [v -D, -UING, -S]
FATLING	AFGILNT	young animal fattened for slaughter [n -S]
FECIALS	ACEFILS	FECIAL, fetal (priest of ancient Rome) [n]
FEEBLER	BEEEFLR	FEEBLE, weak (lacking strength (capacity for exertion or endurance)) [adj]
FELUCCA	ACCEFLU	swift sailing vessel [n -S]
FENNELS	EEFLNNS	FENNEL, perennial herb [n]
FERMATA	AAEFMRT	sustaining of musical note, chord, or rest beyond its written time value [n -S or -TE]
FESCUES	CEEFSSU	FESCUE, perennial grass [n]
FETCHED	CEEFHRT	FETCH, to go back after and bring back [v]
FETCHER	CDEEFHT	one that fetches (to go back after and bring back) [n -S]
FETCHES	CEEFHST	FETCH, to go back after and bring back [v]
FETIALS	AEFILST	FETIAL, priest of ancient Rome [n]
FETUSES	EEFSSTU	FETUS, unborn organism carried within womb in later stages of its development [n]
FEUDING	DEFGINU	FEUD, to engage in feud (bitter, continuous hostility) [v]
FEUDIST	DEFISTU	one that feuds (to engage in feud (bitter, continuous hostility)) [n -S]
FIEFDOM	DEFFIMO	fief (feudal estate) [n -S]
FIESTAS	AEFISST	FIESTA, festival (day or time of celebration) [n]
FILLIES	EFIILLS	FILLY, young female horse [n]
FINALES	AEFILNS	FINALE, close or termination of something [n]
FINALLY	AFILLNY	at end [adv]
FINMARK	AFIKMNR	former monetary unit of Finland [n -S]
FIRINGS	FGIINRS	FIRING, process of maturing ceramics [n]
FIRSTLY	FILRSTY	before all others [adv]
FITCHEE	CEEFHIT	fitchy (having arms ending in point -- used of heraldic cross) [adj]
FIXATIF	AFFIITX	fixative (substance for preserving paintings or drawings) [n -S]
FLAMENS	AEFLMNS	FLAMEN, priest of ancient Rome [n]
FLANEUR	AEFLNRU	idler (one that idles (to pass time idly)) [n -S]
FLAREUP	AEFLPRU	sudden outbreak [n -S]
FLASHED	ADEFHLS	FLASH, to send forth sudden burst of light [v]
FLASHER	AEFHLRS	one that flashes (to send forth sudden burst of light) [n -S]
FLASHES	AEFHLSS	FLASH, to send forth sudden burst of light [v]



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FLATTED	ADEFLLT	FLAT, to flatten (to make or become flat) [v]
FLATTEN	AEFLNTT	to make or become flat [v -ED, -ING, -S]
FLEETED	DEEEFLT	FLEET, to move swiftly [v]
FLEETER	EEEFLLRT	FLEET, swift (moving with great rate of motion) [adj]
FLEETLY	EEFLLTY	FLEET, swift (moving with great rate of motion) [adv]
FLICKED	CDEFIKL	FLICK, to strike with quick, light blow [v]
FLIPPED	DEFILPP	FLIP, to throw with brisk motion [v]
FLITTED	DEFILTT	FLIT, to move lightly and swiftly [v]
FLITTER	EFILRTT	to flutter (to wave rapidly and irregularly) [v -ED, -ING, -S]
FLIVVER	EFILRVV	old, battered car [n -S]
FLOATED	ADEFLOT	FLOAT, to rest or remain on surface of liquid [v]
FLOATER	AEFLORT	one that floats (to rest or remain on surface of liquid) [n -S]
FLOREAT	AEFLORT	may he/she/it flourish [v -ED, -ING, -S]
FLORINS	FILNORS	FLORIN, former gold coin of Europe [n]
FLORUIT	FILORTU	to describe time period when someone is known to have lived [n -S]
FLOTAGE	AEFGLOT	act of floating (to rest or remain on surface of liquid) [n -S]
FLUKIER	EFIKLRU	FLUKY / FLUKEY, happening or depending on chance [adj]
FLUKING	FGIKLNU	FLUKE, to obtain by chance [v]
FLUSHED	DEFHLSU	FLUSH, to blush (to become red) [v]
FLUSHER	EFHLRSU	one that flushes (to blush (to become red)) [n -S]
FLUSHES	EFHLSSU	FLUSH, to blush (to become red) [v]
FLUTTER	EFLRTTU	to wave rapidly and irregularly [v -ED, -ING, -S]
FOGGAGE	AEFGGGO	second growth of grass [n -S]
FOGYISH	FGHIOSY	FOGY, old-fashioned person [adj]
FOGYISM	FGIMOSY	old-fashioned behavior [n -S]
FOISONS	FINOOSS	FOISON, strength (capacity for exertion or endurance) [n]
FOLKMOT	FKLMOOT	folk moot (general assembly of people in early England) [n -S]
FOLKWAY	AFKLOWY	traditional custom of people [n -S]
FOLLOWS	FLLOOSW	FOLLOW, to come or go after [v]
FOOTLED	DEFLOOT	FOOTLE, to waste time [v]
FOOTLER	EFLOORT	one that footles (to waste time) [n -S]
FOOTLES	EFLOOST	FOOTLE, to waste time [v]
FORAYED	ADEFORY	FORAY, to raid (to make sudden assault on) [v]
FORAYER	AEFORRY	one that forays (to raid (to make sudden assault on)) [n -S]
FORBODE	BDEF00R	forebode (to indicate in advance) [v -D, -DING, -S]
FORDOES	DEF00RS	FORDO, to destroy (to damage beyond repair or renewal) [v]
FORDONE	DEFNOOR	FORDO, to destroy (to damage beyond repair or renewal) [v]
FOREARM	AEFMORR	to arm in advance [v -ED, -ING, -S]
FOREBYE	BEEFORY	close by [prep]
FOREDID	DDEFIOR	FOREDO, to fordo (to destroy (to damage beyond repair or renewal)) [v]
FOREGUT	EFGORTU	front part of embryonic alimentary canal [n -S]
FORERUN	EFNORRU	to run in advance of [v -RAN, -NNING, -S]
FORESEE	EEEFORS	to see in advance [v -SAW, -N, -ING, -S]
FOREVER	EEFORRV	indefinite length of time [n -S]
FORFEND	DEFFNOR	to protect [v -ED, -ING, -S]
FORNENT	EFNNORT	near to [prep]
FORTIES	EFIORST	FORTY, number [n]



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FORWARD	ADFORRW	being at point in advance [adj -ER, -EST]
FORWENT	EFNORTW	refrained from [v]
FOSSILS	FILOSSS	FOSSIL, remains of animal or plant preserved in earth's crust [n]
FOUNDED	DDEFNOU	FOUND, FIND, to come upon after search [v]
FOUNDED	DDEFNOU	FOUND, to establish [v]
FOUNDER	DEFNORU	to become disabled [v -ED, -ING, -S]
FOZIEST	EFIOSTZ	FOZY, too ripe [adj]
FREEZES	EEEFRSZ	FREEZE, to become hardened into solid body by loss of heat [v]
FRESHED	DEEFHRS	FRESH, to freshen (to make or become fresh (new)) [v]
FRESHED	DEEFHRS	FRESH, to freshen (to make or become fresh) [v]
FRESHEN	EEFHNRS	to make or become fresh [v -ED, -ING, -S]
FRESHER	EEFHRRS	FRESH, new (existing only short time) [adj] / freshman (first-year student at high school, university, or college) [n -S]
FRESHES	EEFHRS	FRESH, to freshen (to make or become fresh (new)) [v]
FRESHET	EEFHRST	sudden overflow of stream [n -S]
FRESHLY	EFHLRSY	in fresh (new (existing only short time)) manner [adv]
FRESNEL	EEFLNRS	unit of frequency [n -S]
FRITTER	EFIRRTT	to squander little by little [v -ED, -ING, -S]
FROGLET	EFGLORT	young frog [n -S]
FROGMAN	AFGMNOR	person equipped for extended periods of underwater swimming [n -MEN]
FROSHES	EFHORSS	FROSH, freshman (first-year student at high school, university or college) [n]
FUMETTE	EEFMTTU	fumet (odor of meat while cooking) [n -S]
FUTHARC	ACFHRTU	futhark (ancient alphabet) [n -S]
FUTHARK	AFHKRTU	ancient alphabet [n -S]
FUTHORC	CFHORTU	futhark (ancient alphabet) [n -S]
FUTHORK	FHKORTU	futhark (ancient alphabet) [n -S]
FUTURAL	AFLRTUU	FUTURE, time yet to come [adj]
FUTURES	EFRSTUU	FUTURE, time yet to come [n]
FUTZING	FGINUTZ	FUTZ, to spend time aimlessly [v]
FUZZING	FGINUZZ	FUZZ, to become fuzzy [v]

## G 7s

GABBERS	ABBEGRS	GABBER, one that gabs (to chatter (to talk rapidly and trivially)) [n]
GABBING	ABGGGIN	GAB, to chatter (to talk rapidly and trivially) [v]
GABBLED	ABBDEGL	GABBLE, to jabber (to talk rapidly) [v]
GABBLER	ABBEGLR	one that gabbles (to jabber (to talk rapidly)) [n -S]
GABBLES	ABBEGLS	GABBLE, to jabber (to talk rapidly) [v]
GAFFERS	AEFFGRS	GAFFER, old man [n]
GAGAKUS	AAGGKSU	GAGAKU, ancient court music of Japan [n]
GALLETA	AAEGLLT	perennial grass [n -S]
GALLEYS	AEGLLSY	GALLEY, long, low medieval ship [n]
GAMMERS	AEGMMRS	GAMMER, old woman [n]
GARCONS	ACGNORS	GARCON, waiter [n]
GARDANT	AADGNRT	turned directly toward observer -- used of heraldic animal [adj]
GAUDIES	ADEGISU	GAUDY, festival (day or time of celebration) [n]
GAZUMPS	AGMPSUZ	GAZUMP, to cheat by raising price originally agreed upon [v]
GELABLE	ABEEGLL	GEL, to become like jelly [adj]
GELATED	ADEEGLT	GELATE, to gel (to become like jelly) [v]
GELATES	AEEGLST	GELATE, to gel (to become like jelly) [v]



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GELLING	EGGILLN	GEL, to become like jelly [v]
GEMOTES	EEGMOST	GEMOTE, public meeting in Anglo-Saxon England [n]
GENESIS	EEGINSS	origin [n -SES]
GENSENG	EEGNNS	ginseng (perennial herb) [n -S]
GEOLOGY	EGGLOOY	science that deals with origin and structure of earth [n -GIES]
GERMENS	EEGMNRS	GERMEN, something that serves as origin [n]
GERMINA	AEGIMNR	GERMEN, something that serves as origin [n]
GESTATE	AEEGSTT	to carry in uterus during pregnancy [v -D, -TING, -S]
GHOSTED	DEGHOST	GHOST, to haunt (to visit frequently) [v]
GIBBERS	BBEGIRS	GIBBER, to jabber (to talk rapidly) [v]
GIDDYAP	ADDGIPY	giddap (used as command to horse to go faster [interj])
GIDDYUP	DDGIPUY	giddap (used as command to horse to go faster [interj])
GINNING	GGIINN	GIN, to begin (to start (to set out)) [v]
GINSENG	EGGINNS	perennial herb [n -S]
GISARME	AEGIMRS	medieval weapon [n -S]
GITTERN	EGINRTT	medieval guitar [n -S]
GLANCED	ACDEGLN	GLANCE, to look quickly [v]
GLANCER	ACEGLNR	one that glances (to look quickly) [n -S]
GLANCES	ACEGLNS	GLANCE, to look quickly [v]
GLEEMAN	AEEGLMN	minstrel (medieval musician) [n -MEN]
GLIMING	GGIILMN	GLIME, to glance shyly [v]
GLIMMER	EGILMMR	to shine faintly or unsteadily [v -ED, -ING, -S]
GLIMPSE	EGILMPS	to see for instant [v -D, -SING, -S]
GLOOMED	DEGLMOO	GLOOM, to become dark [v]
GNAWERS	AEGNRSW	GNAWER, one that gnaws (to wear away by persistent biting) [n]
GNAWING	AGGINNW	persistent dull pain [n -S] / GNAW, to wear away by persistent biting [v]
GNOMONS	GMNNOOS	GNOMON, part of sundial [n]
GOBBLED	BBDEGLO	GOBBLE, to eat hastily [v]
GOBBLES	BBEGLOS	GOBBLE, to eat hastily [v]
GODETIA	ADEGIOT	showy annual herb [n -S]
GODSEND	DDEGNOS	unexpected boon [n -S]
GOOBERS	BEGOORS	GOOBER, peanut (nutlike seed or pod of annual vine) [n]
GOODBYE	BDEGOOY	concluding remark or gesture at parting [n -S]
GOODBYS	BDGOOSY	GOODBY, goodbye (concluding remark or gesture at parting) [n]
GOOMBAH	ABGHMOO	older man who is friend [n -S]
GOSLING	GGILNOS	young goose [n -S]
GRABBED	ABBDEGR	GRAB, to grasp suddenly [v]
GRABBER	ABBEGRR	one that grabs (to grasp suddenly) [n -S]
GRADUAL	AADGLRU	hymn sung in alternate parts [n -S]
GRATIFY	AFGIRTY	to satisfy (to provide fully with what is desired, expected, or needed) [v -FIED, -ING, -FIES]
GRAYOUT	AGORTUY	temporary blurring of vision [n -S]
GREENED	DEEEGNR	GREEN, to become green [v]
GREMIAL	AEGILMR	lap cloth used by bishop during a service [n -S]
GREMMIE	EEGIMMR	inexperienced surfer [n -S]
GRIFFES	EFFGIRS	GRIFFE, person of mixed ancestry [n]
GRILSES	EGILRSS	GRILSE, young salmon [n]
GROWNUP	GNOPRUW	mature person [n -S]



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GRUTTEN	EGNRRTU	GREET, to weep [v]
GUILDER	DEGILRU	former monetary unit of Netherlands [n -S]
GUINEAS	AEGINSU	GUINEA, formerly used British coin [n]
GULDENS	DEGLNSU	GULDEN, guilder (former monetary unit of Netherlands) [n]
GULPERS	EGLPRSU	GULPER, one that gulps (to swallow rapidly) [n]
GULPING	GGILNPU	GULP, to swallow rapidly [v]
GUSTING	GGINSTU	GUST, to blow in gusts (sudden blasts of wind) [v]
GUTTLED	DEGLTTU	GUTTLE, to eat rapidly [v]
GUTTLER	EGLRRTU	one that guttles (to eat rapidly) [n -S]
GUTTLES	EGLSTTU	GUTTLE, to eat rapidly [v]
GUZZLED	DEGLUZZ	GUZZLE, to drink rapidly [v]
GUZZLER	EGLRUZZ	one that guzzles (to drink rapidly) [n -S]
GUZZLES	EGLSUZZ	GUZZLE, to drink rapidly [v]

## H 7s

HABITUE	ABEHITU	frequent customer [n -S]
HACKERY	ACEHKRY	dull, unoriginal writing [n -RIES]
HADDEST	ADDEHST	2 <sup>nd</sup> person singular of have (to hold as possession, privilege, or entitlement) [v]
HAGDONS	ADGHNOS	HAGDON, seabird (bird frequenting ocean or seacoast) [n]
HAGRIDE	ADEGHIR	to harass (to bother persistently) [v RODE, -DDEN, DING, -S]
HALIERS	AEHILRS	HALIER, former monetary unit of Slovakia [n]
HALTING	AGHILNT	HALT, to stop (to discontinue progress or motion of) [v]
HAMMERS	AEHMMRS	HAMMER, to strike repeatedly [v]
HANGOUT	AGHNOTU	place often visited [n -S]
HANKERS	AEHKNRS	HANKER, to long for [v]
HANTING	AGHINNT	HANT, to haunt (to visit frequently) [v]
HAPAXES	AAEHPSX	HAPAX, word that occurs only once [n]
HAPPENS	AEHNPPS	HAPPEN, to occur (to take place) [v]
HAPPING	AGHINPP	HAP, to happen (to occur (to take place)) [v]
HASHTAG	AAGHHST	word or phrase preceded by symbol # that categorizes accompanying text [n -S]
HASTENS	AEHNSST	HASTEN, to hurry (to move swiftly) [v]
HASTIER	AEHIRST	HASTY, speedy (swift (moving with great rate of motion)) [adj]
HASTILY	AHILSTY	HASTY, speedy (swift (moving with great rate of motion)) [adv]
HASTING	AGHINST	HASTE, to hasten (to hurry (to move swiftly)) [v]
HATCHED	ACDEHHT	HATCH, to bring forth young from egg [v]
HATCHER	ACEHHRT	one that hatches (to bring forth young from egg) [n -S]
HATCHES	ACEHHST	HATCH, to bring forth young from egg [v]
HAUNTED	ADEHNTU	HAUNT, to visit frequently [v]
HAUNTER	AEHNRTU	one that haunts (to visit frequently) [n -S]
HAYINGS	AGHINSY	HAYING, season for harvesting hay [n]
HEALING	AEGHILN	process of becoming healthy again [n -S] / HEAL, to make sound or whole [v]
HEARING	AEGHINR	preliminary examination [n -S]
HEAUMES	AEEHMSU	HEAUME, medieval helmet [n]
HEBETIC	BCEEHIT	pertaining to puberty (period of sexual maturation) [adj]
HEIFERS	EEFHIRS	HEIFER, young cow [n]
HEIRDOM	DEHIMOR	heirship (right to inheritance) [n -S]
HEIRESS	EEHIRSS	female inheritor [n -ES]
HEIRING	EGHIINR	HEIR, to inherit (to receive by legal succession) [v]



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HEMIOLA	AEHILMO	rhythmic alteration in music [n -S]
HENBITS	BEHINST	HENBIT, perennial herb [n]
HERIOTS	EHIORST	HERIOT, feudal tribute or payment [n]
HERITOR	EHIORRT	one that inherits (to receive by legal succession) [n -S]
HEROICS	CEHIORS	HEROIC, epic verse [n]
HEROINS	EHINORS	HEROIN, addictive narcotic [n]
HERTZES	EEHRSTZ	HERTZ, unit of frequency [n]
HEYDAYS	ADEHSYY	HEYDAY, period of one's greatest success [n]
HEYDEYS	DEEHSYY	HEYDEY, heyday (period of one's greatest success) [n]
HICCUPS	CCHIPSU	HICCUP, to make peculiar-sounding spasmodic inhalation [v]
HICCUPY	CCHIPUY	having hiccups (spasmodic inhalations) [adj]
HIJACKS	ACHIJKS	HIJACK, to seize vehicle while in transit [v]
HIPPEST	EHIPPST	HIP, aware of most current styles and trends [adj]
HISTORY	HIORSTY	chronological record of past events [n -RIES]
HOARIER	AEHIORR	HOARY, white with age [adj]
HOARILY	AHILORY	in hoary (white with age) manner [adv]
HOBBIES	BBEHIOS	HOBBY, recreational pastime [n]
HOGGETS	EGGHOST	HOGGET, young unshorn sheep [n]
HOICKED	CDEHIKO	HOICK, to change directions abruptly [v]
HOLDOUT	DHLOOTU	one who delays signing contract [n -S]
HOLDUPS	DHLOPSU	HOLDUP, delay [n]
HOLIDAY	ADHILOY	to take vacation [v -ED, -ING, -S]
HOLIEST	EHILOST	HOLY, having divine nature or origin [adj]
HOLYDAY	ADHLOY	religious holiday [n -S]
HOMININ	HIIMNNO	hominid of tribe that includes recent humans and extinct related forms [n -S]
HOMONYM	HMMNOOY	namesake (one who is named after another) [n -S]
HOOCHIE	CEHHIOO	promiscuous young woman [n -S]
HOOFING	FGHINOO	HOOF, to dance (to move rhythmically to music) [v]
HOPHEAD	ADEHHOP	drug addict [n -S]
HOPLITE	EHILOPT	foot soldier of ancient Greece [n -S]
HORNING	GHINNOR	mock serenade for newlyweds [n -S]
HOSTELS	EHLOSST	HOSTEL, to stay at inns overnight while traveling [v]
HOTCHED	CDEHHOT	HOTCH, to wiggle (to move with short, quick movements from side to side) [v]
HOTCHES	CEHHOST	HOTCH, to wiggle (to move with short, quick movements from side to side) [v]
HOTFOOT	FHOOTT	to hurry (to move swiftly) [v -ED, -ING, -S]
HOTHEAD	ADEHHOT	quick-tempered person [n -S]
HOTLINE	EHILNOT	direct communications system for immediate contact [n -S]
HOTRODS	DHOORST	HOTROD, car modified for high speeds [n]
HOTSPUR	HOPRSTU	hothead (quick-tempered person) [n -S]
HOUNDED	DDEHNOU	HOUND, to pursue relentlessly [v]
HOUNDER	DEHNORU	one that hounds (to pursue relentlessly) [n -ES]
HOWBEIT	BEHIOTW	nevertheless [adv]
HOWLETS	EHLOSTW	HOWLET, owl (nocturnal bird) [n]
HURRIED	DEHIRRU	HURRY, to move swiftly [v]
HURRIER	EHIRRRU	one that hurries (to move swiftly) [n -S]
HURRIES	EHIRRSU	HURRY, to move swiftly [v]
HURTLED	DEHLRTU	HURTLE, to rush violently [v]





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HURTLES	EHLRSTU	HURTLE, to rush violently [v]
HUSTLED	DEHLSTU	HUSTLE, to hurry (to move swiftly) [v]
HUSTLED	DEHLSTU	HUSTLE, to hurry (to move swiftly) [v]
HUSTLER	EHLRSTU	one that hustles (to hurry (to move swiftly)) [n -S]
HUSTLES	EHLSTTU	HUSTLE, to hurry (to move swiftly) [v]

## I 7s

IAMBICS	ABCIIMS	IAMBIC, iamb (type of metrical foot) [n]
ICHNITE	CEHIINT	fossil footprint [n -S]
ICTUSES	CEISSTU	ICTUS, recurring stress or beat in poetical form [n]
IMBARKS	ABIKMRS	IMBARK, to embark (to make start) [v]
IMPLORE	EILMOPR	to beg for urgently [v -D, -RING, -S]
IMPREST	EIMPRST	loan or advance of money [n -S]
INCHING	CGHIINN	INCH, to move very slowly [v]
INDABAS	AABDINS	INDABA, meeting of South African tribes [n]
INDIGEN	DEGIINN	indigene (native (original inhabitant of area)) [n -S]
INERTIA	AEIINRT	tendency of body to resist acceleration [n -E, -S]
INFANCY	ACFINNY	state of being infant (child in earliest stages of life) [n -CIES]
INFANTE	AEFINNT	younger son of Spanish or Portuguese monarch [n -S]
INFANTS	AFINNST	INFANT, child in earliest stages of life [n]
INFARES	AEFINRS	INFARE, reception for newlyweds [n]
INFLICT	CFIILNT	to cause to be endured; impose [v -ED, -ING, -S]
INGENUA	EEGINNU	naive young woman [n -S]
INHERIT	EHIINRT	to receive by legal succession [v, -ED, -ING, -S]
INNAGES	AEGINNS	INNAGE, quantity of goods remaining in container after shipment [n]
INSTANT	AINNSTT	very short time [n -S]
INSTILL	IILLNST	to infuse slowly [v -ED, -ING, -S]
INSTILS	IILNSST	INSTIL, to instill (to infuse slowly) [v]
INTERIM	EIIMNRT	interval (space of time between periods or events) [n -S]
INTERNE	EEINNRT	recent medical school graduate on hospital staff [n -S]
INTERNS	EINNRST	INTERN, to confine during war [v]
INTROIT	IINORTT	music sung at beginning of worship service [n -S]
INVENTS	EINNSTV	INVENT, to devise originally [v]
INVESTS	EINSSTV	INVEST, to commit something of value for future profit [v]
ISAGOGE	AEGGIOS	type of introduction to branch of study [n -S]
ISOGENY	EGINOSY	state of being of similar origin [n -NIES]
ITERANT	AEINRTT	repeating [adj]
ITERATE	AEEIRTT	to repeat (to say or do again) [v -D, -TING, -S]

## J 7s

JABBERS	ABBEJRS	JABBER, to talk rapidly [v]
JACOBUS	ABCJOSU	old English coin [n -ES]
JADEDLY	ADDEJLY	JADE, to weary (to make or become weary) [adv]
JAU KING	AGIJKNU	JAU, to dawdle (to waste time) [v]
JERKERS	EEJKRRS	JERKER, one that jerks (to move with sharp, sudden motion) [n]
JERKING	EGIJKNR	JERK, to move with sharp, sudden motion [v]
JETLAGS	AEGJLST	JETLAG, disruption of body rhythms after flight through several time zones [n]
JIBBING	BBGIIJN	JIBB, to shift from side to side while sailing [v]
JIFFIES	EFFIIJS	JIFFY, short time [n]



# It's About Time!

It's about time to learn 7-letter bingos about **TIME, SEQUENCE, DEVELOPMENT, HISTORY, ARCHAIC USAGE**  
compiled by Jacob Cohen, Asheville Scrabble Club

JINKERS	EIJKNRS	JINKER, one that jinks (to move quickly out of way) [n]
JINKING	GIIJKNN	JINK, to move quickly out of way [v]
JOGGERS	EGGJORS	JOGGER, one that jogs (to run at slow, steady pace) [n]
JOGGING	GGGIJNO	practice of running at slow, steady pace [n -S] / JOG[v]
JOGTROT	GJOORTT	to move at slow, regular pace [v -TTED, -TTING, -S]
JONQUIL	IJLNOQU	perennial herb [n -S]
JOTTERS	EJORSTT	JOTTER, one that jots (to write down quickly) [n]
JOTTING	GIJNOTT	brief note [n -S] / JOT, to write down quickly [v]
JOURNAL	AJLNORU	to enter in daily record [v -ED, -ING, -S]
JURNOS	JNOORSU	JOURNO, writer for news medium [n]
JOYPOPS	JOOPPSY	JOYPOP, to use habit-forming drugs occasionally [v]
JUDDERS	DDEJRSU	JUDDER, to vibrate (to move back and forth rapidly) [v]
JUDDERY	DDEJRUY	vibrating (to move back and forth rapidly) [adj -RIER, -RIEST]
JUMPOFF	FFJMOPU	starting point [n -S]
JUNKIES	EIJKNSU	JUNKIE, drug addict [n]
JUVENAL	AEJLNUV	young bird's plumage [n -S]