



# A Moveable Feast

Feast your eyes on great bingo moves about **MOVEMENT, IDLENESS, ETC.** See also **Get on Board**  
compiled by Jacob Cohen, Asheville Scrabble Club

## A 8s

ABEYANCE	AABCEENY	temporary inactivity [n -CIES]
ACTIVITY	ACIITTVY	brisk action or movement [n -TIES]
ACTUATOR	AACORTTU	one that actuates (to set into action or motion) [n -S]
ADVANCER	AACDENRV	one that advances (to move or cause to move ahead) [n -S]
ADVECTED	ACDDEETV	ADVECT, to convey or transport by flow of fluid [v]
AGITABLE	AABEGILT	AGITATE, to move with violent, irregular action [adj]
AGITATOR	AAGIORTT	one that agitates (to move with violent, irregular action) [n -S]
AIRBORNE	ABEINORR	flying [adj]
ALLUVION	AILLNOUV	alluvium (detrital material deposited by running water) [n -S]
ALLUVIUM	AILLMUUV	detrital material deposited by running water [n -S or -IA]
AMBULATE	AABELMTU	to move or walk about [v -D, -TING, -S]
ANEARING	AAEGINNR	ANEAR, to approach (to come near or nearer to) [v]
APPROACH	AACHOPPR	to come near or nearer to [v -ED, -ING, -ES]
APRACTIC	AACCIPRT	APRAXIA, loss of ability to perform coordinated movements [adj]
AQUACADE	AAACDEQU	swimming and diving exhibition [n -S]
AROINTED	ADEINORT	AROINT, to drive away [v]
AROYNTE	ADENORTY	AROYNT, to aroint (to drive away) [v]
ASCENDED	ACDDEENS	ASCEND, to go or move upward [v]
ASCENDER	ACDEENRS	one that ascends (to go or move upward) [n -S]
ASSAILED	AADEILSS	ASSAIL, to attack (to set upon violently)
ASSAILER	AAEILRSS	one that assails (to attack (to set upon violently)) [n -S]
AVERTING	AEGINRTV	AVERT, to turn away [v]
AXLETREE	AEEELRTX	type of axle (shaft upon which wheel revolves) [n -S]

## B 8s

BACKCAST	AABCCKST	backward movement in casting fishing line [n -S]
BACKFLOW	ABCFKLOW	flowing back toward source [n -S]
BACKHAND	AABCDHKN	to strike with back of hand [v -ED, -ING, -S]
BACKWIND	ABCDIKNW	to deflect airflow into back of sail [v -ED, -ING, -S]
BALLETIC	ABCELLIT	BALLET, classical dance form [adj]
BALLONNE	ABELLNNO	ballet jump [n -S]
BANDYING	ABDGINNY	BANDY, to throw to and fro [v]
BARGELLO	ABEGLLOR	needlepoint stitch that makes zigzag pattern [n -S]
BARRELED	ABDEELRR	BARREL, to move fast [v]
BATTERIE	ABEEIRTT	ballet movement [n -S]
BAULKING	ABGIKLNU	BAULK, to balk (to stop short and refuse to proceed) [v]
BEACHING	ABCEGHIN	BEACH, to drive ashore [v]
BEATABLE	AABBEELT	BEAT, to strike repeatedly [adj]
BECALMED	ABCDEELM	BECALM, to make calm (free from agitation) [v]
BENDABLE	ABBDEELN	BEND, to curve (to deviate from straightness) [adj]
BENDIEST	BDEEINST	BENDY, flexible (capable of being bent) [adj]
BESETTER	BEEERSTT	one that besets (to assail (to attack)) [n -S]
BESTRIDE	BDEEIRST	to straddle (to sit, stand, or walk with legs wide apart) [v -STRODE or -STRID, -DDEN, -DING, -S]
BIRCHING	BCGHIINR	BIRCH, to whip (to strike with whip (instrument for administering corporal punishment)) [v]
BOOGALOO	ABGLOOOO	to dance to rock music [v -ED, -ING, -S]
BOOGEYED	BDEEGOOY	BOOGEY, to boogie (to dance to rock music) [v]
BOOGYING	BGGINOoy	BOOGY, to boogie (to dance to rock music) [v]
BOUNCIER	BCEINORU	BOUNCY, tending to bounce [adj]



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BOUNCILY	BCILNOUY	BOUNCY, tending to bounce [adv]
BOUNCING	BCGINNOU	BOUNCE, to spring back [v]
BOUNDING	BDGINNOU	BOUND, to leap (to spring off ground) [v]
BRAKEAGE	AABEEGKR	act of braking (to slow down or stop) [n -S]
BREEZING	BEEGINRZ	BREEZE, to move swiftly [v]
BRIDLING	BDGIILNR	BRIDLE, to control with restraint [v]
BRUSHING	BGHINRSU	BRUSH, to touch lightly [v]
BUCKETED	BCDEEKTU	BUCKET, to hurry (to move swiftly) [v]
BUCKLING	BCGIKLNU	BUCKLE, to bend under pressure [v]
BULLETED	BDEELLTU	BULLET, to move swiftly [v]
BULLWHIP	BHILLPUW	to strike with long whip [v -PPED, -PPING, -S]
BUSTLING	BGILNSTU	BUSTLE, to move energetically [v]

## C 8s

CACHUCHA	AACCCHHU	Spanish dance [n -S]
CAKEWALK	AACEKKLW	to step stylishly [v -ED, -ING, -S]
CANOEING	ACEGINNO	action or sport of paddling canoe [n -S] / CANOE, to paddle canoe (light, slender boat) [v]
CAPERING	ACEGINPR	CAPER, to frolic (to play and run about merrily) [v]
CAPOEIRA	AACEIOPR	Brazilian dance [n -S]
CAPRIOLE	ACEILOPR	to leap (to spring off ground) [v -D, -LING, -S]
CARACOLE	AACCELOR	to perform half turn on horse [v -D, -LING, -S]
CAREENED	ACDEEENR	CAREEN, to lurch while moving [v]
CAREENER	ACEEENRR	one that careens (to lurch while moving) [n -S]
CARRYING	ACGINRRY	CARRY, to convey from one place to another [v]
CARTABLE	AABCELRT	CART, to convey in cart (two-wheeled vehicle) [adj]
CASTABLE	AABCELST	CAST, to throw with force [adj]
CATAPULT	AACLPTTU	to hurl through air [v -ED, -ING, -S]
CAVORTED	ACDEORTV	CAVORT, to frolic (to play and run about merrily) [v]
CAVORTER	ACEORRTV	one that cavorts (to frolic (to play and run about merrily)) [n -S]
CERNUOUS	CENORSUU	drooping or nodding [adj]
CHACONNE	ACCEHNNO	ancient dance [n -S]
CHEESING	CEEGHINS	CHEESE, to stop (to discontinue progress or motion of) [v]
CHEVYING	CEGHINVY	CHEVY, to chase about [v]
CHIVVIED	CDEHIIVV	CHIVVY, to chevy (to chase about) [v]
CHIVVIES	CEHIISVV	CHIVVY, to chevy (to chase about) [v]
CHIVYING	CGHIINVY	CHIVY, to chevy (to chase about) [v]
CHOPPIER	CEHIOPPR	CHOPPY, full of short, rough waves [adj]
CHOPPILY	CHILOPPY	CHOPPY, full of short, rough waves [adv]
CHRISTIE	CEHIIRST	christy (skiing turn) [n -S]
CHUCKING	CCGHIKNU	CHUCK, to throw (to propel through air with movement of arm) [v]
CHUFFING	CFFGHINU	CHUFF, to chug (to move with dull explosive sound) [v]
CHUGGING	CGGGHINU	CHUG, to move with dull explosive sound [v]
CHURNING	CGHINNRU	CHURN, to stir briskly in order to make butter [v]
CIRCLING	CCGIILNR	CIRCLE, to move or revolve around [v]
CLAPPING	ACGILNPP	CLAP, to strike one palm against other [v]
CLIMBING	BCGIILMN	sport or activity of ascending mountains [n -S] / CLIMB, to ascend (to go or move upward) [v]
CLOCHARD	ACCDHLOR	vagrant (wanderer with no apparent means of support) [n -S]
CLOMPING	CGILMNOP	CLOMP, to walk heavily and clumsily [v]



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CLOSABLE	ABCELLOS	CLOSE, to block against entry or passage [adj]
CLUNKING	CGIKLNNU	CLUNK, to thump (to strike so as to make dull, heavy sound) [v]
CONGAING	ACGGINNO	CONGA, to perform conga (Latin-American dance) [v]
CONJUNTO	CJNNOOTU	style of dance music along Mexican border [n -S]
CONVEYED	CDEENOVY	CONVEY, to transport [v]
CONVEYER	CEENORVY	one that conveys (to transport) [n -S]
CONVEYOR	CENOORVY	conveyor (one that conveys (to transport)) [n -S]
CONVULSE	CELNOSUV	to shake violently [v -D, -SING, -S]
CORYPHEE	AEEHOPRY	ballet dancer [n -S]
COTILLON	CILLNOOT	ballroom dance [n -S]
COURANTE	ACENORTU	old, lively dance [n -S]
COURANTO	ACNOORTU	courante (old, lively dance) [n -S or -ES]
CRANCHED	ACCDEHNR	CRANCH, to craunch (to crunch (to chew with crackling sound)) [v]
CRANCHES	ACCEHNRS	CRANCH, to craunch (to crunch (to chew with crackling sound)) [v]
CRAWLING	ACGILNRW	CRAWL, to move with body on or near ground [v]
CREEPAGE	ACEEEGPR	gradual movement [n -S]
CREEPING	CEEGINPR	CREEP, to crawl (to move with body on or near ground) [v]
CROOKING	CGIKNOOR	CROOK, to bend (to curve (to deviate from straightness)) [v]
CROUCHED	CCDEHORU	CROUCH, to stoop (to bend body forward and down) [v]
CROUCHES	CCEHORSU	CROUCH, to stoop (to bend body forward and down) [v]
CRUMPING	CGIMNPRU	CRUMP, to crunch (to chew with crackling sound) [v]
CRUSHING	CGHINRSU	CRUSH, to press or squeeze out of shape [v]
CUMBERED	BCDEEMRU	CUMBER, to hinder (to impede (to obstruct progress of)) [v]
CURBABLE	ABBCELRU	CURB, to restrain (to hold back from action) [adj]
CURVETED	CDEERTUV	CURVET, to prance (to spring forward on hind legs) [v]
<b>D 8s</b>		
DACKERED	ACDDEEKR	DACKER, to waver (to move back and forth) [v]
DAGGLING	ADGGGILN	DAGGLE, to drag in mud [v]
DAIKERED	ADDEEIKR	DAIKER, to dacker (to waver (to move back and forth)) [v]
DANCIEST	ACDEINST	DANCEY, suitable for dancing [adj]
DANDERED	ADDDEENR	DANDER, to stroll (to walk in leisurely manner) [v]
DANSEUSE	ADEENSSU	female ballet dancer [n -S]
DARTLING	ADGILNRT	DARTLE, to dart repeatedly [v]
DEMIVOLT	DEILMOTV	half turn made by horse [n -S]
DERAILED	ADDEEILR	DERAIL, to run off rails of track [v]
DESISTED	DDEEISST	DESIST, to cease doing something [v]
DETERRED	DDEEERTT	DETER, to stop from proceeding [v]
DETERRER	DEEERRRT	one that deters (to stop from proceeding) [n -S]
DEVELING	DEEGILNV	DEVEL, to strike forcibly [v]
DEVIATOR	ADEIORTV	one that deviates (to turn aside from course or norm) [n -S]
DIASPORA	AADIOPRS	migration [n -S]
DIASTOLE	ADEILOST	normal rhythmical dilation of heart [n -S]
DIBBUKIM	BBDIIKMU	DIBBUK, dybbuk (wandering soul in Jewish folklore) [n]
DISCOING	CDGIINOS	DISCO, to dance at discotheque [v]
DIVAGATE	AADEGITV	to wander (to move about with no destination or purpose) [v -D, -TING, -S]
DIVERTED	DDEEIRTV	DIVERT, to turn aside [v]
DIVERTER	DEEIRRTV	one that diverts (to turn aside) [n -S]



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DODDERED	DDDDEORR	DODDER, to totter (to walk unsteadily) [v]
DODDERER	DDDEEORR	one that dodders (to totter (to walk unsteadily)) [n -S]
DOLLYING	DGILLNOY	DOLLY, to move on wheeled platform [v]
DOWNTIME	DEIMNOTW	time when machine or factory is inactive [n -S]
DOWNTURN	DNNORTUW	downward turn [n -S]
DOZENING	DEGINNOZ	DOZEN, to stun (to render senseless or incapable of action) [v]
DRAGGIER	ADEGGIRR	DRAGGY, sluggish (displaying little movement or activity) [adj]
DRAGGING	ADGGGINR	DRAG, to pull along ground [v]
DRAGLINE	ADEGILNR	line used for dragging [n -S]
DRAGROPE	ADEGOPRR	rope used for dragging [n -S]
DRAWABLE	AABDELRW	DRAW, to move by pulling [adj]
DRIBBING	BBDGIINR	DRIB, to drip (to fall in drops) [v]
DRIFTAGE	ADEFGIRT	act of drifting (to move along in current) [n -S]
DRIFTING	DFGIINRT	DRIFT, to move along in current [v]
DRIPPING	DGIINPPR	DRIP, to fall in drops [v]
DRIVABLE	ABDEILRV	DRIVE, to urge or propel forward [adj]
DROPPING	DGINOPPR	DROP, to fall in drops (globules) [v]
DUATHLON	ADHLNOTU	long-distance race involving running and bicycling [n -S]
DUCKWALK	ACDKKLUW	to walk in squatting position [v -ED, -ING, -S]
DYBBUKIM	BBDIKMUY	DYBBUK, wandering soul in Jewish folklore [n]

## E 8s

EJECTING	CEEGIJNT	EJECT, to throw out forcibly [v]
EJECTION	CEEIJNOT	act of ejecting (to throw out forcibly) [n -S]
ELEVATOR	AEELORTV	one that elevates (to raise (to move to higher position)) [n -S]
ENCROACH	ACCEHNOR	to advance beyond proper limits [v -ED, -ING, -ES]
ENCUMBER	BCEEMNRU	to hinder in action or movement [v -ED, -ING, -S]
EPINASTY	AEINPSTY	downward bending of plant parts [n -TIES]
ERRANTLY	AELNRRTY	in wandering manner [adv]
ERRANTRY	AENRRRTY	state of wandering [n -RIES]
ESTOPPED	DEEOPPST	ESTOP, to impede by estoppel [v]
ESTRAYED	ADEERSTY	ESTRAY, to stray (to wander from proper area or course) [v]
EURYTHMY	EHMRTUYY	harmony of movement or structure [n -MIES]
EUSTATIC	ACEISTTU	EUSTACY, worldwide change in sea level [adj]
EVERSION	EEINORSV	act of everting (to turn outward or inside out) [n -S]
EVERTING	EEGINRTV	EVERT, to turn outward or inside out [v]
EXALTING	AEGILNTX	EXALT, to raise (to move to higher position) [v]
EXERTING	EEGINRTX	EXERT, to put into action [v]
EXERTION	EEINORTX	act of exerting (to put into action) [n -S]
EXODUSES	DEEOSSUX	EXODUS, movement away [n]

## F 8s

FALTERED	ADEEFLRT	FALTER, to hesitate (to hold back in uncertainty) [v]
FALTERER	AEEFLRRT	one that falters (to hesitate (to hold back in uncertainty)) [n -S]
FANDANGO	AADFGNNO	lively Spanish dance [n -S or -ES]
FEATLIER	AEEFILRT	FEATLY, graceful (having beauty of form or movement) [adj]
FEINTING	EFGIINNT	FEINT, to make deceptive movement [v]
FIDDLING	DDFGIILN	action of playing violin [n -S] / FIDDLE, to play violin [v]
FIDGETED	DDEEFGIT	FIDGET, to move nervously or restlessly [v]
FIDGETER	DEEFGIRT	one that fidgets (to move nervously or restlessly) [n -S]



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FIGURANT	AFGINRTU	ballet dancer who dances only in groups [n -S]
FILLIPED	DEFIILLP	FILLIP, to strike sharply [v]
FIXATING	AFGIINTX	FIXATE, to make stable or stationary [v]
FIXATION	AFIINOTX	act of fixating (to make stable or stationary) [n -S]
FLAGGIER	AEEFGILR	FLAGGY, drooping [adj]
FLAILING	AFGIILLN	FLAIL, to swing freely [v]
FLANERIE	AEEFILNR	idleness (state of being idle (inactive (not active))) [n -S]
FLATFOOT	AFFLOOTT	walk with dragging gait [v -ED, -ING, -S]
FLECTION	CEFILNOT	act of bending (to curve (to deviate from straightness)) [n -S]
FLEETEST	EEEFLSTT	FLEET, swift (moving with great rate of motion) [adj]
FLEETING	EEFGILNT	FLEET, to move swiftly [v]
FLEXURAL	AEFLLRUX	FLEXURE, act of bending (to curve (to deviate from straightness)) [adj]
FLICHTER	CEFHILRT	to flicker (to move waveringly) [v -ED, -ING, -S]
FLICKERY	CEFIKLRV	flickering [adj] / [adj -RIER, -RIEST]
FLICKING	CFGIIKLN	FLICK, to strike with quick, light blow [v]
FLIGHTED	DEFGHILT	FLIGHT, to fly in flock [v]
FLINGING	FGGIILNN	FLING, to throw with force [v]
FLIPBOOK	BFIKLOOP	book of series of images that when flipped give illusion of movement [n -S]
FLIPPING	FGIILNPP	FLIP, to throw with brisk motion [v]
FLITTING	FGIILNTT	FLIT, to move lightly and swiftly [v]
FOOTPACE	ACEFOOPT	walking pace [n -S]
FOOTRACE	ACEFOORT	race run on foot [n -S]
FOOTSTEP	EFOOPSTT	step with foot [n -S]
FOUNTAIN	AFINNOTU	to flow like fountain (spring of water) [v -ED, -ING, -S]
FRISKING	FGIIKNRS	FRISK, to move or leap about playfully [v]
FROLICKY	CFIKLORY	FROLIC, to play and run about merrily [adj]
FRUGGING	FGGGINRU	FRUG, to perform type of vigorous dance [v]
FUGITIVE	EFGIITUV	one who flees [n -S]

## G 8s

GAINLIER	AEGIILNR	GAINLY, graceful (having beauty of form or movement) [adj]
GALLIARD	AADGILLR	lively dance [n -S]
GALLOPED	ADEGLLOP	GALLOP, to ride horse at full speed [v]
GALLOPER	AEGLLOPR	one that gallops (to ride horse at full speed) [n -S]
GALOPADE	AADEGLOP	lively round dance [n -S]
GALOPING	AGGILNOP	GALOP, to dance galop (lively round dance) [v]
GANDERED	ADDEEGNR	GANDER, to wander (to move about with no destination or purpose) [v]
GEOTAXIS	AEGIOSTX	movement of organism in response to gravity [n -XES]
GIPSYING	GGIINPSY	GIPSY, to gypsy (to live like gypsy (wanderer)) [v]
GLISSADE	ADEGILSS	to perform gliding dance step [v -D, -DING, -S]
GRACEFUL	ACEFGLRU	having beauty of form or movement [adj -LLER, -LLEST]
GULLWING	GGILLNUW	hinged at top to swing upward [adj]
GULLYING	GGILLNUY	GULLY, to form ravines by action of water [v]
GYPSYING	GGIINPSYY	GYPSY, to live like gypsy (wanderer) [v]
GYRATING	AGGINRTY	GYRATE, to revolve or rotate [v]
GYRATION	AGINORTY	act of gyrating (to revolve or rotate) [n -S]

## H 8s

HABANERA	AAABEHNR	Cuban dance [n -S]
HALTERED	ADEEHLRT	HALTER, to put restraint upon [v]





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HAMMERED	ADEEHMMR	HAMMER, to strike repeatedly [v]
HAMMERER	AEEHMMRR	one that hammers (to strike repeatedly) [n -S]
HAMPERED	ADEEHMPR	HAMPER, to hinder (to impede (to obstruct progress of)) [v]
HANDICAP	AACDHINP	to hinder (to impede (to obstruct progress of)) [v -PPED, -PPING, -S]
HASTEFUL	AEFHLSTU	hasty (speedy (swift (moving with great rate of motion))) [adj]
HASTENED	ADEEHNST	HASTEN, to hurry (to move swiftly) [v]
HASTENER	AEEHNRSR	one that hastens (to hurry (to move swiftly)) [n -S]
HASTIEST	AEHISSTT	HASTY, speedy (swift (moving with great rate of motion)) [adj]
HEDGEHOP	DEEGHHOP	to fly near ground [v -PPED, -PPING, -S]
HEIGHTEN	EEGHHINT	to raise (to move to higher position) [v -ED, -ING, -S]
HELICITY	CEHIILTY	component of particle's spin [n -TIES]
HELICOPT	CEHILOPT	to travel by helicopter [v -ED, -ING, -S]
HELILIFT	EFHIILLT	to transport by helicopter [v -ED, -ING, -S]
HIGHBALL	ABGHHILL	to go at full speed [v -ED, -ING, -S]
HINDERED	DDEEHINR	HINDER, to impede (to obstruct progress of) [v]
HINDERER	DEEHINRR	one that hinders (to impede (to obstruct progress of)) [n -S]
HIRPLING	GHIILNPR	HIRPLE, to limp (to walk lamely) [v]
HOBBLING	BBGHILNO	HOBBLE, to limp (to walk lamely) [v]
HOICKING	CGHIIKNO	HOICK, to change directions abruptly [v]
HOPPLING	GHILNOPP	HOPPLE, to hobble (to limp (to walk lamely)) [v]
HOSEPIPE	EEHIOPPS	flexible tube for conveying fluids [n -S]
HOTCHING	CGHHINOT	HOTCH, to wiggle (to move with short, quick movements from side to side) [v]
HUNKERED	DEEHKNRU	HUNKER, to squat (to bend one's knees and sit on one's heels) [v]
HURDLING	DGHILNRU	HURDLE, to jump over [v]
HURRYING	GHINRRUY	HURRY, to move swiftly [v]
HURTLING	GHILNRTU	HURTLE, to rush violently [v]
HUSTLING	GHILNSTU	HUSTLE, to hurry (to move swiftly) [v]

## I 8s

IDLENESS	DEEILNSS	state of being idle (inactive (not active)) [n -ES]
IMMOTILE	EIILMMOT	lacking mobility [adj]
IMPEDING	DEGIIMNP	IMPEDE, to obstruct progress of [v]
IMPELLED	DEEILLMP	IMPEL, to force into action [v]
IMPELLER	EEILLMPR	one that impels (to force into action) [n -S]
IMPELLOR	EILLMOPR	impeller (one that impels (to force into action)) [n -S]
INACTION	ACIINNOT	lack of action [n -S]
INACTIVE	ACEIINTV	not active [adj]
INCUMBER	BCEIMNRU	to encumber (to hinder in action or movement) [v -ED, -ING, -S]
INERTIAL	AEIILNRT	INERTIA, tendency of body to resist acceleration [adj]
INFOLDED	DDEFILNO	INFOLD, to fold inward [v]
INFOLDER	DEFILNOR	one that infolds (to fold inward) [n -S]
INOTROPE	EINOOPRT	drug for controlling force of muscular contractions [n -S]
INRUSHES	EHINRSSU	INRUSH, rushing in [n]
INSTABLE	ABEILNST	unstable (resistant to sudden change or position or condition) [adj]
INTERMIT	EIIMNRTT	to stop temporarily [v -TTED, -TTING, -S]
INTORTED	DEINORTT	INTORT, to twist inward [v]
INVERTED	DEEINRTV	INVERT, to turn upside down [v]
INVERTER	EEINRRTV	one that inverts (to turn upside down) [n -S]



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IRRUPTED	DEIPRRTU	IRRUPT, to rush in forcibly [v]
ISOSTACY	ACIOSSTY	isostasy (state of balance in earth's crust) [n -CIES]
ISOSTASY	AIOSSSTY	state of balance in earth's crust [n -SIES]

## J 8s

JACULATE	AACEJLTU	to throw (to propel through air with movement of arm) [v -D, -TING, -S]
JAUNCING	ACGIJNNU	JAUNCE, to prance (to spring forward on hind legs) [v]
JAYWALKS	AAJKLSWY	JAYWALK, to cross street recklessly [v]
JERKIEST	EEIJKRST	JERKY, characterized by jerking movements [adj]
JIGGLING	GGGIJLNL	JIGGLE, to shake lightly [v]
JITTERED	DEEIJRTT	JITTER, to fidget (to move nervously or restlessly) [v]
JOGGLING	GGGIJLNO	JOGGLE, to shake slightly [v]
JOUNCING	CGIJNNOU	JOUNCE, to move roughly up and down [v]
JUDDERED	DDDEEJRU	JUDDER, to vibrate (to move back and forth rapidly) [v]
JUMPABLE	ABEJLMPU	JUMP, to spring off ground [adj]
JUMPIEST	EIJMPSTU	JUMPY, nervous (easily excited) [adj]
JUMPROPE	EJMOPPRU	rope used in children's games for jumping [n -S]
JUMPSIES	EIJMPSSU	game involving jumping over taut rope [n]
JUNGLIST	GIJLNSTU	performer of style of fast dance music [n -S]

## K 8s

KAZACHOC	AACCHKOZ	kazachok (Russian folk dance) [n -S]
KAZACHOK	AACHKKOZ	Russian folk dance [n -HKI]
KAZATSKI	AAIKKSTZ	kazachok (Russian folk dance) [n -ES]
KAZATSKY	AAKKSTYZ	kazachok (Russian folk dance) [n -KIES]
KERPLUNK	EKKLNPRU	to fall or drop with heavy sound [v -ED, -ING, -S]
KIBOSHED	BDEHIKOS	KIBOSH, to stop (to discontinue progress or motion of) [v]
KIBOSHES	BEHIKOSS	KIBOSH, to stop (to discontinue progress or motion of) [v]
KICKABLE	ABCEIKKL	KICK, to strike out with foot or feet [adj]
KICKBACK	ABCCIKKK	strong reaction [n -S]
KNACKING	ACGIKKNN	KNACK, to strike sharply [v]
KNAPPING	AGIKNNPP	KNAP, to strike sharply [v]
KNOCKING	CGIKKNNO	KNOCK, to strike sharply [v]
KYBOSHED	BDEHKOSY	KYBOSH, to kibosh (to stop (to discontinue progress or motion of)) [v]
KYBOSHES	BEHKOSSY	KYBOSH, to kibosh (to stop (to discontinue progress or motion of)) [v]

## L 8s

LAMISTER	AEILMRST	lamster (fugitive (one who flees)) [n -S]
LANCIERS	ACEILNRS	French dance [n LANCIERS]
LAPIDATE	AADEILPT	to hurl stones at [v -D, -TING, -S]
LAVEERED	ADEEELRV	LAVEER, to sail against wind [v]
LEACHING	ACEGHILN	LEACH, to subject to filtering action of liquid [v]
LEAPFROG	AEEGLOPR	to jump over with legs wide apart [v -GGED, -GGING, -S]
LEEBOARD	ABDEELOR	board attached to sailing vessel to prevent leeway [n -S]
LEVANTER	AEELNRTV	easterly Mediterranean wind [n -S]
LEVERING	EEGILNRV	LEVER, to move with lever (rigid body used to lift weight) [v]
LIBECCIO	BCCEIILO	southwest wind [n -S]
LIFTABLE	ABEFILLT	LIFT, to move to higher position [adj]
LIMBOING	BGIILMNO	LIMBO, to perform West Indian dance [v]
LINDYING	DGIILNNY	LINDY, to perform fast, lively dance [v]
LISSOMLY	ILLMOSSY	LISSOM, lissome (lithe (bending easily)) [adv]



# A Moveable Feast

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LOADABLE	AABDELLO	LOAD, to place in or on means of conveyance [adj]
LOCOMOTE	CELMOOOT	to move about [v -D, -TING, -S]
LOGGIEST	EGGILOST	LOGGY, logy (sluggish (displaying little movement or activity)) [adj]
LOGINESS	EGILNOSS	state of being logy (sluggish (displaying little movement or activity)) [n -ES]
LOITERED	DEEILORT	LOITER, to stand idly about [v]
LONGJUMP	GJLMNOPU	to jump for distance from running start [v -ED, -ING, -S]
LUNGEING	EGGILNNU	LUNGE, to make forceful forward movement [v]
LURCHING	CGHILNRU	LURCH, to sway abruptly [v]

## M 8s

MAMBOING	ABGIMMNO	MAMBO, to perform ballroom dance [v]
MANEUVER	AEEMNRUV	to change position of for specific purpose [v -ED, -ING, -S]
MANGONEL	AEGLMNNO	medieval military device for hurling stones [n -S]
MARCHING	ACGHIMNR	MARCH, to walk in formal military manner [v]
MASSAGER	AAEGMRSS	one that massages (to manipulate parts of body for remedial or hygienic purposes) [n -S]
MASSEUSE	AEEMSSSU	woman who massages [n -S]
MAZOURKA	AAKMORUZ	mazurka (Polish dance) [n -S]
MBAQANGA	AAABGMNQ	South African dance music [n -S]
MERENGUE	EEEGMNRU	ballroom dance [n -S]
MIGRATOR	AGIMORRT	migrant (one that migrates (to move from one region to another)) [n -S]
MILLRACE	ACEILLMR	current of water that drives mill wheel [n -S]
MINUETED	DEEIMNTU	MINUET, to dance minuet (slow, stately dance) [v]
MIOSISES	EIIOMSSS	MIOSIS, excessive contraction of pupil of eye [n]
MISTHROW	HIMORSTW	to throw errantly [v -REW, -N, -ING, -S]
MIZZLING	GIILMNZZ	MIZZLE, to rain in fine droplets [v]
MOBILISE	BEIILMOS	to mobilize (to put into movement) [v -D, -SING, -S]
MOBILITY	BIILMOTY	ability to move [n -TIES]
MOBILIZE	BEIILMOZ	to put into movement [v -D, -ZING, -S]
MOMENTUM	EMMMNOTU	force of movement [n -S or -TA]
MOONRISE	EIMNOORS	rising of moon above horizon [n -S]
MOONWALK	AKLMNOOW	to walk on moon [v -ED, -ING, -S]
MORRISSES	EIMORRSS	MORRIS, English folk dance [n]
MOSEYING	EGIMNOSY	MOSEY, to saunter (to walk in leisurely manner) [v]
MOTILITY	AIILMOTY	ability to move [n -TIES]
MOTIONAL	AILMNOOT	pertaining to movement (act of moving (to change from one position to another)) [adj]
MOTIONED	DEIMNOOT	MOTION, to signal by bodily movement [v]
MOTIONER	EIMNOORT	one that motions (to signal by bodily movement) [n -S]
MOTIVITY	IIMOTTVY	ability to move [n -TIES]
MOTORING	GIMNOORT	recreation of traveling by automobile [n -S] / MOTOR, to travel by automobile [v]
MOTORIST	IMOORSTT	one who travels by automobile [n -S]
MOVEABLE	ABEELMOV	movable (something that can be moved) [n -S]
MOVEABLY	ABELMOVY	movably (so as to be capable of being moved) [adv]
MOVELESS	EELMOSSV	incapable of movement [adj]
MOVEMENT	EEMMNOTV	act of moving (to change from one position to another) [n -S]
MUSCLIER	CEILMRSU	MUSCLY, composed of muscle (tissue that produces bodily movement) [adj]
MYOGRAPH	AGHMOPRY	instrument for recording muscular contractions [n -S]
MYOSCOPE	CEMOOPSY	instrument for observing muscular contractions [n -S]
MYOSISES	EIMOSSSY	MYOSIS, miosis (excessive contraction of pupil of eye) [n]





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## N 8s

NATANTLY	AALNNTTY	NATANT, floating or swimming [adv]
NATATION	AAINNOTT	act of swimming (to propel oneself in water by natural means) [n -S]
NATATORY	AANORTTY	pertaining to swimming (act of one that swims) [adj]
NIMBLEST	BEILMNST	NIMBLE, agile (able to move quickly and easily) [adj]
NONDANCE	ACDENNNO	unrhythmic dance [n -S]
NORTHING	GHINNORT	movement toward north [n -S]
NOSEDIVE	DEEINOSV	to go into sudden steep drop [v -D or -DOVE, -VING, -S]
NUTATION	AINNOTTU	oscillatory movement of axis of rotating body [n -S]

## O 8s

OBVERTED	BDEEORTV	OBVERT, to turn so as to show different surface [v]
ODOGRAPH	ADGHOOPR	odometer (device for measuring distance traveled) [n -S]
ODOMETER	DEEMOORT	device for measuring distance traveled [n -S]
ODYSSEAN	ADENOSSY	ODYSSEY, long, wandering journey [adj]
ONRUSHES	EHNORSSU	ONRUSH, forward rush or flow [n]
ORBITING	BGIINORT	ORBIT, to move or revolve around [v]
ORIENTED	DEEINORT	ORIENT, to adjust in relation to something else [v]
OUTCLIMB	BCILMOTU	to surpass in climbing (to ascend (to go or move upward)) [v -ED or -CLOMB, -ING, -S]
OUTCRAWL	ACLORTUW	to surpass in crawling (to move with body on or near ground) [v -ED, -ING, -S]
OUTDANCE	ACDENOTU	to surpass in dancing (to move rhythmically to music) [v -D, -CING, -S]
OUTFLIES	EFILOSTU	OUTFLY, to surpass in speed of flight [v]
OUTFLOWN	FLNOOTUW	OUTFLY, to surpass in speed of flight [v]
OUTPITCH	CHIOPTTU	to surpass in pitching (to throw (to propel through air with movement of arm)) [v -ED, -ING, -ES]
OUTPUNCH	CHNOPTUU	to surpass in punching [v -ED, -ING, -ES]
OUTSPEED	DEEOPSTU	to go faster than [v -SPED or -ED, -ING, -S]
OUTSWING	GINOSTUW	to surpass in swinging [v -WUNG, -ING, -S]
OUTTHROW	HOORTTUW	to throw farther or more accurately than [v -REW, -N, -ING, -S]
OVERFAST	AEFORSTV	too fast (moving or able to move quickly) [adj]
OVERIDLE	DEEILORV	too idle [adj]
OVERSTIR	EIORRSTV	to stir too much [v -RRED, -RRING, -S]
OVERTURN	ENORRTUV	to turn over [v -ED, -ING, -S]

## P 8s

PADDLING	ADDGILNP	act of one who paddles (to propel with broad-bladed implement) [n -S]
PALSYING	AGILNPSY	PALSY, to paralyze (to render incapable of movement) [v]
PARADROP	AADOPRR	to deliver by parachute [v -PPED, -PPING, -S]
PARALLAX	AAALLPRX	apparent optical displacement of object [n -ES]
PARALYSE	AAELPRSY	to paralyze (to render incapable of movement) [v -D, -SING, -S]
PARALYZE	AAELPRYZ	to render incapable of movement [v -D, -ZING, -S]
PARASAIL	AAAILPRS	to soar while harnessed to parachute towed by car or boat [v -ED, -ING, -S]
PELLETED	DEEELLPT	PELLET, to strike with pellets (small rounded masses) [v]
PELTERED	DEEELPRT	PELTER, to pelt (to strike repeatedly with blows or missiles) [v]
PENDULAR	ADELNPRU	PENDULUM, type of free swinging body [adj]
PENDULUM	DELMNPUU	type of free swinging body [n -S]
PENSTOCK	CEKNOPST	conduit for conveying water to waterwheel [n -S]
PERIPETY	EEIPPTY	sudden change in course of events [n -TIES]
PINWHEEL	EEHILNPW	to revolve at end of stick [v -ED, -ING, -S]
PIPELINE	EEIILNPP	to convey by line of pipe [v -D, -NING, -S]
PITCHING	CGHIINPT	PITCH, to throw (to propel through air with movement of arm) [v]



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PIVOTING	GIINOPTV	PIVOT, to turn on shaft or rod [v]
PLODDING	DDGILNOP	PLOD, to walk heavily [v]
PLONKING	GIKLNNOP	PLONK, to plunk (to fall or drop heavily) [v]
PLOPPING	GILNOPPP	PLOP, to drop or fall heavily [v]
PLUCKING	CGIKLNPU	PLUCK, to pull out or off [v]
PLUNGING	GGILNNPU	PLUNGE, to throw or thrust suddenly or forcibly into something [v]
PLUNKING	GIKLNNPU	PLUNK, to fall or drop heavily [v]
POINTING	GIINNOPT	POINT, to indicate direction with finger [v]
POKINESS	EIKNOPSS	state of being poky (slow (moving with little speed)) [n -ES]
POLKAING	AGIKLNOP	POLKA, to perform lively dance [v]
POMMELED	DEELMMOP	POMMEL, to strike with fists [v]
POPPLIER	EILOPPPR	POPPLY, choppy (full of short, rough waves) [adj]
POPPLING	GILNOPPP	POPPLER, to move in bubbling or rippling manner [v]
PORPOISE	EIOOPPRS	to move forward with rising and falling motions [v -D, -SING, -S]
POSEABLE	ABEELOPS	POSE, to assume fixed position [adj]
POSITION	IINOOPST	to put in particular location [v -ED, -ING, -S]
POUNDING	DGINNOPU	POUND, to strike heavily and repeatedly [v]
PRANCING	ACGINNPR	PRANCE, to spring forward on hind legs [v]
PRODDING	DDGINOPR	PROD, to jab with something pointed [v]
PROGRADE	ADEGOPRR	pertaining to orbital motion of body [adj]
PROGRESS	EGORPRSS	to move forward or onward [v -ED, -ING, -ES]
PROWLING	GILNOPRW	PROWL, to move about stealthily [v]
PUMMELED	DEELMMPU	PUMMEL, to pommel (to strike with fists) [v]
PUNCHING	CGHINNPU	PUNCH, to perforate with type of tool [v]

## Q 8s

QUANTING	AGINNQTU	QUANT, to propel through water with pole [v]
QUAVERED	ADEEQRUV	QUAVER, to quiver (to shake with slight but rapid motion) [v]
QUAVERER	AEEQRUV	one that quavers (to quiver (to shake with slight but rapid motion)) [n -S]
QUICKEST	CEIKQSTU	QUICK, acting or capable of acting with speed [adj]
QUIRTING	GIINQRTU	QUIRT, to strike with riding whip [v]
QUIVERED	DEEIQRUV	QUIVER, to shake with slight but rapid motion [v]
QUIVERER	EELIQRUV	one that quivers (to shake with slight but rapid motion) [n -S]

## R 8s

RACEWALK	AACEKLRW	to walk for speed while maintaining foot contact with ground and keeping supporting leg straight [v -ED, -ING, -S]
RAILROAD	AADILORR	to transport by railroad (type of road on which locomotives are run) [v -ED, -ING, -S]
RAISABLE	AABEILRS	RAISE, to move to higher position [adj]
RAMBLING	ABGILMNR	RAMBLE, to wander (to move about with no destination or purpose) [v]
RAMPAGER	AAEGMPRR	one that rampages (to move about wildly or violently) [n -S]
REASCEND	ACDEENRS	ASCEND, to go or move upward [v -ED, -ING, -S]
REASSAIL	AAEILRSS	ASSAIL, to attack (to set upon violently) [v -ED, -ING, -S]
RECEDING	CDEEGINR	RECEDE, to move back or away [v]
RECIRCLE	CCEEILRR	CIRCLE, to move or revolve around [v -D, -LING, -S]
RECONVEY	CEENORVY	to convey back to previous position [v -ED, -ING, -S]
REDIPPED	DDEEIPPR	REDIP, DIP, to immerse briefly [v]
REDIRECT	CDEEIRRT	to change course or direction of [v -ED, -ING, -S]
REDRAWER	ADEERRRW	one that redraws (to move by pulling) [n -S]
REDSHIFT	DEFHIRST	displacement of spectrum of celestial body toward longer wavelengths [n -S]
REESTING	EEGINRST	REEST, to balk (to stop short and refuse to proceed) [v]



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REFLEXED	DEEEFLRX	REFLEX, to bend back [v]
REFLEXES	EEEFLLRSX	REFLEX, to bend back [v]
REFLOWED	DEEFLLORW	REFLOW, FLOW, to move steadily and smoothly along [v]
REFLUENT	EEFLNRTU	flowing back [adj]
REFLYING	EFGILNRY	REFLY, FLY, clever (mentally keen) [v]
REHAMMER	AEEHMMRR	HAMMER, to strike repeatedly [v -ED, -ING, -S]
REINLESS	EEILNRSS	unrestrained (to hold back from action) [adj]
REPELLED	DEEELLPR	REPEL, to drive back [v]
REPELLER	EEELLPRR	one that repels (to drive back) [n -S]
REPLUNGE	EEGLNPRU	PLUNGE, to throw or thrust suddenly or forcibly into something [v -D, -GING, -S]
REPULSER	EELPRRSU	one that repulses (to drive back) [n -S]
RERISING	EGIINRRS	RERISE, RISE, to move upward [v]
REROLLED	DEELLORR	REROLL, ROLL, to move along by repeatedly turning over [v]
REROLLER	EELLORRR	one that rerolls (to move along by repeatedly turning over) [n -S]
RESAILED	ADEEILRS	RESAIL, SAIL, to move across surface of water by action of wind [v]
RESILING	EGIILNRS	RESILE, to spring back [v]
RESPRING	EGINPRRS	SPRING, to move upward suddenly and swiftly [v -RANG or -RUNG, -ING, -S]
RESTABLE	ABEELRST	STABLE, resistant to sudden change or position or condition [v -D, -LING, -S]
RESTITCH	CEHIRSTT	STITCH, to join by making in-and-out movements with threaded needle [v -ED, -ING, -ES]
RESTRAIN	AEINRRST	to hold back from action [v -ED, -ING, -S]
RESTRIKE	EEIKRRST	STRIKE, to hit forcibly [v -RUCK, -ICKEN, -KING, -S]
RETACKLE	ACEEKLRT	TACKLE, to seize and throw to ground [v -LED, -LING, -LES]
RETARDED	ADDEERRT	RETARD, to slow progress of [v]
RETARDER	ADEERRRT	one that retards (to slow progress of) [n -S]
RETURNED	DEENRRTU	RETURN, to come or go back [v]
RETURNEE	EEENRRTU	one that has returned [n -S]
RETURNER	EENRRRTU	one that returns (to come or go back) [n -S]
REVENANT	AEENNRTV	one that returns (to come or go back) [n -S]
REVERSAL	AEELRRSV	act of reversing (to turn or move in opposite direction) [n -S]
REVERSER	EEERRRSV	one that reverses (to turn or move in opposite direction) [n -S]
REWINDED	DDEEINRW	REWIND, WIND, to pass around object or fixed center [v]
REWINDER	DEEINRRW	one that rewinds (to pass around object or fixed center) [n -S]
RHUMBAED	ABDEHMRU	RHUMBA, to rumba (to perform ballroom dance) [v]
RIGADOON	ADGINOOR	lively dance [n -S]
RIGAUDON	ADGINORU	rigadoon (lively dance) [n -S]
ROCKABLE	ABCEKLOR	ROCK, to move back and forth [adj]
ROCKETED	CDEEKORT	ROCKET, to convey by means of rocket (device propelled by reaction of escaping gases) [v]
ROLLABLE	ABELLOR	ROLL, to move along by repeatedly turning over [adj]
ROLLOVER	ELLOORRV	motor vehicle accident in which vehicle overturns [n -S]
ROTATING	AGINORTT	ROTATE, to turn about axis [v]
ROUSTING	GINORSTU	ROUST, to arouse and drive out [v]
RUMBAING	ABGIMNRU	RUMBA, to perform ballroom dance [v]
RUNNIEST	EINNRSTU	RUNNY, tending to drip [adj]
RUNROUND	DNNORRUU	evasive action [n -S]

## S 8s

SABERING	ABEGINRS	SABER, to strike with saber (type of sword) [v]
SACCADIC	AACCCDIS	SACCADE, rapid, jerky movement of eye [adj]



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SAGGIEST	AEGGISST	SAGGY, characterized by sagging [adj]
SAILABLE	AABEILLS	SAIL, to move across surface of water by action of wind [adj]
SAILPAST	AAILPSST	sailing of ships past place [n -S]
SALLYING	AGILLNSY	SALLY, to rush out suddenly [v]
SAMBAING	AABGIMNS	SAMBA, to perform Brazilian dance [v]
SARABAND	AAABDNRS	stately Spanish dance [n -S]
SASHAYED	AADEHSSY	SASHAY, to flounce (to move with exaggerated motions) [v]
SCENDING	CDEGINNS	SCEND, to rise upward, as ship on wave [v]
SCHUSSED	CDEHSSSU	SCHUSS, to make fast, straight run in skiing [v]
SCHUSSER	CEHRSSSU	one that schusses (to make fast, straight run in skiing) [n -S]
SCHUSSES	CEHSSSSU	SCHUSS, to make fast, straight run in skiing [v]
SCLAFFED	ACDEFFLS	SCLAFF, to strike ground with club before hitting ball in golf [v]
SCLAFFER	ACEFFLRS	one that sclafts (to strike ground with club before hitting ball in golf) [n -S]
SCOOCHED	CCDEHOOS	SCOOCH, to slide with short movements [v]
SCOOCHES	CCEHOOSS	SCOOCH, to slide with short movements [v]
SCRAMBLE	ABCELMRS	to move or climb hurriedly [v -D, -LING, -S]
SCROLLED	CDELLORS	SCROLL, to move text across display screen [v]
SCROOTCH	CCHOORST	to scrooch (to crouch (to stoop (to bend body forward and down))) [v -ED, -ING, -ES]
SCUBAING	ABCGINSU	SCUBA, to swim underwater using breathing device with compressed air [v]
SCUDDING	CDDGINSU	SCUD, to run or move swiftly [v]
SCUFFING	CFFGINSU	SCUFF, to walk without lifting feet [v]
SCULKING	CGIKLNSU	SCULK, to skulk (to move about stealthily) [v]
SCULLING	CGILLNSU	SCULL, to propel with type of oar [v]
SCURRIED	CDEIRRSU	SCURRY, to move hurriedly [v]
SCURRIES	CEIRRSSU	SCURRY, to move hurriedly [v]
SEDATELY	ADEELSTY	SEDATE, calm (free from agitation) [adv]
SEDATEST	ADEESSTT	SEDATE, calm (free from agitation) [adj]
SEESAWED	ADEESSWW	SEESAW, to move up and down or back and forth [v]
SHAFTING	AFGHINST	system of rods for transmitting motion or power [n -S] / SHAFT [v]
SHAKABLE	AABEHKLS	SHAKE, to move to and fro with short, rapid movements [adj]
SHEERING	EEGHINRS	SHEER, to swerve (to turn aside suddenly from straight course) [v]
SHIFTING	FGHIINST	act of moving from one place to another [n -S] / SHIFT [v]
SHIMMIED	DEHIIMMS	SHIMMY, to vibrate or wobble [v]
SHIMMIES	EHIIMMSS	SHIMMY, to vibrate or wobble [v]
SHINDIES	DEHIINSS	SHINDY, shindig (elaborate dance or party) [n]
SHINNIED	DEHIINNS	SHINNY, to shin (to climb by gripping and pulling alternately with hands and legs) [v]
SHINNIES	EHIINNSS	SHINNY, to shin (to climb by gripping and pulling alternately with hands and legs) [v]
SHINNING	GHIINNNS	SHIN, to climb by gripping and pulling alternately with hands and legs [v]
SHLEPPED	DEEHLPPS	SHLEP, to schlep (to lug or drag) [v] / SHLEPP, to schlep (to lug or drag) [v]
SHLEPPER	EEHLPPRS	one that schleps (to lug or drag) [n -S]
SHOOSHED	DEHHOOSS	SHOOSH, to move with rushing sound [v]
SHOOSHES	EHHOOSSS	SHOOSH, to move with rushing sound [v]
SHRUGGED	DEGGHRSU	SHRUG, to raise and contract shoulders [v]
SHUFFLER	EFFHLRSU	one that shuffles (to walk without lifting feet) [n -S]
SHUFFLES	EFFHLSSU	SHUFFLE, to walk without lifting feet [v]
SHUNPIKE	EHIKNPSU	to travel on side roads to avoid expressways [v -D, -KING, -S]
SHUNTING	GHINNSTU	SHUNT, to turn aside [v]



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SHUTTLE	EHLRSTTU	one that shuttles (to move or travel back and forth) [n -S]
SIDESTEP	DEEIPSST	to step to one side [v -PPED, -PPING, -S]
SINKABLE	ABEIKLNS	SINK, to move to lower level [adj]
SKANKING	AGIKKNNS	SKANK, to dance in loose-limbed manner [v]
SKELPING	EGIKLNPS	SKELP, to slap (to strike with open hand) [v]
SKIDDING	DDGIKNS	SKID, to slide sideways as result of loss of traction [v] work of hauling logs from cutting area [n -S]
SKIPPING	GIIKNPPS	SKIP, to move with light springing steps [v]
SKIRRING	GIIKNRRS	SKIRR, to move rapidly [v]
SKULKING	GIKKLSNU	SKULK, to move about stealthily [v]
SKYBORNE	BEKNORSY	airborne (flying) [adj]
SLALOMED	ADELLMOS	SLALOM, to ski in zigzag course [v]
SLALOMER	AELLMORS	one that slaloms (to ski in zigzag course) [n -S]
SLAPPING	AGILNPPS	SLAP, to strike with open hand [v]
SLEDDING	DDEGILNS	act of one that sleds [n -S] / SLED [v]
SLEDGING	DEGGILNS	SLEDGE, to convey on type of sled [v]
SLIDABLE	ABDEILLS	SLIDE, to move smoothly along surface [adj]
SLINGING	GGIILNNS	SLING, to throw with sudden motion [v]
SLINKING	GIIKLNNS	SLINK, to move stealthily [v]
SLITHERY	EHILRSTY	slippery (causing or tending to cause slipping) [adj] / [adj -RIER, -RIEST]
SLOGGING	GGGILNOS	SLOG, to plod (to walk heavily) [v]
SLOSHING	GHILNOSS	SLOSH, to move with splashing motion [v]
SLOTHFUL	FHLLOSTU	sluggish (displaying little movement or activity) [adj]
SLOUCHED	CDEHLOSU	SLOUCH, to sit, stand, or move with drooping posture [v]
SLOUCHER	CEHLORSU	one that slouches (to sit, stand, or move with drooping posture) [n -S]
SLOUCHES	CEHLOSSU	SLOUCH, to sit, stand, or move with drooping posture [v]
SLOWNESS	ELNOSSSW	state of being slow (moving with little speed) [n -ES]
SLUGGING	GGGILNSU	SLUG, to strike heavily [v]
SLUGGISH	GGHILSSU	displaying little movement or activity [adj]
SMACKING	ACGIKMNS	SMACK, to strike sharply [v]
SNAILING	AGIILNNS	SNAIL, to move slowly [v]
SNARLING	AGILNNRS	SNARL, to growl viciously [v]
SNEAKING	AEGIKNNS	SNEAK, to move stealthily [v]
SNOWSHOE	EHNOOSSW	to walk on snowshoes (oval frames that allow person to walk on deep snow) [v -D, -ING, -S]
SOUTHING	GHINOSTU	movement toward south [n -S] / SOUTH, to move toward south [v]
SPARGING	AGGINPRS	SPARGE, to sprinkle (to scatter drops or particles on) [v]
SPATTING	AGINPSTT	SPAT, to strike lightly [v]
SPEEDIER	DEEEIPRS	SPEEDY, swift (moving with great rate of motion) [adj]
SPEEDING	DEEGINPS	act of driving faster than law allows [n -S] / SPEED, to move swiftly [v]
SPEELING	EEGILNPS	SPEEL, to climb (to ascend (to go or move upward)) [v]
SPEILING	EGIILNPS	SPEIL, to speil (to climb (to ascend (to go or move upward))) [v]
SPIRALED	ADEILPRS	SPIRAL, to move like spiral (type of plane curve) [v]
SPLATTER	AELPRSTT	to splatter (to scatter in drops) [v -ED, -ING, -S]
SPRADDLE	ADDELPRS	to straddle (to sit, stand, or walk with legs wide apart) [v -D, -LING, -S]
SPRINGER	EGINPRRS	one that springs (to move upward suddenly and swiftly) [n -S]
SPRINKLE	EIKLNPRS	to scatter drops or particles on [v -D, -LING, -S]
SPRINTED	DEINPRST	SPRINT, to run at top speed [v]





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SPRINTER	EINPRRST	one that sprints (to run at top speed) [n -S]
SQUATTED	ADEQSTTU	SQUAT, to bend one's knees and sit on one's heels [v]
SQUATTER	AEQRSTTU	to move through water [v -ED, -ING, -S]
SQUIGGLE	EGGILQSU	to wriggle (to turn or twist in sinuous manner) [v -D, -LING, -S]
SQUIRMED	DEIMQRSU	SQUIRM, to wriggle (to turn or twist in sinuous manner) [v]
SQUIRMER	EIMQRRSU	one that squirms (to wriggle (to turn or twist in sinuous manner)) [n -S]
STABLEST	ABELSSTT	STABLE, resistant to sudden change or position or condition [adj]
STAGNANT	AAGNNSTT	not moving or flowing [adj]
STAGNATE	AAEGNSTT	to become stagnant [v -D, -TING, -S]
STANCHED	ACDEHNST	STANCH, to stop flow of blood from [v]
STANCHER	ACEHNRST	one that stanches (to stop flow of blood from) [n -S]
STANCHES	ACEHNSST	STANCH, to stop flow of blood from [v]
STARSHIP	AHIPRSST	spaceship for interstellar travel [n -S]
STEPPING	EGINPPST	STEP, to move by lifting foot and setting it down in another place [v]
STERNWAY	AENRSTWY	backward movement of vessel [n -S]
STICTION	CIINOSTT	force required to begin to move body that is in contact with another body [n -S]
STIRRING	GIINRRST	beginning of motion [n -S] / STIR [v]
STITCHED	CDEHISTT	STITCH, to join by making in-and-out movements with threaded needle [v]
STITCHER	CEHIRSTT	one that stitches (to join by making in-and-out movements with threaded needle) [n -S]
STITCHES	CEHISSTT	STITCH, to join by making in-and-out movements with threaded needle [v]
STOOPING	GINOOPST	STOOP, to bend body forward and down [v]
STOPPAGE	AEGOPPST	act of stopping (to discontinue progress or motion of) [n -S]
STOPPING	GINOPPST	STOP, to discontinue progress or motion of [v]
STRAGGLE	AEGLRST	to stray (to wander from proper area or course) [v -D, -LING, -S]
STRAVAGE	AAEGRSTV	to stroll (to walk in leisurely manner) [v -D, -GING, -S]
STRAVAIG	AAGIRSTV	to stravage (to stroll (to walk in leisurely manner)) [v -ED, -ING, -S]
STRAYING	AGINRSTY	STRAY, to wander from proper area or course [v]
STREEKED	DEEEKRST	STREEK, to stretch (to draw out or open to full length) [v]
STREEKER	EEEKRRST	one that streaks (to stretch (to draw out or open to full length)) [n -S]
STREELED	DEEELRST	STREEL, to saunter (to walk in leisurely manner) [v]
STRIDDEN	DDEINRST	STRIDE, to walk with long steps [v]
STRIDING	DGIINRST	STRIDE, to walk with long steps [v]
STRIKING	GIIKNRST	act of hitting something forcibly [n -S] / STRIKE, to hit forcibly [v]
STROLLED	DELLORST	STROLL, to walk in leisurely manner [v]
STROLLER	ELLORRST	one that strolls (to walk in leisurely manner) [n -S]
STUBBING	BBGINSTU	STUB, to strike accidentally against projecting object [v]
STRUCKEN	CEKNRSTU	STRIKE, to hit forcibly [v]
STRUMMED	DEMMRSTU	STRUM, to play stringed instrument by running fingers lightly across strings [v]
STRUMMER	EMMRSTU	one that strums (to play stringed instrument by running fingers lightly across strings) [n -S]
STRUNTED	DENRSTTU	STRUNT, to strut (to walk with pompous air) [v]
STRUTTED	DERSTTTU	STRUT, to walk with pompous air [v]
STRUTTER	ERRSTTTU	one that struts (to walk with pompous air) [n -S]
STUMBLER	BELMRSTU	one that stumbles (to miss one's step in walking or running) [n -S]
SUBSONIC	BCINOSSU	moving at speed less than that of sound [adj]
SUPINATE	AEINPSTU	to turn so that palm is facing upward [v -D, -TING, -S]
SURCEASE	ACEERSSU	to cease (to stop (to discontinue progress or motion of)) [v -D, -SING, -S]
SWAGGING	AGGGINSW	SWAG, to sway (to move slowly back and forth) [v]



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SWANKING	AGIKNSW	SWANK, to swagger (to walk with pompous air) [v]
SWARMING	AGIMNSW	SWARM, to move in large group [v]
SWASHING	AGHINSSW	SWASH, to swagger (to walk with pompous air) [v]
SWAYABLE	AABELSWY	SWAY, to move slowly back and forth [adj]
SWAYBACK	AABCKSWY	abnormal sagging of back [n -S]
SWEEPING	EEGINPSW	act of one that sweeps [n -S] / SWEEP, to clear or clean with brush or broom [v]
SWERVING	EGINRSVW	SWERVE, to turn aside suddenly from straight course [v]
SWIMMIER	EIIMMSW	SWIMMY, dizzy (having sensation of whirling) [adj]
SWIMMILY	IILMMSWY	SWIMMY, dizzy (having sensation of whirling) [adv]
SWIMMING	GIIMNSW	act of one that swims [n -S] / SWIM, to propel oneself in water by natural means [v]
SWINGIER	EGIINRSW	SWINGY, marked by swinging [adj]
SWINGING	GGIINNSW	lively and hip [adj -EST] / SWING, to move freely back and forth [v]
SWIRLING	GIILNSW	SWIRL, to move with whirling motion [v]
SWISHING	GHIINSSW	SWISH, to move with prolonged hissing sound [v]
SWIVELED	DEEILSVW	SWIVEL, to turn on pivoted support [v]
SWOOSHED	DEHOOSSW	SWOOSH, to move with rustling sound [v]
SWOOSHES	EHOOSSW	SWOOSH, to move with rustling sound [v]
SYSTOLIC	CILOSSTY	SYSTOLE, normal rhythmic contraction of heart [adj]

## T 8s

TACKLING	ACGIKLN	TACKLE, to seize and throw to ground [v]
TAILGATE	AAEGILTT	to drive dangerously close behind another vehicle [v -D, -TING, -S]
TAILSPIN	AIILNPST	to spin headlong down toward earth [v -NNED or -PUN, -NNING, -S]
TAILWIND	ADIILNTW	wind coming from behind moving vehicle [n -S]
TANGOING	AGGINNOT	TANGO, to perform Latin American dance [v]
TEETERED	DEEEERTT	TEETER, to move unsteadily [v]
TELEMARK	AEEKLMRT	type of turn in skiing [n -S]
THRASHED	ADEHHRST	THRASH, to beat (to strike repeatedly) [v]
THRASHER	AEHHRST	one that thrashes (to beat (to strike repeatedly)) [n -S]
THRASHES	AEHHRST	THRASH, to beat (to strike repeatedly) [v]
THROWING	GHINORTW	THROW, to propel through air with movement of arm [v]
THUMPING	GHIMNPTU	THUMP, to strike so as to make dull, heavy sound [v]
THWACKED	ACDEHKTW	THWACK, to strike with something flat [v]
THWACKER	ACEHKRTW	one that thwacks (to strike with something flat) [n -S]
TIDELAND	ADDEILNT	land alternately covered and uncovered by tide [n -S]
TIPPYTOE	EIOPPTY	to tiptoe (to walk on tips of one's toes) [v -D, -ING, -S]
TITTUPED	DEIPTTTU	TITTUP, to move in lively manner [v]
TODDLING	DDGILNOT	TODDLE, to walk unsteadily [v]
TOMAHAWK	AAHKMOTW	to strike with light ax [v -ED, -ING, -S]
TOTTERED	DEEORTTT	TOTTER, to walk unsteadily [v]
TOTTERER	EEORRTTT	one that totters (to walk unsteadily) [n -S]
TOUCHPAD	ACDHOPTU	keypad sensitized to finger movement or pressure [n -S]
TRACKPAD	AACDKPRT	touchpad (keypad sensitized to finger movement or pressure) [n -S]
TRACTIVE	ACEIRTTV	TRACTION, act of pulling or drawing over surface [adj]
TRAIKING	AGIKNRT	TRAIK, to trudge (to walk tiredly) [v]
TRAILING	AGIILNRT	TRAIL, to drag along surface [v]
TRAMELED	ADEELMRT	TRAMEL, to trammel (to hinder (to impede (to obstruct progress of))) [v]
TRAMMING	AGIMMRT	TRAM, to convey in tramcar [v]



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TRAMPING	AGIMNPRT	TRAMP, to walk with firm, heavy step [v]
TRANSFER	AEFNRRST	to convey from one source to another [v -RRED, -RRING, -S]
TRANSHIP	AHINPRST	to transfer from one conveyance to another [v -PPED, -PPING, -S]
TRAPESED	ADEEPRST	TRAPES, to traipse (to walk about in idle or aimless manner) [v]
TRAPESES	AEEPRSST	TRAPES, to traipse (to walk about in idle or aimless manner) [v]
TRAVELED	ADEELRTV	TRAVEL, to go from one place to another [v]
TRAVELER	AEELRRTV	one that travels (to go from one place to another) [n -S]
TREADING	ADEGINRT	TREAD, to walk on, over, or along [v]
TREKKING	EGIKKNRT	TREK, to make slow or arduous journey [v]
TREMBLER	BEELMRRT	one that trembles (to shake involuntarily) [n -S]
TRIPPANT	AINPPRTT	walking -- used of heraldic animal [adj]
TRIPPING	GIINPPRT	act of one that trips [n -S] / TRIP [v]
TROLLIED	DEILLORT	TROLLY, to trolley (to convey by streetcar) [v]
TROMPING	GIMNOPRT	TROMP, to tramp (to walk with firm, heavy step) [v]
TROOPING	GINOOPRT	TROOP, to move or gather in crowds [v]
TROTTING	GINORTTT	harness racing [n -S] / TROT, to go at gait between walk and run [v]
TRUDGEON	DEGNORTU	trudgen (swimming stroke) [n -S]
TRUDGING	DGGINRTU	TRUDGE, to walk tiredly [v]
TRUNDLER	DELNRRTU	one that trundles (to propel by causing to rotate) [n -S]
TRUNNION	INNNORTU	pin or pivot on which something can be rotated [n -S]
TUMBLING	BGILMNTU	sport of gymnastics [n -S] / TUMBLE, to fall or roll end over end [v]
TURNABLE	ABELNRTU	TURN, to move around central point [adj]
TURNSOLE	ELNORSTU	plant that turns with sun [n -S]
TWEEZING	EEGINTWZ	TWEEZE, to pluck with tweezer [v]
TWIRLING	GIILNRTW	TWIRL, to rotate rapidly [v]
TWITCHED	CDEHITTW	TWITCH, to move or pull with sudden motion [v]
TWITCHER	CEHIRTW	one that twitches (to move or pull with sudden motion) [n -S]
TWITCHES	CEHISTTW	TWITCH, to move or pull with sudden motion [v]

## U 8s

UNBEATEN	ABEENNTU	BEAT, to strike repeatedly [adj]
UNDOCKED	CDDEKNOU	UNDOCK, to move away from dock [v]
UNDULATE	ADELNTUU	to move with wavelike motion [v -D, -TING, -S]
UNMOVING	GIMNNOUV	MOVE, to change from one position to another [adj]
UNRAISED	ADEINRSU	RAISE, to move to higher position [adj]
UNRUSHED	DEHNRSUU	RUSH, to move swiftly [adj]
UNSETTLE	EELNSTTU	to make unstable (resistant to sudden change or position or condition) [v -D, -LING, -S]
UNSHAKEN	AEHKNNNU	SHAKE, to move to and fro with short, rapid movements [adj]
UNSTABLE	ABELSNTU	STABLE, resistant to sudden change or position or condition [adj -R, -ST]
UNSWAYED	ADENSUWY	SWAY, to move slowly back and forth [adj]
UNTURNED	DENNRTUU	TURN, to move around central point [adj]
UPDARTED	ADDEPRTU	UPDART, to dart up [v]
UPDIVING	DGIINPUV	UPDIVE, to spring upward [v]
UPHEAVAL	AAEHLPUV	act of upheaving (to heave up) [n -S]
UPHEAVER	AEEHPRUV	one that upheaves (to heave up) [n -S]
UPPERCUT	CEPPRTUU	to strike upward blow [v -CUT, -TTING, -S]
UPRUSHED	DEHNRSUU	UPRUSH, to rush up [v]
UPRUSHES	EHPRSSUU	UPRUSH, to rush up [v]



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UPSETTER	EPRSTTU	one that upsets (to overturn (to turn over)) [n -S]
UPSOARED	ADEOPRSU	UPSOAR, to soar upward [v]
UPSPRING	GINPPRSU	to spring up [v -RANG or -RUNG, -ING, -S]
UPTILTED	DEILPTTU	UPTILT, to tilt upward [v]
UPTURNED	DENPRTUU	UPTURN, to turn up or over [v]
URETERAL	AEELRRTU	URETER, duct that conveys urine from kidney to bladder [adj]
URETERIC	CEEIRRTU	URETER, duct that conveys urine from kidney to bladder [adj]

## V 8s

VAGILITY	AGIILTVY	freedom of movement [n -TIES]
VAROOMED	ADEMOORV	VAROOM, to vroom (to run engine at high speed) [v]
VASCULAR	AACLRSUV	pertaining to ducts that convey body fluids [adj]
VERGENCE	CEEEGNRV	movement of one eye in relation to other [n -S]
VESSELED	DEEELSSV	VESSEL, craft for traveling on water [adj]
VIATORES	AEIORSTV	VIATOR, traveler (one that travels (to go from one place to another)) [n]
VIBRATOR	ABIORRTV	something that vibrates [n -S]
VOGUEING	EGGINOUV	voguing (dance consisting of series of styled poses) [n -S]
VOLITANT	AILNOTTV	volant (flying or capable of flying) [adj]
VOLLEYED	DEELLOVY	VOLLEY, to return tennis ball before it touches ground [v]
VOLLEYER	EELLORVY	one that volleys (to return tennis ball before it touches ground) [n -S]
VOLPLANE	AELLNOPV	to glide in airplane [v -D, -NING, -S]
VOYAGING	AGGINOVY	action of travelling over or across, especially by sea [n -S] / VOYAGE [v]
VROOMING	GIMNOORV	VROOM, to run engine at high speed [v]

## W 8s

WABBLING	ABBGILNW	WABBLE, to wobble (to move unsteadily) [v]
WADDLING	ADDGILNW	WADDLE, to walk with short, swaying steps [v]
WADDYING	ADDGINWY	WADDY, to strike with thick club [v]
WAGGLING	AGGGILNW	WAGGLE, to wag (to move briskly up and down or to and fro) [v]
WAGGONED	ADEGGNOW	WAGGON, to wagon (to convey by wagon (four-wheeled, horse-drawn vehicle)) [v]
WAGGONER	AEGGNORW	wagoner (one who drives wagon) [n -S]
WAGONAGE	AAEGGNOW	conveyance by wagon [n -S]
WAGONING	AGGINNOW	WAGON, to convey by wagon (four-wheeled, horse-drawn vehicle) [v]
WALKABLE	AABEKLLW	WALK, to advance on foot [adj]
WALTZING	AGILNTWZ	WALTZ, to perform ballroom dance [v]
WAMBLING	ABGILMNW	WAMBLE, to move unsteadily [v]
WANDERED	ADDEENRW	WANDER, to move about with no destination or purpose [v]
WANDERER	ADEENRRW	one that wanders (to move about with no destination or purpose) [n -S]
WATERAGE	AAEGHRTW	conveyance of goods by water [n -S]
WAVERING	AEGINRVW	WAVER, to move back and forth [v]
WAYFARER	AAEFRRWY	traveler (one that travels (to go from one place to another)) [n -S]
WESTERED	DEEERSTW	WESTER, to move toward west [v]
WESTERLY	EELRSTWY	wind from west [n -LIES]
WHACKING	ACGHIKNW	act or instance of striking something sharply [n -S] / WHACK, to strike sharply [v]
WHAPPING	AGHINPPW	WHAP, to whop (to strike forcibly) [v]
WHEELING	EEGHILNW	WHEEL [v]
WHIDDING	DDGHIINW	WHID, to move rapidly and quietly [v]
WHIFFING	FFGHIINW	WHIFF, to blow or convey with slight gusts of air [v]
WHIFFLER	EFFHILRW	one that whiffles (to move or think erratically) [n -S]
WHIPPING	GHIINPPW	WHIP, to strike with whip (instrument for administering corporal punishment) [v]



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WHIRLING	GHIILNRW	WHIRL, to revolve rapidly [v]
WHIRRIED	DEHIIRRW	WHIRRY, to hurry (to move swiftly) [v]
WHIRRIES	EHIIRRSW	WHIRRY, to hurry (to move swiftly) [v]
WHIRRING	GHIINRRW	WHIR, to move with buzzing sound [v]
WHISHING	GHHIINSW	WHISH, to move with hissing sound [v]
WHISKING	GHIIKNSW	WHISK, to move briskly [v]
WHIZZING	GHIINWZZ	WHIZ, to move with buzzing or hissing sound [v]
WHOOSHED	DEHHOOSW	WHOOSH, to move with hissing sound [v]
WHOOSHES	EHHOOSSW	WHOOSH, to move with hissing sound [v]
WHOPPING	GHINOPPW	WHOP, to strike forcibly [v]
WHUMPING	GHIMNPUW	WHUMP, to thump (to strike so as to make dull, heavy sound) [v]
WIDDLING	DDGIILNW	WIDDLE, to wriggle (to turn or twist in sinuous manner) [v]
WIGGLING	GGGIILNW	WIGGLE, to move with short, quick movements from side to side [v]
WINDABLE	ABDEILNW	WIND, to pass around object or fixed center [adj]
WINDLING	DGIILNNW	WINDLE, to wind (to pass around object or fixed center) [v]
WINDPIPE	DEIINPPW	trachea (passage for conveying air to lungs) [n -S]
WINDSOCK	CDIKNOSW	device used to indicate wind direction [n -S]
WINDSURF	DFINRSUW	to sail on sailboard [v -ED, -ING, -S] / [adj -ER]
WINDWARD	ADDINRWW	direction from which wind blows [n -S]
WINTLING	GIILNNTW	WINTLE, to stagger (to walk or stand unsteadily) [v]
WITHDRAW	ADHIRTWW	to move back or away [v -REW, -N, -ING, -S]
WOBBLING	BBGILNOW	WOBBLE, to move unsteadily [v]
WOOSHING	GIHNOOSW	WOOSH, to whoosh (to move with hissing sound) [v]
WORMGEAR	AEGMORRW	gear wheel driven by worm (rotating shaft with threads) [n -S]
WRIGGLER	EGGILRRW	one that wriggles (to turn or twist in sinuous manner) [n -S]
WRISTIERS	EIIRSTW	WRISTY, using much wrist action [adj]
		<b>X 8s</b>
		<b>Y 8s</b>
YACHTING	ACGHINTY	YACHT, to sail in yacht (vessel used for pleasure cruising or racing) [v]
		<b>Z 8s</b>