



A Moveable Feast

Feast your eyes on great bingo moves about **MOVEMENT, IDLENESS, STOPPAGE**
compiled by Jacob Cohen, Asheville Scrabble Club

Movement, Idleness, Stoppage 7s

A

ABASIAS	AAABISS	ABASIA, defect in muscular coordination in walking [n]
ABDUCED	ABCDDEU	ABDUCE, to abduct (to draw away from original position) [v]
ABDUCES	ABCDESU	ABDUCE, to abduct (to draw away from original position) [v]
ABDUCTS	ABCDSTU	ABDUCT, to draw away from original position [v]
ABEYANT	AABENTY	marked by abeyance (temporary inactivity) [adj]
ABOULIA	AABILOU	abulia (loss of will power) [n -S]
ABOULIC	ABCILOU	ABOULIA, abulia (loss of will power) [adj]
ABROACH	AABCHOR	astir (moving about) [adj]
ABSCOND	ABCDNOS	to depart suddenly and secretly [v -ED, -ING, -S]
ABSENTS	ABENSST	ABSENT, to take or keep away [v]
ABULIAS	AABILSU	ABULIA, loss of will power [n]
ACROBAT	AABCORT	one skilled in feats of agility and balance [n -S]
ACTUATE	AACETTU	to set into action or motion [v -D, -TING, -S]
ADDUCTS	ACDDSTU	ADDUCT, to draw toward main axis [v]
ADEEMED	ADDEEEM	ADEEM, to take away [v]
ADVANCE	AACDENV	to move or cause to move ahead [v -D, -CING, -S]
ADVECTS	ACDESTV	ADVECT, to convey or transport by flow of fluid [v]
AEROBAT	AABEORT	one that performs feats in aircraft [n -S]
AGILELY	AEGILLY	AGILE, able to move quickly and easily [adv]
AGITATE	AAEGITT	to move with violent, irregular action [v -D, -TING, -S]
AIRBALL	AABILLR	to miss basket in basketball [v -ED, -ING, -S]
AIRDROP	ADIOPRR	to drop from aircraft [v -PPED, -PPING, -S]
AIRLIFT	AFIILRT	to transport by airplane [v -ED, -ING, -S]
AIRSICK	ACIIKRS	nauseated from flying in airplane [adj]
AKEBIAS	AABEIKS	AKEBIA, climbing shrub [n]
ALIYAHS	AAHILSY	ALIYAH, immigration of Jews to Israel [n]
ALIYOTH	AHILOTY	ALIYAH, immigration of Jews to Israel [n]
AMATOLS	AALMOST	AMATOL, powerful explosive [n]
AMBLERS	ABELMRS	AMBLER, one that ambles (to saunter (to walk in leisurely manner)) [n]
AMBLING	ABGILMN	AMBLE, to saunter (to walk in leisurely manner) [v]
AMMONAL	AALMMNO	powerful explosive [n -S]
ANEARED	AADEENR	ANEAR, to approach (to come near or nearer to) [v]
ANIMALS	AAILMNS	ANIMAL, living organism typically capable of voluntary motion and sensation [n]
ANIMATE	AAEIMNT	to give life to [v -D, -TING, -S]
ANKLING	AGIKLNN	ANKLE, to walk (to advance on foot) [v]
ANTISAG	AAGAINST	designed to prevent sagging [adj]
APPLIED	ADEILPP	APPLY, to bring into contact with something [v]
APPLIER	AEILPPR	one that applies (to bring into contact with something) [n -S]
APPLIES	AEILPPS	APPLY, to bring into contact with something [v]
APPRESS	AEPPRSS	to press close to something else [v -ED, -ING, -ES]
APPULSE	AELPPSU	approach of one moving body toward another [n -S]
APRAXIA	AAAIPRX	loss of ability to perform coordinated movements [n -S]
APRAXIC	AACIPRX	APRAXIA, loss of ability to perform coordinated movements [adj]
AQUIVER	AEIQRUV	quivering (shake with slight but rapid motion) [adj]
ARCHING	ACGHINR	ARCH, to bend like arch [v]

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ARCKING	ACGIKNR	ARC, to move in curved course [v]
ARISING	AGIINRS	ARISE, to get up [v]
AROINTS	AINORST	AROINT, to drive away [v]
AROYNTS	ANORSTY	AROYNT, to aroint (to drive away) [v]
ARRANGE	AAEGNRR	to put in definite or proper order [v -D, -GING, -S]
ARRAYAL	AAALRRY	act of arraying (to put in definite or proper order) [n -S]
ARRAYED	AADERRY	to place in proper or desired order [v]
ARRAYER	AAERRRY	one that arrays (to put in definite or proper order [n -S])
ASCENDS	ACDENS	ASCEND, to go or move upward [v]
ASCENTS	ACENSST	ASCENT, act of ascending (to go or move upward) [n]
ASSAILS	AAILSSS	ASSAIL, to attack (to set upon violently) [v]
ASTATIC	AACISTT	unstable (resistant to sudden change or position or condition) [adj]
ATLATLS	AALLSTT	ATLATL, device for throwing spear or dart [n]
ATTRACT	AACRTTT	to cause to approach or adhere [v -ED, -ING, -S]
AUTEURS	AERSTUU	AUTEUR, creator of film (motion picture) [n]
AVERTED	ADEERTV	AVERT, to turn away [v]
AVERTER	AEERTTV	one that averts (to turn away) [n -S]
AVERTER	AEERTTV	one that averts (to turn away) [n -S]
AVIATED	AADEITV	AVIATE, to fly aircraft [v]
AVIATES	AAEISTV	AVIATE, to fly aircraft [v]
AVIATIC	AACIITV	AVIATION, act of aviating (to fly aircraft) [adj]
AVIATOR	AAIORTV	one that aviates (to fly aircraft) [n -S]
AVIONIC	ACIINOV	AVIONICS, science of electronics applied to aviation [adj]
AVOIDED	ADDEIOV	AVOID, to keep away from [v]
AVOIDER	ADEIORV	one that avoids (to keep away from) [n -S]
AVULSED	ADELSUV	AVULSE, to tear off forcibly [v]
AVULSES	AELSSUV	AVULSE, to tear off forcibly [v]
AWKWARD	AADKRWW	lacking skill, dexterity or grace [adj]

Movement, Idleness, Stoppage 7s

B

BAFFING	ABFFGIN	BAFF, to strike under golf ball [v]
BALKERS	ABEKLRS	BALKER, one that balks (to stop short and refuse to proceed) [n]
BALKING	ABGIKLN	BALK, to stop short and refuse to proceed [v]
BALLAST	AABLLST	to stabilize [v -ED, -ING, -S]
BALLETS	ABELLST	BALLET, classical dance form [n]
BALLONS	ABLLNOS	BALLON, lightness of movement [n]
BAMMING	ABGIMMN	BAM, to strike with dull resounding noise [v]
BANDIED	ABDDEIN	BANDY, to throw to and fro [v]
BANDIES	ABDEINS	BANDY, to throw to and fro [v]
BANGING	ABGGINN	BANG, to hit sharply [v]
BARFING	ABFGINR	BARF, to vomit (to eject contents of stomach through mouth) [v]
BARGING	ABGGINR	BARGE, to move by barge (long, large boat) [v]
BARLESS	ABELRSS	having no restraints [adj]
BARRELS	ABELRRS	BARREL, to move fast [v]
BASHERS	ABEHRSS	BASHER, one that bashes (to smash (to shatter violently)) [n]
BASHING	ABGHINS	act of beating [n -S] / BASH, to smash (to shatter violently) [v]



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BATTING	ABGINTT	BAT, to hit baseball [v]
BAULKED	ABDEKLU	BAULK, to balk (to stop short and refuse to proceed) [v]
BAULKER	ABEKLRU	balker (one that balks (to stop short and refuse to proceed)) [n -S]
BAZZING	ABGINZZ	BAZZ, to throw (as stone) [v]
BEACHED	ABCDEEH	BEACH, to drive ashore [v]
BEACHES	ABCEEHS	BEACH, to drive ashore [v]
BEANING	ABEGINN	BEAN, to hit on head [v]
BEASTLY	ABELSTY	resembling beast (animal (living organism typically capable of voluntary motion and sensation)) [adj -LIER, -LIEST]
BEATERS	ABEERST	BEATER, one that beats (to strike repeatedly) [n]
BEATING	ABEGINT	BEAT, to strike repeatedly [v]
BECALMS	ABCELMS	BECALM, to make calm (free from agitation) [v]
BECKING	BCEGIKN	BECK, to beckon (to signal by sign or gesture) [v]
BECKONS	BCEKNOS	BECKON, to signal by sign or gesture [v]
BECRAWL	ABCELRW	to crawl over [v -ED, -ING, -S]
BEDAUBS	ABBDESU	BEDAUB, to besmear (to smear over) [v]
BEDOUIIN	BDEINOU	nomadic Arab [n -S]
BEDUINS	BDEINSU	BEDUIN, bedouin (nomadic Arab) [n]
BEELINE	BEEEEILN	to go in straight direct course [v -D, -NING, -S]
BEFRETS	BEEFRST	BEFRET, to gnaw (to wear away by persistent biting) [v]
BEGUINE	BEEGINU	lively dance [n -S]
BELEAPS	ABEELPS	BELEAP, to leap upon [v]
BELEAPT	ABEELPT	BELEAP, to leap upon [v]
BELLIED	BDEEILL	BELLY, to swell out [v]
BELLIES	BEEILLS	BELLY, to swell out [v]
BELTERS	BEELRST	BELTER, one that belts (to fasten with belt (strap or band worn around waist)) [n]
BELTING	BEGILNT	BELT, to fasten with belt (strap or band worn around waist) [v]
BENDERS	BDEENRS	BENDER, one that bends (to curve (to deviate from straightness)) [n]
BENDIER	BDEEINR	BENDY, flexible (capable of being bent) [adj]
BENDING	BDEGINN	BEND, to curve (to deviate from straightness) [v]
BERAKED	ABDEEKR	BERAKE, to rake all over [v]
BERAKES	ABEEKRS	BERAKE, to rake all over [v]
BESMEAR	ABEEMRS	to smear over [v -ED, -ING, -S]
BESTIAL	ABEILST	pertaining to beasts (animal (living organism typically capable of voluntary motion and sensation)) [adj]
BESTIRS	BEIRSST	BESTIR, to rouse (to bring out of state of sleep or inactivity) [v]
BESWARM	ABEMRSW	to swarm all over [v -ED, -ING, -S]
BETAKEN	ABEEKNT	BETAKE, to cause to go [v]
BETAKES	ABEEKST	BETAKE, to cause to go [v]
BEVOMIT	BEIMOTV	to vomit all over [v -ED, -ING, -S]
BHANGRA	AABGHNR	form of popular Punjabi dance music [n -S]
BIFFING	BFFGIIN	BIFF, to hit (to strike forcibly) [v]
BIGUINE	BEGIINU	beguine (lively dance) [n -S]
BILGIER	BEGIILR	BILGY, smelling like seepage [adj]
BIRCHED	BCDEHIR	BIRCH, to whip (to strike with whip (instrument for administering corporal punishment)) [v]
BIRCHES	BCEHIRS	BIRCH, to whip (to strike with whip (instrument for administering corporal punishment)) [v]
BIRLING	BGIILNR	BIRL, to rotate floating log [v]
BITRATE	ABEIRTT	data transmission speed [n -S]
BITTING	BGIINTT	BIT, to restrain (to hold back from action) [v]

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BLASTED	ABDELST	BLAST, to use explosive [v]
BLASTER	ABELRST	one that blasts (to use explosive) [n -S]
BLINKED	BDEIKLN	BLINK, to open and shut eyes [v]
BLOCKED	BCDEKLO	BLOCK, to obstruct [v]
BLOCKER	BCEKLOR	one that blocks [n -S]
BLOWBYS	BLOSSWY	BLOWBY, leakage of exhaust gases [n]
BLOWGUN	BGLNOUW	tube through which darts may be blown [n -S]
BLOWIER	BEILORW	BLOWY, windy [adj]
BLOWING	BGILNOW	BLOW, to drive or impel by current of air [v]
BLOWOFF	BFFLOOW	expelling of gas [n -S]
BLOWUPS	BLOPSUW	BLOWUP, explosion [n]
BOBBERS	BBBEORS	BOBBER, one that bobs (to move up and down) [n]
BOBBING	BBBGINO	BOB, to move up and down [v]
BOBBLED	BBBDELO	BOBBLE, to fumble (to handle clumsily) [v]
BOBBLES	BBBELOS	BOBBLE, to fumble (to handle clumsily) [v]
BOBSLED	BBDELOS	to ride on bobsled (racing sled) [v -DDED, -DDING, -S]
BOGGING	BGGGINO	BOG, to impede (to obstruct progress of) [v]
BOLEROS	BELOORS	BOLERO, Spanish dance [n]
BOLIDES	BDEILOS	BOLIDE, exploding meteor [n]
BOMBARD	ABBDMOR	to bomb (to attack with bombs (explosive projectiles)) [v -ED, -ING, -S]
BOMBERS	BBEMORS	BOMBER, one that bombs (to attack with bombs (explosive projectiles)) [n]
BOMBING	BBGIMNO	attack with bombs [n -S] / BOMB, to attack with bombs (explosive projectiles) [v]
BONKING	BGIKNNO	BONK, to hit on head with hollow blow [v]
BOOGEYS	BEGOOSY	BOOGEY, to boogie (to dance to rock music) [v]
BOOGIED	BDEGIOO	BOOGIE, to dance to rock music [v] / BOOGY [v]
BOOGIES	BEGIOOS	BOOGIE, to dance to rock music [v] / BOOGY [v]
BOPPING	BGINOPP	BOP, to hit or strike [v]
BOULDER	BDELORU	to climb up large rocks [v -ED, -ING, -S]
BOUNCED	BCDENOU	BOUNCE, to spring back [v]
BOUNCER	BCENORU	one that bounces (to spring back) [n -S]
BOUNCES	BCENOSU	BOUNCE, to spring back [v]
BOUNDED	BDDENOU	BOUND, to leap (to spring off ground) [v]
BOUNDER	BDENORU	one that bounds (to leap (to spring off ground)) [n -S]
BOURNES	BENORSU	BOURNE, bourn (stream) [n]
BOURREE	BEEORRU	old French dance [n -S]
BOWINGS	BGINOSW	BOWING, technique of managing bow of stringed instrument [n]
BOWLERS	BELORSW	BOWLER, one that bowls (to play at bowling) [n]
BOWLING	BGILNOW	BOWL, to play at bowling [v] / game in which balls are rolled at objects [n -S]
BOXHAUL	ABHLOUX	to veer ship around [v -ED, -ING, -S]
BRAILED	ABDEILR	BRAIL, to haul in sail [v]
BRAKING	ABGIKNR	BRAKE, to slow down or stop [v]
BRAATTLE	ABELRTT	to clatter (to move with rattling noise) [v -D, -LING, -S]
BREEZED	BDEEERZ	BREEZE, to move swiftly [v]
BREEZES	BEEERSZ	BREEZE, to move swiftly [v]
BRIDLED	BDDEILR	BRIDLE, to control with restraint [v]
BRIDLER	BDEILRR	one that bridles (to control with restraint) [n -S]
BRIDLES	BDEILRS	BRIDLE, to control with restraint [v]

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BRIMFUL	BFILMRU	ready to overflow [adj]
BRISANT	ABINRST	BRISANCE, shattering effect of explosive [adj]
BRISTLE	BEILRST	to rise stiffly [v -D, -LING, -S]
BRUSHED	BDEHRSU	BRUSH, to touch lightly [v]
BRUSHER	BEHRRSU	one that brushes (to touch lightly) [n -S]
BRUSHES	BEHRSSU	BRUSH, to touch lightly [v]
BUCKETS	BCEKSTU	BUCKET, to hurry (to move swiftly) [v]
BUCKING	BCGIKNU	BUCK, to leap forward and upward suddenly [v]
BUCKLED	BCDEKLU	BUCKLE, to bend under pressure [v]
BUCKLES	BCEKLSU	BUCKLE, to bend under pressure [v]
BUDGERS	BDEGRSU	BUDGER, one that budges (to move slightly) [n]
BUDGING	BDGGINU	BUDGE, to move slightly [v]
BUFFETS	BEFFSTU	BUFFET, to hit sharply [v]
BULLETS	BELLSTU	BULLET, to move swiftly [v]
BULLING	BGILLNU	BULL, to push ahead [v]
BUMBLED	BBDELMU	BUMBLE, to bungle (to work, make, or do clumsily) [v]
BUMBLER	BBDELMU	one that bumbles (to work, make, or do clumsily) [n -S]
BUMBLES	BBELMSU	BUMBLE, to bungle (to work, make, or do clumsily) [v]
BUMPING	BGIMNPU	BUMP, to knock against [v]
BUNGLED	BDEGLNU	BUNGLE, to work, make, or do clumsily [v]
BUNGLER	BEGLNRU	one that bungles (to work, make, or do clumsily) [n -S]
BUNGLES	BEGLNUS	BUNGLE, to work, make, or do clumsily [v]
BUNHEAD	ABDEHNU	female ballet dancer [n -S]
BURROWS	BORRSUW	BURROW, to dig hole or tunnel in ground [v]
BURTONS	BNORSTU	BURTON, hoisting tackle [n]
BURYING	BGINRUY	BURY, to put in ground and cover with earth [v]
BUSHING	BGHINSU	BUSH, to cover with bushes [v]
BUSKING	BGIKNSU	act of performing as busker (travelling entertainer) [n -S]
BUSTLED	BDELSTU	BUSTLE, to move energetically [v]
BUSTLER	BELRSTU	one that bustles (to move energetically) [n -S]
BUSTLES	BELSSTU	BUSTLE, to move energetically [v]

Movement, Idleness, Stoppage 7s

C

CADENCY	ACCDENY	rhythm (movement or procedure with uniform recurrence of strong and weak elements) [n -CIES]
CALMEST	ACELMST	CALM, free from agitation [adj]
CALMING	ACGILMN	CALM, to make calm (free from agitation) [v]
CANCANS	AACCNNS	CANCAN, dance marked by high kicking [n]
CANTDOG	ACDGNOT	device used to move logs [n -S]
CANTERS	ACENRST	CANTER, to ride horse at moderate pace [v]
CAPERED	ACDEEPR	CAPER, to frolic (to play and run about merrily) [v]
CAPERER	ACEEPRR	one that capers (to frolic (to play and run about merrily)) [n -S]
CAPSIZE	ACEIPSZ	to overturn (to turn over) [v -D, -ZING, -S]
CARACOL	AACCLOR	to caracole (to perform half turn on horse) [v -LLED, -LLING, -S]
CARAVAN	AAACNRV	to travel in group [v -ED, -ING, -S, -NNED, -NNING, -S]
CAREENS	ACEENRS	CAREEN, to lurch while moving [v]
CAREERS	ACEERRS	CAREER, to go at full speed [v]



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CARIOCA	AACCIOR	South American dance [n -S]
CAROMED	ACDEMOR	CAROM, to collide with rebound [v]
CARRIED	ACDEIRR	CARRY, to convey from one place to another [v]
CARRIER	ACEIRRR	one that carries (to convey from one place to another) [n -S]
CARRIES	ACEIRRS	CARRY, to convey from one place to another [v]
CARROMS	ACMORRS	CARROM, to carom (to collide with rebound) [v]
CARTAGE	AACEGRT	act of carting (to convey in cart (two-wheeled vehicle)) [n -S]
CARTERS	ACERRST	CARTER, one that carts (to convey in cart (two-wheeled vehicle)) [n]
CARTING	ACGINRT	CART, to convey in cart (two-wheeled vehicle) [v]
CASCADE	AACCDDES	to fall like waterfall [v -D, -DING, -S]
CASTING	ACGINST	CAST, to throw with force [v]
CASTLED	ACDELST	CASTLE, to make certain move in chess [v]
CASTLES	ACELSST	CASTLE, to make certain move in chess [v]
CATTING	ACGINTT	CAT, to hoist anchor to cathead [v]
CAVORTS	ACORSTV	CAVORT, to frolic (to play and run about merrily) [v]
CEASING	ACEGINS	CEASE, to stop (to discontinue progress or motion of) [v]
CHAFING	ACFGHIN	CHAFE, to warm by rubbing [v]
CHAINES	ACEHINS	CHAINED, series of ballet turns [n]
CHASERS	ACEHRSS	CHASER, one that chases (to pursue (to follow in order to overtake or capture)) [n]
CHASING	ACGHINS	CHASE, to pursue (to follow in order to overtake or capture) [v]
CHASSED	ACDEHSS	CHASSE, to perform dance movement [v]
CHASSES	ACEHSSS	CHASSE, to perform dance movement [v]
CHEDITE	CDEEHIT	explosive [n -S]
CHEESED	CDEEHS	CHEESE, to stop (to discontinue progress or motion of) [v]
CHEESES	CEEEHSS	CHEESE, to stop (to discontinue progress or motion of) [v]
CHEVIED	CDEEHIV	CHEVY, to chase about [v]
CHEVIES	CEEHISV	CHEVY, to chase about [v]
CHIVIED	CDEHIIV	CHIVY, to chevy (to chase about) [v]
CHIVIES	CEHIISV	CHIVY, to chevy (to chase about) [v]
CHRISTY	CHIRSTY	skiing turn [n -TIES]
CHUCKED	CCDEHKU	CHUCK, to throw (to propel through air with movement of arm) [v]
CHUCKER	CCEHKRU	one that chucks (to throw (to propel through air with movement of arm)) [n -S]
CHUFFED	CDEFFHU	CHUFF, to chug (to move with dull explosive sound) [v]
CHUGGED	CDEGGHU	CHUG, to move with dull explosive sound [v]
CHUGGER	CEGGHRU	one that chugs (to move with dull explosive sound) [n -S]
CHUNDER	CDEHNRU	to vomit (to eject contents of stomach through mouth) [v -ED, -ING, -S]
CHUNKED	CDEHKNU	CHUNK, to make dull explosive sound [v]
CHURNED	CDEHNRU	CHURN, to stir briskly in order to make butter [v]
CHURNER	CEHNRRU	one that churns (to stir briskly in order to make butter) [n -S]
CHUTING	CGHINTU	CHUTE, to convey by chute (vertical passage) [v]
CHYRONS	CHNORSY	CHYRON, type of digital graphic video overlay [n]
CINCHED	CCDEHIN	CINCH, to girth (to encircle (to form circle around)) [v]
CINCHES	CCEHINS	CINCH, to girth (to encircle (to form circle around)) [v]
CINEAST	ACEINST	devotee of motion pictures [n -S]
CINEMAS	ACEIMNS	CINEMA, motion-picture theater [n]
CIRCLED	CCDEILR	CIRCLE, to move or revolve around [v]
CIRCLER	CCEILRR	one that circles (to move or revolve around) [n -S]



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CIRCLES	CCEILRS	CIRCLE, to move or revolve around [v]
CIRCUIT	CCIIRTU	to move around [v -ED, -ING, -S]
CLAMBER	ABCELMR	to climb awkwardly [v -ED, -ING, -S]
CLAPPED	ACDELPP	CLAP, to strike one palm against other [v]
CLAPPER	ACELPPR	one that claps (to strike one palm against other) [n -S]
CLATTER	ACELRTT	to move with rattling noise [v -ED, -ING, -S]
CLIMBED	BCDEILM	CLIMB, to ascend (to go or move upward) [v]
CLIMBER	BCEILMR	one that climbs (to ascend (to go or move upward)) [n -S]
CLOGGER	CEGLOR	one that clogs (type of dance) [n -S]
CLOMPED	CDELMOP	CLOMP, to walk heavily and clumsily [v]
CLOSERS	CELORSS	CLOSER, one that closes (to block against entry or passage) [n]
CLOSING	CGILNOS	CLOSE, to block against entry or passage [v]
CLOURED	CDELORU	CLOUR, to knock or bump [v]
CLUNKED	CDEKLNU	CLUNK, to thump (to strike so as to make dull, heavy sound) [v]
COASTED	ACDEOST	COAST, to slide down hill [v]
COMMOVE	CEMMOOV	to move violently [v -D, -VING, -S]
COMPASS	ACMOPSS	to go around [v -ED, -ING, -ES]
CONDUIT	CDINOTU	channel or pipe for conveying fluids [n -S]
CONGAED	ACDEGNO	CONGA, to perform conga (Latin-American dance) [v]
CONGEED	CDEEGNO	CONGEE, to bow politely [v]
CONGEES	CEEGNOS	CONGEE, to bow politely [v]
CONVEYS	CENOSVY	CONVEY, to transport [v]
CONVOKE	CEKNOOV	to cause to assemble [v -D, -KING, -S]
CONVOYS	CNOOSVY	CONVOY, to escort [v]
COOCHES	CCEHOOS	COOCH, sinuous dance [n]
COPIHUE	CEHIOPU	climbing vine [n -S]
CORANTO	ACNOORT	courante (old, lively dance) [n -S, -ES]
CORDITE	CDEIORT	explosive powder [n -S]
CORDONS	CDNOORS	CORDON, to form barrier around [v]
CORKERS	CEKORRS	CORKER, one that corks (to stop up) [n]
CORKING	CGIKNOR	CORK, to stop up [v]
CORNERS	CENORRS	CORNER, to gain control of [v]
CORRADE	ACDEORR	to erode (to wear away by constant friction) [v -D, -DING, -S]
CORRODE	CDEOORR	to eat away gradually [v -D, -DING, -S]
COURANT	ACNORTU	courante (old, lively dance) [n -S]
COWEDLY	CDELOWY	in cowed (to cringe (shrink in fear)) manner [adv]
COWERED	CDEEORW	COWER, to cringe (shrink in fear) [v]
CRAMPON	ACMNOPR	device for raising heavy objects [n -S]
CRANING	ACGINRR	CRANE, to stretch one's neck [v]
CRASHED	ACDEHRS	CRASH, to collide noisily [v]
CRASHER	ACEHRRS	one that crashes (to collide noisily) [n -S]
CRASHES	ACEHRSS	CRASH, to collide noisily [v]
CRAWLED	ACDELRW	CRAWL, to move with body on or near ground [v]
CRAWLER	ACELRRW	one that crawls (to move with body on or near ground) [n -S]
CREEPED	CDEEEPR	CREEP, to crawl (to move with body on or near ground) [v]
CREEPER	CEEEPRR	one that creeps (to crawl (to move with body on or near ground)) [n -S]
CRINGED	CDEGINR	CRINGE, to shrink in fear [v]

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CRINGER	CEGINRR	one that cringes (to shrink in fear) [n -S]
CRINGES	CEGINRS	CRINGE, to shrink in fear [v]
CROOKED	CDEKOOR	CROOK, to bend (to curve (to deviate from straightness)) [v]
CROQUET	CEOQRTU	to drive ball away in certain game [v -ED, -ING, -S]
CRUMPED	CDEMPRU	CRUMP, to crunch (to chew with crackling sound) [v]
CRUSHED	CDEHRSU	CRUSH, to press or squeeze out of shape [v]
CRUSHER	CEHRRSU	one that crushes (to press or squeeze out of shape) [n -S]
CRUSHES	CEHRSSU	CRUSH, to press or squeeze out of shape [v]
CSARDAS	AACDRSZ	czardas (Hungarian dance) [n -ES]
CUMBERS	BCEMRSU	CUMBER, to hinder (to impede (to obstruct progress of)) [v]
CUMBIAS	ABCIMSU	CUMBIA, Latin-American dance [n]
CURBERS	BCERRSU	CURBER, one that curbs (to restrain (to hold back from action)) [n]
CURBING	BCGINRU	CURB, to restrain (to hold back from action) [v]
CURTSEY	CERSTUY	to curtsy (to bow politely) [v -ED, -ING, -S]
CURVETS	CERSTUV	CURVET, to prance (to spring forward on hind legs) [v]
CZARDAS	AACDRSZ	Hungarian dance [n -ES]

Movement, Idleness, Stoppage 7s

D

DABBERS	ABBDERS	DABBER, one that dabs (to touch lightly) [n]
DABBING	ABBDGIN	DAB, to touch lightly [v]
DACKERS	ACDEKRS	DACKER, to waver (to move back and forth) [v]
DAFFING	ADFFGIN	DAFF, to thrust aside [v]
DAGGLED	ADDEGGL	DAGGLE, to drag in mud [v]
DAGGLES	ADEGGLS	DAGGLE, to drag in mud [v]
DAIKERS	ADEIKRS	DAIKER, to dacker (to waver (to move back and forth)) [v]
DAMMING	ADGIMMN	DAM, to build barrier to obstruct flow of water [v]
DANCERS	ACDENRS	DANCER, one that dances (to move rhythmically to music) [n]
DANCIER	ACDEINR	DANCEY, suitable for dancing [adj]
DANCING	ACDGINN	DANCE, to move rhythmically to music [v]
DANDERS	ADDENRS	DANDER, to stroll (to walk in leisurely manner) [v]
DANSEUR	ADENRSU	male ballet dancer [n -S]
DAPPING	ADGINPP	DAP, to dip lightly or quickly into water [v]
DARTERS	ADERRST	DARTER, one that darts (to move suddenly or swiftly) [n]
DARTING	ADGINRT	DART, to move suddenly or swiftly [v]
DARTLED	ADDELRT	DARTLE, to dart repeatedly [v]
DARTLES	ADELRTS	DARTLE, to dart repeatedly [v]
DASHERS	ADEHRSS	DASHER, one that dashes (to strike violently) [n]
DASHING	ADGHINS	DASH, to strike violently [v]
DASHPOT	ADHOPST	shock absorber [n -S]
DAUNDER	ADDENRU	to dander (to stroll (to walk in leisurely manner)) [v -ED, -ING, -S]
DAZEDLY	ADDELYZ	DAZE, to stun (to render senseless or incapable of action) [adv]
DEADMAN	AADEMNM	anchor for securing rope in mountain climbing [n -MEN]
DEASHED	ADDEEHS	DEASH, to remove ash from [v]
DEASHES	ADEEHSS	DEASH, to remove ash from [v]
DEBACLE	ABCDEEL	sudden collapse [n -S]
DECAMPS	ACDEMPS	DECAMP, to depart from camping ground [v]



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DECANTS	ACDENST	DECANT, to pour from one container into another [v]
DEDUCTS	CDDESTU	DEDUCT, to subtract (to take away) [v]
DEFLECT	CDEEFLT	to turn aside [v -ED, -ING, -S]
DEIGNED	DDEEGIN	DEIGN, to lower oneself to do [v]
DELUGED	DDEEGLU	DELUGE, to flood (to inundate (to overwhelm with water)) [v]
DELUGES	DEEGLSU	DELUGE, to flood (to inundate (to overwhelm with water)) [v]
DEMINER	DEEIMNR	one that removes mines (explosive devices) [n -S]
DEORBIT	BDEIORT	to come out of orbit [v -ED, -ING, -S]
DEPARTS	ADEPRST	DEPART, to go away [v]
DEPLANE	ADEELNP	to get off airplane [v -D, -NING, -S]
DEPORTS	DEOPRST	DEPORT, to expel from country [v]
DEPRIVE	DEEIPRV	to take something away from [v -D, -VING, -S]
DERAILS	ADEILRS	DERAIL, to run off rails of track [v]
DERRICK	CDEIKRR	hoisting apparatus [n -S]
DERVISH	DEHIRSV	member of Muslim religious order [n -ES]
DESCEND	CDDEENS	to come or go down [v -ED, -ING, -S]
DESCENT	CDEENST	act of descending (to come or go down) [n -S]
DESISTS	DEISSST	DESIST, to cease doing something [v]
DESORBS	BDEORSS	DESORB, to remove by reverse of absorption [v]
DETOURS	DEORSTU	DETOUR, to take indirect route [v]
DETRAIN	ADEINRT	to get off train [v -ED, -ING, -S]
DETRUDE	DDEERTU	to thrust out [v -D, -DING, -S]
DEVELED	DDEEELV	DEVEL, to strike forcibly [v]
DEVIATE	ADEEITV	to turn aside from course or norm [v -D, -TING, -S]
DEVOLVE	DEELOVV	to transfer from one person to another [v -D, -VING, -S]
DIBBUKS	BBDIKSU	DIBBUK, dybbuk (wandering soul in Jewish folklore) [n]
DIGGERS	DEGGIRS	DIGGER, one that digs (to break up, turn over, or remove earth) [n]
DIGGING	DGGGIIN	DIG, to break up, turn over, or remove earth [v]
DIPPERS	DEIPPRS	DIPPER, one that dips (to immerse briefly) [n]
DIPPING	DGIINPP	DIP, to immerse briefly [v]
DIRLING	DGIILNR	DIRL, to tremble (to shake involuntarily) [v]
DISCARD	ACDDIRS	to throw away [v -ED, -ING, -S]
DISCOED	CDDEIOS	DISCO, to dance at discotheque [v]
DISCOES	CDEIOSS	DISCO, to dance at discotheque [v]
DISJECT	CDEIJST	to disperse [v -ED, -ING, -S]
DISMAST	ADIMSSST	to remove mast of [v -ED, -ING, -S]
DISMISS	DIIMSSS	to permit or cause to leave [v -ED, -ING, -ES]
DISPELS	DEILPSS	DISPEL, to drive off in various directions [v]
DISROBE	BDEIORS	to undress [v -D, -BING, -S]
DISUSES	DEISSSU	DISUSE, to stop using [v]
DIVERGE	DEEGIRV	to move in different directions from common point [v -D, -GING, -S]
DIVERTS	DEIRSTV	DIVERT, to turn aside [v]
DIVULSE	DEILSUV	to tear away [v -D, -SING, -S]
DODDERS	DDDEORS	DODDER, to totter (to walk unsteadily) [v]
DODGEMS	DDEGMOS	DODGEM, amusement park ride [n -S]
DODGERS	DDEGORS	DODGER, one that dodges (to evade) [n]
DODGERY	DDEGORY	evasion [n -RIES]

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DODGIER	DDEGIOR	DODGY, evasive [adj]
DODGING	DDGGINO	DODGE, to evade [v]
DOFFERS	DEFFORS	DOFFER, to take off [n]
DOFFING	DFFGINO	DOFF, to take off [v]
DOGEARS	ADEGORS	DOGEAR, to turn down corner of page [v]
DOGGING	DGGGINO	DOG, to follow like dog [v]
DOGLEGS	DEGGLOS	DOGLEG, to move along bent course [v]
DOGSLED	DDEGLS	to move on sled drawn by dogs [v -DDED, -DDING, -S]
DOGTROT	DGOORTT	to move at steady trot [v -TTED, TTING, -S]
DOLLIED	DDEILLO	DOLLY, to move on wheeled platform [v]
DOLLIES	DEILLOS	DOLLY, to move on wheeled platform [v]
DONNING	DGINNNO	DON, to put on [v]
DOUSERS	DEORSSU	DOUSER, one that douses (to plunge into water) [n]
DOUSING	DGINOSU	DOUSE, to plunge into water [v]
DOWNBOW	BDNOOWW	type of stroke in playing bowed instrument [n -S]
DOWNING	DGINNOW	DOWN, to cause to fall [v]
DOZENED	DDEENOZ	DOZEN, to stun (to render senseless or incapable of action) [v]
DRAGGED	ADDEGGR	DRAG, to pull along ground [v]
DRAGGER	ADEGGRR	one that drags (to pull along ground) [n -S]
DRAWERS	ADERRSW	DRAWER, one that draws (to move by pulling) [n]
DRIBBED	BBDDEIR	DRIB, to drip (to fall in drops) [v]
DRIFTED	DDEFIRT	DRIFT, to move along in current [v]
DRIFTER	DEFIRRT	one that drifts (to move along in current) [n -S]
DRIPPED	DDEIPPR	DRIP, to fall in drops [v]
DRIVERS	DEIRRSV	DRIVER, one that drives (to urge or propel forward) [n]
DRIVING	DGIINRV	DRIVE, to urge or propel forward [v]
DROPPED	DDEOPPR	DROP, to fall in drops (globules) [v]
DROVERS	DEORRSV	DROVER, driver of cattle or sheep [n]
DROVING	DGINORV	work of drover [n -S] / DROVE, to drive cattle or sheep [v]
DRUMBLE	BDELMRU	to move slowly [v -D, -LING, -S]
DUBSTEP	BDEPSTU	type of electronic dance music [n -S]
DUCKERS	CDEKRSU	DUCKER, one that ducks (to lower quickly) [n]
DUCKING	CDGIKNU	DUCK, to lower quickly [v]
DUCTING	CDGINTU	DUCT, to convey through duct (tubular passage) [v]
DUMPERS	DEMPRSU	DUMPER, one that dumps (to let fall heavily) [n]
DUMPING	DGIMNPU	DUMP, to let fall heavily [v]
DUNCHES	CDEHNSU	DUNCH, push [n]
DUNNITE	DEINNTU	explosive [n -S]
DUNTING	DGINNTU	DUNT, to strike with heavy blow [v]
DYBBUKS	BBDKSUY	DYBBUK, wandering soul in Jewish folklore [n]

Movement, Idleness, Stoppage 7s

E

EASTING	AEGINST	movement toward east [n -S]
EDDYING	DDEGINY	EDDY, to move against main current [v]
EFFUSED	DEEFFSU	EFFUSE, to pour forth [v]
EFFUSES	EEFFSSU	EFFUSE, to pour forth [v]



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EJECTED	CDEEEJT	EJECT, to throw out forcibly [v]
EJECTOR	CEEJORT	one that ejects (to throw out forcibly) [n -S]
ELBOWED	BDEELOW	ELBOW, to jostle [v]
ELEVATE	AEELTV	to raise (to move to higher position) [v -D, -TING, -S]
ELICITS	CEIILST	ELICIT, to educe (to draw out) [v]
ELOPERS	EELOPRS	ELOPER, one that elopes (to run off secretly to be married) [n]
ELOPING	EGILNOP	ELOPE, to run off secretly to be married [v]
ELUDERS	DEELRSU	ELUDER, one that eludes (to evade) [n]
ELUDING	DEGILNU	ELUDE, to evade [v]
ELUSION	EILNOSU	act of eluding (to evade) [adj]
ELUSIVE	EEILSUV	tending to elude (to evade) [adj]
ELUSORY	ELORSUY	elusive (tending to elude (to evade)) [adj]
EMANANT	AAEMNNT	issuing from source [adj]
EMANATE	AAEEMNT	to send forth [v -D, -TING, -S]
EMETICS	CEEIMST	EMETIC, substance which induces vomiting [n]
EMIGRES	EEGIMRS	EMIGRE, emigrant (one that emigrates (to leave one country or region to settle in another) [n]
EMITTED	DEEIMTT	EMIT, to send forth [v]
EMITTER	EEIMRTT	one that emits (to send forth) [n -S]
ENDORSE	DEENORS	to sign back of negotiable document [v -D, -SING, -S]
ENFACED	ACDEEFN	ENFACE, to write on front of [v]
ENFACES	ACEEFNS	ENFACE, to write on front of [v]
ENGLISH	EGHILNS	to cause billiard ball to spin around its vertical axis [v -ED, -ING, -ES]
ENSKIED	DEEIKNS	ENSKY, to raise to skies [v]
ENSKIES	EEIKNSS	ENSKY, to raise to skies [v]
ENTASIA	AAEINST	spasmodic contraction of muscle [n -S]
ENTERED	DEEENRT	ENTER, to come or go into [v]
ENTERER	EEENRRT	one that enters (to come or go into) [n -S]
ENTRANT	AENNRTT	one that enter (to come or go into) [n -S]
ENTWINE	EEINNTW	to twine around [v -D, -NING, -S]
ENVIRON	EINNORV	to encircle (to form circle around) [v -ED, -ING, -S]
ENWHEEL	EEEHLNW	to encircle (to form circle around) [v -ED, -ING, -S]
ENWINDS	DEINNSW	ENWIND, to wind around [v]
ENWOUND	DENNOUW	ENWIND, to wind around [v]
EPEIRIC	CEEIIPR	pertaining to vertical movement of earth's crust [adj]
ERODING	DEGINOR	ERODE, to wear away by constant friction [v]
EROSION	EINOORS	act of eroding (to wear away by constant friction) [n -S]
EROSIVE	EEIORSV	causing erosion (act of eroding (to wear away by constant friction)) [adj]
ERRANTS	AENRRST	ERRANT, wanderer (one that wanders (to move about with no destination or purpose)) [n]
ESCAPED	ACDEEPS	ESCAPE, to get away [v]
ESCAPEE	ACEEEPS	one that escapes (to get away) [n -S]
ESCAPER	ACEEPRS	one that escapes (to get away) [n -S]
ESCAPES	ACEEPSS	ESCAPE, to get away [v]
ESCHEWS	CEEHSSW	ESCHEW, to avoid (to keep away from) [v]
ESTRAYS	AERSSTY	ESTRAY, to stray (to wander from proper area or course) [v]
EUSTACY	ACESTUY	worldwide change in sea level [n -CIES]
EUSTASY	AESSTUY	eustacy (worldwide change in sea level) [n -SIES]
EVACUEE	ACEEEUV	one that is evacuated (to remove from dangerous area) [n -S]

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EVADERS	ADEERSV	EVADER, one that evades (to escape or avoid by cleverness or deceit) [n]
EVADING	ADEGINV	EVADÉ, to escape or avoid by cleverness or deceit [v]
EVANISH	AEHINSV	to vanish [v -ED, -ING, -ES]
EVASION	AEINOSV	act of evading (to escape or avoid by cleverness or deceit) [n]
EVASIVE	AEEISVV	tending to evade (to escape or avoid by cleverness or deceit) [adj]
EVERTED	DEEERTV	EVERT, to turn outward or inside out [v]
EVERTOR	EEORRTV	muscle that turns part outward [n -S]
EVITING	EGIINTV	EVITE, to avoid (to keep away from) [v]
EVULSED	DEELSUV	EVULSE, to extract forcibly [v]
EVULSES	EELSSUV	EVULSE, to extract forcibly [v]
EXALTED	ADEELTX	EXALT, to raise (to move to higher position) [v]
EXALTER	AEELRTX	one that exalts (to raise (to move to higher position)) [n -S]
EXERTED	DEEERTX	EXERT, to put into action [v]
EXILERS	EEILRSX	EXILER, one that exiles (to banish from one's own country) [n]
EXILIAN	AEIILNX	exilic (pertaining to exile (to banish from one's own country) [adj])
EXILING	EGIILNX	EXILE, to banish from one's own country [v]
EXITING	EGIINTX	EXIT, to go out [v]
EXPLODE	DEELOPX	to blow up [v -D, -DING, -S]
EXTRUDE	DEERTUX	to force , thrust, or push out [v -D, -DING, -S]
EXUDATE	ADEETUX	exuded substance [n -S]
EXUDING	DEGINUX	EXUDE, to ooze forth [v]
EYEBEAM	ABEEEMY	glance [n -S]
EYEWINK	EEIKNWY	wink of eye [n -S]

Movement, Idleness, Stoppage 7s

F

FACEOFF	ACEFFFO	action that starts hockey game [n -S]
FADINGS	ADFGINS	FADING, Irish dance [n]
FAIRING	AFGIINR	structure on aircraft serving to reduce drag [n -S]
FALLERS	AEFLLRS	FALLER, one that falls (to descend under force of gravity) [n]
FALLING	AFGILLN	FALL, to descend upon force of gravity [v]
FALLOUT	AFLLOTU	radioactive debris resulting from nuclear explosion [n -S]
FALTERS	AEFLRST	FALTER, to hesitate (to hold back in uncertainty) [v]
FANNERS	AEFNNRS	FANNER, one that fans (to cool or refresh with fan (device for putting air into motion)) [n]
FANNING	AFGINNN	FAN, to cool or refresh with fan (device for putting air into motion) [v]
FASTEST	AEFSSTT	FAST, moving or able to move quickly [adj]
FAUCETS	ACEFSTU	FAUCET, device for controlling flow of liquid from pipe [n]
FEINTED	DEEFINT	FEINT, to make deceptive movement [v]
FELLERS	EEFLLRS	FELLER, one that fells (to cause to fall) [n]
FELLING	EFGILLN	FELL, FALL, to descend under force of gravity [v]
FETCHED	CDEEFHT	FETCH, to go back after and bring back [v]
FETCHER	CDEEFHT	one that fetches (to go back after and bring back) [n -S]
FETCHES	CEEFHST	FETCH, to go back after and bring back [v]
FETTING	EFGINTT	FET, to fetch [v]
FIDGETS	DEFGIST	FIDGET, to move nervously or restlessly [v]
FIDGING	DFGGIIN	FIDGE, to fidget (to move nervously or restlessly) [v]
FILLIPS	FIILLPS	FILLIP, to strike sharply [v]

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FILMDOM	DFILMMO	motion-picture industry [n -S]
FILMERS	EFILMRS	FILMER, one that films (to make motion picture) [n]
FILMING	FGIILMN	FILM, to make motion picture [v]
FISHWAY	AFHISWY	device for enabling fish to pass around dam [n -S]
FISTING	FGIINST	FIST, to strike with fist (hand closed tightly) [v]
FIXATED	ADEFITX	FIXATE, to make stable or stationary [v]
FIXATES	AEFISTX	FIXATE, to make stable or stationary [v]
FLAILED	ADEFILL	FLAIL, to swing freely [v]
FLANEUR	AEFLNRU	idler (one that idles) [n -S]
FLAPPED	ADEFLPP	FLAP, to wave up and down [v]
FLAPPER	AEFLPPR	one that flaps (to wave up and down) [n -S]
FLEEING	EEFGILN	FLEE, to run away [v]
FLEETED	DEEEFLT	FLEET, to move swiftly [v]
FLEETER	EEEFLRT	FLEET, swift (moving with great rate of motion) [adj]
FLEETLY	EEFLTY	FLEET, swift (moving with great rate of motion) [adv]
FLEXING	EFGILNX	FLEX, to bend (to curve (to deviate from straightness)) [v]
FLEXION	EFILNOX	flection (act of bending (to curve)) [n -S]
FLEXORS	EFLORSX	FLEXOR, muscle that serves to bend bodily part [n]
FLEXURE	EEFLRUX	act of bending (to curve (to deviate from straightness)) [n -S]
FLICKED	CDEFIKL	FLICK, to strike with quick, light blow [v]
FLICKER	DEFIKLR	to move waveringly [v -ED, -ING, -S]
FLIGHTS	FGHILST	FLIGHT, to fly in flock [v]
FLINGER	EFGILNR	one that flings (to throw with force) [n -S]
FLIPPED	DEFILPP	FLIP, to throw with brisk motion [v]
FLIPPER	EFILPPR	broad, flat limb adapted for swimming [n -S]
FLITTED	DEFILTT	FLIT, to move lightly and swiftly [v]
FLITTER	EFILRTT	to flutter (to wave rapidly and irregularly) [v -ED, -ING, -S]
FLOCKED	CDEFKLO	FLOCK, to gather or move in crowd [v]
FLOPPED	DEFLOPP	FLOP, to fall heavily and noisily [v]
FLOPPER	EFLOPPR	one that flops (to fall heavily and noisily) [n -S]
FLOUNCE	CEFLNOU	to move with exaggerated motions [v -D, -CING, -S]
FLOUNCY	CFLNOUY	flouncing (to move with exaggerated motions) [adj -CIER, -CIEST]
FLOWAGE	AEGFLOW	act of flowing (to move steadily and smoothly along) [n -S]
FLOWING	FGILNOW	FLOW, to move steadily and smoothly along [v]
FLUMING	FGILMNU	FLUME, to convey by means of artificial water channel [v]
FLUMPED	DEFLMPU	FLUMP, to fall heavily [v]
FLUXION	FILNOUX	act of flowing (to move steadily and smoothly along) [n -S]
FLYABLE	ABEFLLY	suitable for flying [adj]
FLYAWAY	AAFLWYY	one that is elusive [n -S]
FLYOVER	EFLORVY	flight of aircraft over specific location [n -S]
FLYPAST	AFLPSTY	flyby (flight of aircraft close to specified place) [n -S]
FLYWAYS	AFLSWYY	FLYWAY, established air route of migratory birds [n]
FOOTERS	EFOORST	FOOTER, one that walks (to advance on foot) [n]
FOOTING	FGINOOT	FOOT, to walk (to advance on foot) [v]
FORERUN	EFNORRU	to run in advance of [v -RAN, -NNING, -S]
FOUETTE	EEFOTTU	movement in ballet [n -S]
FOXTROT	FOORTTX	to dance fox trot (dance for couples) [v -TTED, -TTING, -S]

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FRISKED	DEFIKRS	FRISK, to move or leap about playfully [v]
FRISKER	EFIKRRS	one that frisks (to move or leap about playfully) [n -S]
FRISSON	FINORSS	shudder [n -S]
FROGMAN	AFGMNOR	person equipped for extended periods of underwater swimming [n -MEN]
FROLICS	CFILORS	FROLIC, to play and run about merrily [v]
FRUGGED	DEFGGRU	FRUG, to perform type of vigorous dance [v]
FULMINE	EFILMNU	explode loudly [v -D, -NING, -S]

Movement, Idleness, Stoppage 7s

G

GADDERS	ADDEGRS	GADDER, one that gads (to roam about restlessly) [n]
GADDING	ADDGGIN	GAD, to roam about restlessly [v]
GAITING	AGGIINT	GAIT, to train horse to move in particular way [v]
GALLOPS	AGLLOPS	GALLOP, to ride horse at full speed [v]
GALOPED	ADEGLOP	GALOP, to dance galop (lively round dance) [v]
GALUMPH	AGHLMPU	to move clumsily [v -ED, -ING, -S]
GAMBADE	AABDEGM	gambado (leap made by horse) [n -S]
GAMBADO	AABDGMO	leap made by horse [n -ES, -S]
GAMBOLS	ABGLMOS	GAMBOL, to leap about playfully [v]
GANDERS	ADEGNRS	GANDER, to wander (to move about with no destination or purpose) [v]
GANGLED	ADEGGLN	GANGLE, to move awkwardly [v]
GANGLES	AEGGLNS	GANGLE, to move awkwardly [v]
GATELEG	AEEGGLT	table with extensions supported by movable legs [n -S]
GATEMAN	AAEGMNT	one in charge of gate (movable barrier) [n -MEN]
GATEWAY	AAEGTWY	passage that may be closed by gate (movable barrier) [n -S]
GATINGS	AGGINST	GATING, process of opening and closing channel [n]
GAVOTTE	AEGOTTV	to dance gavot [v -D, -TING, -S]
GELLIES	EEGILLS	GELLY, gelignite (high explosive) [n]
GERMANS	AEGMNRS	GERMAN, elaborate dance [n]
GESTURE	EEGRSTU	to express by bodily motion [v -D, -RING, -S]
GETAWAY	AAEGTWY	escape [n -S]
GIDDYAP	ADDGIPY	giddap (used as command to horse to go faster [interj])
GIDDYUP	DDGIPUY	giddap (used as command to horse to go faster [interj])
GIMPING	GGIIMNP	GIMP, to limp (to walk lamely) [v]
GIPSIED	DEGIIPS	GIPSY, to gypsy (to live like gypsy (wanderer)) [v]
GIPSIES	EGIIPSS	GIPSY, to gypsy (to live like gypsy (wanderer)) [v]
GLEETED	DEEEGLT	GLEET, to discharge mucus from urethra [v]
GLIDERS	DEGILRS	GLIDER, type of aircraft [n]
GLIDING	DGGIILN	GLIDE, to move effortlessly [v]
GLISSES	EGILSSS	GLISSE, dance step [n]
GNARLED	ADEGLNR	GNARL, to twist into state of deformity [v]
GNASHED	ADEGHNS	GNASH, to grind teeth together [v]
GNASHES	AEGHNSS	GNASH, to grind teeth together [v]
GOADING	ADGGINO	GOAD, to drive animals with goad (pointed stick) [v]
GOLIARD	ADGILOR	wandering student [n -S]
GRATERS	AEGRRST	GRATER, one that grates (to reduce to shreds by rubbing) [n]
GRATING	AGGINRT	GRATE, to reduce to shreds by rubbing [v]

Feast your eyes on great bingo moves about **MOVEMENT, IDLENESS, STOPPAGE**
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GRAVITY	AGIRTVY	force of attraction toward earth's center [n -TIES]
GRENADE	ADEEGNR	explosive device [n -S]
GRIDING	DGGIINR	GRIDE, to scrape harshly [v]
GRIMACE	ACEGIMR	to contort facial features [v -D, -CING, -S]
GROPERS	EGOPRRS	GROPER, one that gropes (to feel about with hands) [n]
GROPING	GGINOPR	GROPE, to feel about with hands [v]
GROVELS	EGLORSV	GROVEL, to crawl in abject manner [v]
GROYNES	EGNORSY	structure built to keep shore from erosion [n]
GULLIED	DEGLLIU	GULLY, to form ravines by action of water [v]
GULLIES	EGILLSU	GULLY, to form ravines by action of water [v]
GURGING	GGGINRU	GURGE, to swirl (to move with whirling motion) [v]
GURGLED	DEGGLRU	GURGLE, to flow unevenly [v]
GURGLES	EGGLRSU	GURGLE, to flow unevenly [v]
GUSHERS	EGHRSSU	GUSHER, gushing (to flow forth forcefully) oil well [n]
GUSHING	GGHINSU	GUSH, to flow forth forcefully [v]
GYPSIED	DEGIPSY	GYPSY, to live like gypsy (wanderer) [v]
GYPSIES	EGIPSSY	GYPSY, to live like gypsy (wanderer) [v]
GYRATED	ADEGRTY	GYRATE, to revolve or rotate [v]
GYRATES	AEGRSTY	GYRATE, to revolve or rotate [v]
GYRATOR	AGORRTY	one that gyrates (to revolve or rotate) [n -S]

Movement, Idleness, Stoppage 7s

H

HALITUS	AHILSTU	exhalation [n -ES]
HALTERS	AEHLRST	HALTER, to put restraint upon [v]
HALTING	AGHILNT	HALT, to stop (to discontinue progress or motion of) [v]
HAMATSA	AAAHMST	dance inspired by spirit of man-eating monster [n -S]
HAMMERS	AEHMMRS	HAMMER, to strike repeatedly [v]
HAMPERS	AEHMPRS	HAMPER, to hinder (to impede (to obstruct progress of)) [v]
HARPOON	AHNOOPR	to strike with barbed spear [v -ED, -ING, -S]
HASTENS	AEHNSST	HASTEN, to hurry (to move swiftly) [v]
HASTIER	AEHIRST	HASTY, speedy (swift (moving with great rate of motion)) [adj]
HASTILY	AHILSTY	HASTY, speedy (swift (moving with great rate of motion)) [adv]
HASTING	AGHINST	HASTE, to hasten (to hurry (to move swiftly)) [v]
HAULAGE	AAEGHLU	act of hauling (to pull with force) [n -S]
HAULERS	AEHLRSU	HAULER, one that hauls (to pull with force) [n]
HAULIER	AEHILRU	hauler (one that hauls (to pull with force)) [n -S]
HAULING	AGHILNU	HAUL, to pull with force [v]
HAULOUT	AHLOTUU	action of hauling boat out of water [n -S]
HEADWAY	AADEHWY	forward movement [n -S]
HEAVERS	AEEHRSV	HEAVER, one that heaves (to lift forcefully) [n]
HEAVING	AEGHINV	HEAVE, to lift forcefully [v]
HEEZING	EEGHINZ	HEEZE, to hoist [v]
HEFTERS	EEFHRST	HEFTER, one that hefts (to lift up) [n]
HEFTING	EFGHINT	HEFT, to lift up [v]
HEGIRAS	AEGHIRS	HEGIRA, exodus (movement away) [n]
HEJIRAS	AHEIJRS	HEJIRA, hegira (exodus (movement away)) [n]

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HELISKI	EHIILKS	to ski downhill on mountains reached by helicopter [v -ED, -ING, -S]
HIJRAHS	AHHIJRS	HIJRAH, hegira (exodus (movement away)) [n]
HINDERS	DEHINRS	HINDER, to impede (to obstruct progress of) [v]
HIRPLED	DEHILPR	HIRPLE, to limp (to walk lamely) [v]
HIRPLES	EHILPRS	HIRPLE, to limp (to walk lamely) [v]
HIRSLED	DEHILRS	HIRSLE, to slide along [v]
HIRSLES	EHILRSS	HIRSLE, to slide along [v]
HISTING	GHIINST	HIST, to hoist [v]
HITTERS	EHIRSTT	HITTER, one that hits (to strike forcibly) [n]
HITTING	GHIINTT	HIT, to strike forcibly [v]
HOARDED	ADDEHOR	HOARD, to gather and store away [v]
HOARDER	ADEHORR	one that hoards (to gather and store away) [n -S]
HOBBLER	BBDEHLO	HOBBLE, to limp (to walk lamely) [v]
HOBBLER	BBEHLOR	one that hobbles (to limp (to walk lamely)) [n -S]
HOBBLER	BBEHLOS	HOBBLE, to limp (to walk lamely) [v]
HOEDOWN	DEHNOOW	square dance [n -S]
HOICKED	DECHIKO	HOICK, to change directions abruptly [v]
HOISING	GHIINOS	HOISE, to hoist (to haul up by some mechanical means) [v]
HOISTED	DEHIOST	HOIST, to haul up by some mechanical means [v]
HOISTER	EHIORST	one that hoists (to haul up by some mechanical means) [n -S]
HOOFERS	EFHOORS	HOOFER, professional dancer [n]
HOOFING	FGHINOO	HOOF, to dance (to move rhythmically to music) [v]
HOPPERS	EHOPPRS	HOPPER, one that hops (to move by jumping on one foot) [n]
HOPPING	GHINOPP	HOP, to move by jumping on one foot [v]
HOPPLED	DEHLOPP	HOPPLE, to hobble (to limp (to walk lamely)) [v]
HOPPLES	EHLOPPS	HOPPLE, to hobble (to limp (to walk lamely)) [v]
HOTCHED	CDEHHOT	HOTCH, to wiggle (to move with short, quick movements from side to side) [v]
HOTCHES	CEHHOST	HOTCH, to wiggle (to move with short, quick movements from side to side) [v]
HOTFOOT	FHOOTT	to hurry (to move swiftly) [v -ED, -ING, -S]
HUNKERS	EHKNSRU	HUNKER, to squat (to bend one's knees and sit on one's heels) [v]
HURDLED	DDEHLRU	HURDLE, to jump over [v]
HURDLER	DEHLRRU	one that hurdles (to jump over) [n -S]
HURDLES	DEHLRSU	HURDLE, to jump over [v]
HURLERS	EHLRRSU	HURLER, one that hurls (to throw with great force) [n]
HURRIED	DEHIRRU	HURRY, to move swiftly [v]
HURRIER	EHIRRRU	one that hurries (to move swiftly) [n -S]
HURRIES	EHIRRSU	HURRY, to move swiftly [v]
HURTLED	DEHLRTU	HURTLE, to rush violently [v]
HURTLES	EHLRSTU	HURTLE, to rush violently [v]
HUSTLED	DEHLSTU	HUSTLE, to hurry (to move swiftly) [v]
HUSTLER	EHLRSTU	one that hustles (to hurry (to move swiftly)) [n -S]

Movement, Idleness, Stoppage 7s

I

ICEBOAT	ABCEIOT	to travel in vehicle that sails on ice [v -ED, -ING, -S]
IDLESSE	DEEILSS	idleness (state of being idle (inactive (not active))) [n -S]
IMPASSE	AEIMPSS	road or passage having no exit [n -S]

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IMPEDED	DDEEIMP	IMPEDE, to obstruct progress of [v]
IMPEDER	DEEIMPR	one that impedes (to obstruct progress of) [n -S]
IMPEDES	DEEIMPS	IMPEDE, to obstruct progress of [v]
IMPREST	EIMPRST	loan or advance of money [n -S]
INCHING	CGHIINN	INCH, to move very slowly [v]
INCITED	CDEIINT	INCITE, to arouse to action [v]
INCURVE	CEINRUV	to curve inward [v -D, -VING, -S]
INERTIA	AEIINRT	tendency of body to resist acceleration [n -S, -E]
INERTLY	EILNRTY	inactively [adv]
INFALLS	AFILLNS	INFALL, movement under influence of gravity toward celestial object [n]
INFLECT	CEFILNT	to bend (to curve (to deviate from straightness)) [v -ED, -ING, -S]
INFOLDS	DFILNOS	INFOLD, to fold inward [v]
INTORTS	INORSTT	INTORT, to twist inward [v]
INVERSE	EEINRSV	to reverse (to turn or move in opposite direction) [v -D, -SING, -S]
INVERTS	EINRSTV	INVERT, to turn upside down [v]
IRRUPTS	IPPRSTU	IRRUPT, to rush in forcibly [v]
ISOTACH	ACHIOST	line on map connecting points of equal wind velocity [n -S]
IVYLIKE	EIIKLVY	IVY, climbing vine [adj]

Movement, Idleness, Stoppage 7s

J

JABBING	ABBGIJN	JAB, to poke sharply [v]
JACKERS	ACEJKRS	JACKER, one that jacks (to raise with type of lever) [n]
JACKING	ACGIJKN	JACK, to raise with type of lever [v]
JARRING	AGIJNRR	JAR, to cause to shake [v]
JASMINE	AEIJMNS	climbing shrub [n -S]
JASMINS	AIJMNSS	JASMIN, jasmine (climbing shrub) [n]
JAUNCED	ACDEJNU	JAUNCE, to prance (to spring forward on hind legs) [v]
JAUNCES	ACEJNSU	JAUNCE, to prance (to spring forward on hind legs) [v]
JEEPING	EEGIJNP	JEEP, to travel by small type of motor vehicle [v]
JERKERS	EEJKRRS	JERKER, one that jerks (to move with sharp, sudden motion) [n]
JERKIER	EEIJKRR	JERKY, characterized by jerking movements [adj]
JERKILY	EIJKLRV	JERKY, characterized by jerking movements [adv]
JERKING	EGIJKNR	JERK, to move with sharp, sudden motion [v]
JETTING	EGIJNTT	JET, to spurt forth in stream [v]
JIBBING	BBGIIJN	JIB, to refuse to proceed further [v] / JIBB, to shift from side to side while sailing [v]
JIGGERS	EGGIJRS	JIGGER, to jerk up and down [v]
JIGGING	GGGIIJN	JIG, to bob (to move up and down) [v]
JIGGISH	GGHIIJS	suitable for jig (lively dance) [adj]
JIGGLED	DEGGIJL	JIGGLE, to shake lightly [v]
JIGGLES	EGGIJLS	JIGGLE, to shake lightly [v]
JIGLIKE	EGIIJKL	resembling jig [adj]
JINKERS	EIJKNRS	JINKER, one that jinks (to move quickly out of way) [n]
JINKING	GJIIKNN	JINK, to move quickly out of way [v]
JITTERS	EIJRSTT	JITTER, to fidget (to move nervously or restlessly) [v]
JOCKEYS	CEJKOSY	JOCKEY, to maneuver for advantage [v]
JOGGERS	EGGJORS	JOGGER, one that jogs (to run at slow, steady pace) [n]

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JOGGING	GGGIJNO	practice of running at slow, steady pace [n -S] / JOG, to run at slow, steady pace [v]
JOGGLED	DEGGJLO	JOGGLE, to shake slightly [v]
JOGGLER	EGGJLOR	one that joggles (to shake slightly) [n -S]
JOGGLES	EGGJLOS	JOGGLE, to shake slightly [v]
JOGTROT	GJOORTT	slow regular way of walking or running [n -S] / [v -TTED, -TTING, -S]
JOLTERS	EJLORST	JOLTER, one that jolts (to jar or shake roughly) [n]
JOLTIER	EIJLORT	JOLTY, marked by jolting motion [adj]
JOLTILY	IJLLOTY	JOLTY, marked by jolting motion [adv]
JOLTING	GIJLNOT	JOLT, to jar or shake roughly [v]
JOSTLED	DEJLOST	JOSTLE, to bump or push roughly [v]
JOSTLER	EJLORST	one that jostles (to bump or push roughly) [n -S]
JOSTLES	EJLOSST	JOSTLE, to bump or push roughly [v]
JOUKING	GIJKNOU	JOUK, to dodge (to evade (to escape or avoid by cleverness or deceit)) [v]
JOUNCED	CDEJNOU	JOUNCE, to move roughly up and down [v]
JOUNCES	CEJNOSU	JOUNCE, to move roughly up and down [v]
JOURNEY	EJNORUY	to travel (to go from one place to another) [v -ED, -ING, -S]
JUDDERS	DDEJRSU	JUDDER, to vibrate (to move back and forth rapidly) [v]
JUDDERY	DDEJRUY	vibrating (to move back and forth rapidly) [adj -RIER, -RIEST]
JUMARED	ADEJMUR	JUMAR, to climb with ropes using type of clamp [v]
JUMPERS	EJMPRSU	JUMPER, one that jumps (to spring off ground) [n]
JUMPIER	EIJMPRU	JUMPY, nervous (easily excited) [adj]
JUMPILY	IJLMPUY	JUMPY, nervous (easily excited) [adv]
JUMPING	GIJMNPV	act of one that jumps [n -S] / JUMP, to spring off ground [v]
JUSTLED	DEJLSTU	JUSTLE, to jostle (to bump or push roughly) [v]
JUSTLES	EJLSSTU	JUSTLE, to jostle (to bump or push roughly) [v]

Movement, Idleness, Stoppage 7s

K

KECKING	CEGIKKN	KECK, to retch (to make effort to vomit) [v]
KEDGING	DEGGINK	KEDGE, to move vessel with use of anchor [v]
KEELING	EEGIKLN	KEEL, to capsize (to overturn (to turn over)) [v]
KICKBOX	BCIKKOX	to box in style that allows kicking [v -ED, -ING, -ES]
KICKERS	CEIKKRS	KICKER, one that kicks (to strike out with foot or feet) [n]
KICKING	CGIIKKN	act of striking with foot [n -S] / KICK, to strike out with foot or feet [v]
KINEMAS	AEIKMNS	KINEMA, cinema (motion-picture theater) [n]
KINESIC	CEIIKNS	pertaining to kinesics (study of body motion in relation to communication) [adj]
KINESIS	EIIKNSS	type of movement (act of moving (to change from one position to another)) [n -ES, -SES]
KINETIC	CEIIKNT	pertaining to motion [adj]
KIRNING	GIIKNNR	KIRN, to churn (to stir briskly in order to make butter) [v]
KITINGS	GIIKNST	KITING, act of flying kite [n]
KNACKED	ACDEKKN	KNACK, to strike sharply [v]
KNAPPED	ADEKNPP	KNAP, to strike sharply [v]
KNAPPER	AEKNPPR	one that knaps (to strike sharply) [n -S]
KNEEING	EEGIKNN	KNEE, to strike with knee (joint of leg) [v]
KNOCKED	CDEKKNO	KNOCK, to strike sharply [v]
KNOCKER	CEKKNOR	one that knocks (to strike sharply) [n -S]

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Movement, Idleness, Stoppage 7s

L

LAGGARD	AADGGLR	one that lags (to stay or fall behind) [n -S]
LAGGERS	AEGGLRS	LAGGER, laggard (one that lags (to stay or fall behind)) [n]
LAGGING	AGGGILN	LAG, to stay or fall behind [v]
LAMBADA	AAABDLM	Brazilian dance [n -S]
LAMBENT	ABELMNT	flickering lightly and gently over surface [adj]
LAMMING	AGILMMN	LAM, to flee hastily [v]
LAMSTER	AELMRST	fugitive (one who flees) [n -S]
LANDLER	ADELLNR	slow Austrian dance [n -S]
LAPPING	AGILNPP	LAP, to fold over or around something [v]
LARRUPS	ALPRRSU	LARRUP, to beat or thrash [v]
LASHERS	AEHLRSS	LASHER, one that lashes (to strike with whip) [n]
LASHING	AGHILNS	flogging (whipping (material used to whip)) [n -S] / LASH, to strike with whip [v]
LAUWINE	AEILNUW	avalanche [n -S]
LAVEERS	AEELRSV	LAVEER, to sail against wind [v]
LAWINES	AEILNSW	LAWINE, lauwine (avalanche) [n]
LAZYING	AGILNYZ	LAZY, to move or lie lazily [v]
LEACHED	ACDEEHL	LEACH, to subject to filtering action of liquid [v]
LEACHER	ACEEHLR	one that leaches (to subject to filtering action of liquid) [n -S]
LEACHES	ACEEHLS	LEACH, to subject to filtering action of liquid [v]
LEAFING	AEEFGILN	LEAF, to turn pages rapidly [v]
LEAPERS	AEELPRS	LEAPER, one that leaps (to spring off ground) [n]
LEAPING	AEGILNP	LEAP, to spring off ground [v]
LEAVERS	AEELRSV	LEAVER, one that leaves (to go away from) [n]
LEAVING	AEGILNV	LEAVE, to go away from [v]
LEEWARD	ADEELRW	direction toward which wind is blowing [n -S]
LEGGING	EGGGILN	LEG, to move with legs (appendages that serve as means of support and locomotion) [v]
LEGONGS	EGGLNOS	LEGONG, Balinese dance [n]
LEGROOM	EGLMOOR	space in which to extend legs [n -S]
LEGWORK	EGKLORW	work that involves extensive walking [n -S]
LENSING	EGILNNS	act or instance of filming motion picture [n -S]
LETTING	EGILNTT	LET, to hinder (to impede (to obstruct progress of)) [v]
LEVATOR	AELORTV	muscle that raises organ or part [n -ES, -S]
LEVERED	DEEELRV	LEVER, to move with lever (rigid body used to lift weight) [v]
LEWISES	EEILSSW	LEWIS, hoisting device [n]
LIBRATE	ABEILRT	to move from side to side [v -D, -TING, -S]
LIFTERS	EFILRST	LIFTER, one that lifts (to move to higher position) [n]
LIFTING	FGIILNT	LIFT, to move to higher position [v]
LIGHTER	EGHILRT	to convey in type of barge [v -ED, -ING, -S]
LIMBOED	BDEILMO	LIMBO, to perform West Indian dance [v]
LIMITED	DEIILMT	LIMIT, to restrict (to keep within certain boundaries) [v]
LIMPERS	EILMPRS	LIMPER, one that limps (to walk lamely) [n]
LIMPING	GIILMNP	LIMP, to walk lamely [v]
LINDIED	DDEIILN	LINDY, to perform fast, lively dance [v]
LINDIES	DEEILNS	LINDY, to perform fast, lively dance [v]
LIPREAD	ADEILPR	to understand spoken words by interpreting lip movements of speaker [n LIPREAD, -ING, -S]

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LISSOME	EILMOSS	lithe (bending easily) [adj]
LITHELY	EHILTY	LITHE, bending easily [adv]
LITHEST	EHILSTT	LITHE, bending easily [adj]
LOAFING	AFGILNO	place where cattle are allowed to roam freely [n -S]
LOBBERS	BBELORS	LOBBER, one that lobs (to throw or hit in high arc) [n]
LOBBING	BBGILNO	LOB, to throw or hit in high arc [v]
LOCUSTS	CLOSSTU	LOCUST, migratory grasshopper [n]
LOGGIER	EGGILOR	LOGGY, logy (sluggish (displaying little movement or activity)) [adj]
LOGIEST	EGILOST	LOGY, sluggish (displaying little movement or activity) [adj]
LOITERS	EILORST	LOITER, to stand idly about [v]
LOLLOPY	LLLOOPY	characterized by bobbing motion [adj]
LOUPING	GILNOPU	LOUP, to leap (to spring off ground) [v]
LOUTISH	HILOSTU	clumsy (awkward (lacking skill, dexterity, or grace)) [adj]
LUMPENS	ELMNPSU	LUMPEN, uprooted individual [n]
LUNGERS	EGLNRSU	LUNGER, one that lunges (to make forceful forward movement) [n]
LUNGING	GGILNNU	LUNGE, to make forceful forward movement [v]
LUNTING	GILNNTU	LUNT, to emit smoke [v]
LURCHED	CDEHLRU	LURCH, to sway abruptly [v]
LURCHES	CEHLRSU	LURCH, to sway abruptly [v]
LYDDITE	DDEILTY	explosive [n -S]

Movement, Idleness, Stoppage 7s

M

MAGLEVS	AEGLMSV	MAGLEV, train using magnets to move above tracks [n]
MALLING	AGILLMN	MALL, to maul (to injure by beating) [v]
MAMBOED	ABDEMMO	MAMBO, to perform ballroom dance [v]
MAMBOES	ABEMMOS	MAMBO, to perform ballroom dance [v]
MARCHED	ACDEHMR	MARCH, to walk in formal military manner [v]
MARCHER	ACEHMRR	one that marches (to walk in formal military manner) [n -S]
MARCHES	ACEHMRS	MARCH, to walk in formal military manner [v]
MASSAGE	AAEGMSS	to manipulate parts of body for remedial or hygienic purposes [v -D, -ING, -S]
MASSEUR	AEMRSSU	man who massages [n -S]
MAXIXES	AEIMSSX	MAXIXE, Brazilian dance [n]
MAZURKA	AAKMRUZ	Polish dance [n -S]
MEANDER	ADEEMNR	to wander (to move about with no destination or purpose) [v -ED, -ING, -S]
MEGATON	AEGMNOT	unit of explosive force [n -S]
MERISIS	EIIMRSS	growth (development) [n -SES]
MICHING	CGHIIMN	MICHE, to skulk (to move about stealthily) [v]
MIGRANT	AGIMNRT	one that migrates (to move from one region to another) [n -S]
MIGRATE	AEGIMRT	to move from one region to another [v -D, -TING, -S]
MILINGS	GIILMNS	MILING, activity of running in one-mile race [n]
MILLRUN	ILLMNRU	millrace (current of water that drives mill wheel) [n -S]
MINUETS	EIMNSTU	MINUET, to dance minuet (slow, stately dance) [v]
MISFOLD	DFILMOS	to fold wrongly [v -ED, -ING, -S]
MISKICK	CIKKMS	to kick badly [v -ED, -ING, -S]
MISMOVE	EIMMOSV	to move wrongly [v -D, -VING, -S]
MISSILE	EIILMSS	object or weapon that is thrown or projected [n -S]

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MISSTEP	EIMPSST	to step wrongly [v -PPED, -PPING, -S]
MISSTOP	IMOPSSST	to stop wrongly [v -PPED, -PPING, -S]
MIZZLED	DEILMZZ	MIZZLE, to rain in fine droplets [v]
MIZZLES	EILMSZZ	MIZZLE, to rain in fine droplets [v]
MOGGING	GGGIMNO	MOG, to move away [v]
MOONSET	EMNOOST	setting of moon below horizon [n -S]
MOSEYED	DEEMNOY	MOSEY, to saunter (to walk in leisurely manner) [v]
MOSHERS	EHMORSS	MOSHER, one that moshes (to engage in frenzied dancing with others at rock concert) [n]
MOSHING	GHIMNOS	MOSH (to engage in frenzied dancing with others at rock concert) [v]
MOTIONS	IMNOOST	MOTION, to signal by bodily movement [v]
MOTORED	DEMOORT	MOTOR, to travel by automobile [v]
MOTORIC	CIMOORT	pertaining to muscular movement [adj]
MOVABLE	ABELMOV	something that can be moved [n -S]
MOVABLY	ABLMOVY	so as to be capable of being moved [adv]
MUDCAPS	ACDMPSU	MUDCAP, to cover explosive with mud before detonating [v]
MUDFLAT	ADFLMTU	level tract alternately covered and left bare by tide [n -S]

Movement, Idleness, Stoppage 7s

N

NANOBOT	ABNNOOT	very small self-propelled machine [n -S]
NICTATE	ACEINTT	to wink (to close and open one eye quickly) [v -D, -TING, -S]
NIGHING	GGHIINN	NIGH, to approach (to come near or nearer to) [v]
NIMBLER	BEILMNR	NIMBLE, agile (able to move quickly and easily) [adj]
NIPPERS	EINPPRS	NIPPER, one that nips (to pinch (to squeeze between two edges or surfaces)) [n]
NIPPING	GIINPP	NIP, to pinch (to squeeze between two edges or surfaces) [v]
NODDERS	DDENORS	NODDER, one that nods (to briefly lower head forward) [n]
NODDING	DDGINNO	NOD, to briefly lower head forward [v]
NODDLED	DDDELNO	NODDLE, to nod frequently [v]
NODDLES	DDELNOS	NODDLE, to nod frequently [v]
NOMADIC	ACDIMNO	NOMAD, wanderer (one that wanders (to move about with no destination or purpose)) [adj]
NONSKID	DIKNNOS	designed to inhibit skidding [adj]
NONSLIP	ILNNOPS	designed to prevent slipping [adj]
NONSTOP	NNOOPST	flight without stop en route [n -S]
NORTHER	EHNORRT	wind or storm from north [n -S]
NUBBERS	BBEMRSU	NUBBER, weakly hit baseball that was not bunted [n]
NUDGERS	DEGNRSU	NUDGER, one that nudges (to push gently) [n]
NUDGING	DGGINNU	NUDGE, to push gently [v]
NUTATED	ADENTTU	NUTATE, to exhibit nutation (oscillatory movement of axis of rotating body) [v]
NUTATES	AENSTTU	NUTATE, to exhibit nutation (oscillatory movement of axis of rotating body) [v]
NUZZLED	DELNUZZ	NUZZLE, to push with nose [v]
NUZZLER	ELNRUZZ	one that nuzzles (to push with nose) [n -S]
NUZZLES	ELNSUZZ	NUZZLE, to push with nose [v]

Movement, Idleness, Stoppage 7s

O

OBVERTS	BEORSTV	OBVERT, to turn so as to show different surface [v]
ODYSSEY	DEOSSYY	long, wandering journey [n -S]



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OILTIGHT	GHILOTT	being so tight as to prevent passage of oil [adj]
OILWAYS	AILOSWY	OILWAY, channel for passage of oil [n]
ONWARDS	ADNORSW	onward (toward point ahead or in front) [adv]
ORBITED	BDEIORT	ORBIT, to move or revolve around [v]
ORBITER	BEIORRT	one that orbits (to move or revolve around) [n -S]
ORIENTS	EINORST	ORIENT, to adjust in relation to something else [v]
OUTDRAG	ADGORTU	to surpass in drag racing [v -GGED, -GGING, -S]
OUTDROP	DOOPRTU	to surpass in dropping [v -PPED, -PPING, -S]
OUTFLEW	EFLOTUW	OUTFLY, to surpass in speed of flight [v]
OUTFOOT	FOOOTTU	to surpass in speed (to move swiftly) [v -ED, -ING, -S]
OUTGUSH	GHOSTUU	to surpass in gushing [v -ED, -ING, -S]
OUTJUMP	JMOPTTU	to surpass in jumping [v -ED, -ING, -S]
OUTKICK	CIKKOTU	to surpass in kicking [v -ED, -ING, -S]
OUTLEAP	AELOPTU	to surpass in leaping [v -ED, -T, -ING, -S]
OUTMOVE	EMOOTUV	to move faster or farther than [v -D, -VING, -S]
OUTPACE	ACEOPTU	to surpass in speed (to move swiftly) [v -D, -CING, -S]
OUTPASS	AOPSSTU	to excel in passing football [v -ED, -ING, -ES]
OUTPLOD	DLOOPTU	to surpass in plodding [v -DDED, -DDING, -S]
OUTPULL	LLOPTUU	to attract larger audience or following than [v -ED, -ING, -S]
OUTPUSH	HOPSTUU	to surpass in pushing [v -ED, -ING, -ES]
OUTRACE	ACEORTU	to run faster or farther than [v -D, -CING, -S]
OUTROCK	CKOORTU	to surpass in rocking (to move back and forth) [v -ED, -ING, -S]
OUTROOT	OOORTTU	to pull up by roots [v -ED, -ING, -S]
OUTROWS	OORSTUW	OUTROW, to surpass in rowing [v]
OUTRUNS	NORSTUU	OUTRUN, to run faster than [v]
OUTRUSH	HORSTUU	to surpass in rushing [v -ED, -ING, -ES]
OUTSAIL	AILOSTU	to sail faster than [v -ED, -ING, -S]
OUTSOAR	AORSTU	to soar beyond [v -ED, -ING, -S]
OUTSTEP	EOPSTTU	to step beyond [v -PPED, -PPING, -S]
OUTSWIM	IMOSTUW	to swim faster or farther than [v -WAM, -WUM, -MMING, -S]
OUTWALK	AKLOTUW	to surpass in walking [v -ED, -ING, -S]
OVERFLY	EFLORVY	to fly over [v -LEW, -LOWN, -ING, -LIES]
OVERING	EGINORV	OVER, to leap above and to other side of [v]
OVERSET	EEORSTV	to turn or tip over [v OVERSET, -TTING, -S]
OVERTOP	EOPRTV	to rise above top of [v -PPED, -PPING, -S]

Movement, Idleness, Stoppage 7s

P

PADDLED	ADDDELP	PADDLE, to propel with broad-bladed implement [v]
PADDLER	ADDELPR	one that paddles (to propel with broad-bladed implement) [n -S]
PADDLES	ADDELPS	PADDLE, to propel with broad-bladed implement [v]
PADNAGS	AADGNPS	PADNAG, horse that moves along at easy pace [n]
PAIKING	AGIIKNP	PAIK, to beat or strike [v]
PALSIED	ADEILPS	PALSY, to paralyze (to render incapable of movement) [v]
PALSIES	AEILPSS	PALSY, to paralyze (to render incapable of movement) [v]
PARADED	AADDEPR	PARADE, to march in public procession [v]
PARADER	AADEPRR	one that parades (to march in public procession) [n -S]



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PARADES	AADEPRS	PARADE, to march in public procession [v]
PAREISIS	AEIPRSS	partial loss of ability to move [n -SES]
PARETIC	ACEIPRT	one affected with paresis [n -S]
PARKOUR	AKOPRRU	sport of traversing environmental obstacles by running, climbing, or leaping [n -S]
PASHING	AGHINPS	PASH, to strike violently [v]
PASSADE	AADEPSS	turn of horse backward or forward on same ground [n -S]
PASSAGE	AAEGPSS	to make voyage [v -D, -GING, -S]
PASSANT	AANPSST	walking with farther forepaw raised -- used of heraldic animal [adj]
PASSERS	AEPRSSS	PASSER, one that passes (to go by) [n]
PATting	AGINPTT	PAT, to touch lightly [v]
PAUSERS	AEPRSSU	PAUSER, one that pauses (to stop temporarily) [n]
PAUSING	AGINPSU	PAUSE, to stop temporarily [v]
PAVANES	AAENPSV	PAVANE, pavan (slow, stately dance) [n]
PEAVEYS	AEEPSVY	PEAVEY, lever used to move logs [n]
PEAVIES	AEEIPSV	PEAVY, peavey (lever used to move logs) [n]
PECKERS	CEEKPRS	PECKER, one that pecks (to strike with beak or something pointed) [n]
PECKING	CEGIKNP	PECK, to strike with beak or something pointed [v]
PEDALER	ADEELPR	one that pedals (to operate by means of foot levers) [n -S]
PEDICAB	ABCDEIP	passenger vehicle that is pedaled [n -S]
PEENING	EEGINNP	PEEN, to beat with non-flat end of hammerhead [v]
PELLETS	EELLPST	PELLET, to strike with pellets (small rounded masses) [v]
PELTERS	EELPRST	PELTER, to pelt (to strike repeatedly with blows or missiles) [v]
PELTING	EGILNPT	PELT, to strike repeatedly with blows or missiles [v]
PERCUSS	CEPRSSU	to strike with force [v -ED, -ING, -ES]
PESADES	ADEEPSS	PESADE, position of horse when rearing [n]
PETARDS	ADEPRST	PETARD, explosive device [n]
PETTING	EGINPTT	amorous caressing and kissing [n -S] / PET, to caress with hand [v]
PHONONS	HNNOOPS	PHONON, quantum of vibrational energy [n]
PIAFFER	AEFFIPR	movement in horsemanship [n -S]
PILGRIM	GIILMPR	to travel to holy place for religious reasons [v -ED, -ING, -S]
PINBALL	ABILLNP	to move abruptly from one place to another [v -ED, -ING, -S]
PINTLES	EILNPST	PINTLE, pin on which something turns [n]
PIPPING	GIINPPP	PIP, to break through shell of egg [v]
PITCHED	CDEHIPT	PITCH, to throw (to propel through air with movement of arm) [v]
PITCHES	CEHIPST	PITCH, to throw (to propel through air with movement of arm) [v]
PIVOTED	DEIOPTV	PIVOT, to turn on shaft or rod [v]
PLODDED	DDDELOP	PLOD, to walk heavily [v]
PLODDER	DDELOPR	one that plods (to walk heavily) [n -S]
PLONKED	DEKLNOP	PLONK, to plunk (to fall or drop heavily) [v]
PLOPPED	DELOPPP	PLOP, to drop or fall heavily [v]
PLOYING	GILNOPY	PLOY, to move from line into column [v]
PLUCKED	CDEKLPU	PLUCK, to pull out or off [v]
PLUCKER	CEKLPRU	one that plucks (to pull out or off) [n -S]
PLUMMET	ELMMPTU	to drop straight down [v -ED, -ING, -S]
PLUNGED	DEGLNPU	PLUNGE, to throw or thrust suddenly or forcibly into something [v]
PLUNGER	EGLNPRU	one that plunges (to throw or thrust suddenly or forcibly into something) [n -S]
PLUNGES	EGLNPSU	PLUNGE, to throw or thrust suddenly or forcibly into something [v]

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PLUNKED	DEKLNPU	PLUNK, to fall or drop heavily [v]
PLUNKER	EKLNPRU	one that plunks (to fall or drop heavily) [n -S]
POGOING	GGINOOP	POGO, to jump up and down as if on pogo stick [v]
POINTED	DEINOPT	POINT, to indicate direction with finger [v]
POKABLE	ABEKLOP	POKE, to push or prod [adj]
POKIEST	EIKOPST	POKY, slow (moving with little speed) [adj]
POLEAXE	AEELOPX	to poleax (to strike with axlike weapon) [v -D, -XING, -S]
POLKAED	ADEKLOP	POLKA, to perform lively dance [v]
POMMELS	ELMMOPS	POMMEL, to strike with fists [v]
POPPLD	DELOPPP	POPPLD, to move in bubbling or rippling manner [v]
POPPLS	ELOPPPS	POPPLS, to move in bubbling or rippling manner [v]
PORTING	GINOPRT	PORT, to shift to left side [v]
POSABLE	ABELOPS	POSE, to assume fixed position [adj]
POUNDED	DDENOPU	POUND, to strike heavily and repeatedly [v]
POUNDER	DENOPRU	one that pounds (to strike heavily and repeatedly) [n -S]
POURERS	EOPRRSU	POURER, one that pours (to cause to flow) [n]
POURING	GINOPRU	POUR, to cause to flow [v]
POWERED	DEEOPRW	POWER, to provide with means of propulsion [v]
PRANCED	ACDENPR	PRANCE, to spring forward on hind legs [v]
PRANCER	ACENPRR	one that prances (to spring forward on hind legs) [n -S]
PRANCES	ACENPRS	PRANCE, to spring forward on hind legs [v]
PRANGED	ADEGNPR	PRANG, to cause to crash [v]
PRECESS	CEEPRSS	to rotate with complex motion [v -ED, -ING, -ES]
PREDIVE	DEEIPRV	preceding dive [adj]
PREPOSE	EEOPPRS	to place something in front of another [v -D, -SING, -S]
PRESSED	DEEPRSS	PRESS, to act upon with steady force [v]
PRESSER	EEPRRSS	one that presses (to act upon with steady force) [n -S]
PRESSES	EEPRSSS	PRESS, to act upon with steady force [v]
PROCEED	CDEEOPR	to go forward or onward [v -ED, -ING, -S]
PRODDD	DDDEOPR	PROD, to jab with something pointed [v]
PRODDER	DDEOPRR	one that prods (to jab with something pointed) [n -S]
PROFUSE	EFOPRSU	pouring forth generously [adj]
PROJECT	CEJOPRT	to extend outward [v -ED, -ING, -S]
PRONATE	AENOPRT	to turn palm downward or backward [v -D, -TING, -S]
PROPELS	ELOPPRS	PROPEL, to cause to move forward or onward [v]
PRORATE	AEOPRRT	to divide proportionately [v -D, -TING, -S]
PROTEND	DENOPRT	to extend (to stretch out to full length) [v -ED, -ING, -S]
PROWLED	DELOPRW	PROWL, to move about stealthily [v]
PROWLER	ELOPRRW	one that prowls (to move about stealthily) [n -S]
PULLERS	ELLPRSU	PULLER, one that pulls (to exert force in order to cause motion toward force) [n]
PULLEYS	ELLPSUY	PULLEY, to hoist with pulley (device used for lifting weight) [v]
PULLING	GILLNPU	PULL, to exert force in order to cause motion toward force [v]
PULLOUT	LLOPTUU	withdrawal [n -S]
PULLUPS	LLPPSUU	PULLUP, act of raising oneself while hanging by hands [n]
PULSERS	ELPRSSU	PULSER, device that causes pulsations [n]
PUMMELS	ELMMPSU	PUMMEL, to pommel (to strike with fists) [v]
PUMPERS	EMPPRSU	PUMPER, one that pumps (to cause to flow by means of pump (device for moving fluids)) [n]

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PUMPING	GIMNPPU	PUMP, to cause to flow by means of pump (device for moving fluids) [v]
PUNCHED	CDEHNPU	PUNCH, to perforate with type of tool [v]
PUNCHER	CEHNPRU	one that punches (to perforate with type of tool) [n -S]
PUNCHES	CEHNPSU	PUNCH, to perforate with type of tool [v]
PUNTERS	ENPRSTU	PUNTER, one that punts (to propel through water with pole) [n]
PUNTING	GINNPTU	PUNT, to propel through water with pole [v]
PUSHERS	EHPRSSU	PUSHER, one that pushes (to exert force in order to cause motion away from force) [n]
PUSHING	GHINPSU	PUSH, to exert force in order to cause motion away from force [v]

Movement, Idleness, Stoppage 7s

Q

QUAKERS	AEKQRSU	QUAKER, one that quakes (to shake or vibrate) [n]
QUAKING	AGIKNQU	QUAKE, to shake or vibrate [v]
QUANTED	ADENQTU	QUANT, to propel through water with pole [v]
QUAVERS	AEQRSUV	QUAVER, to quiver (to shake with slight but rapid motion) [v]
QUAVERY	AEQRUVY	quivery (marked by quivering) [adj]
QUICKER	CEIKQRU	QUICK, acting or capable of acting with speed [adj]
QUIRTED	DEIQRTU	QUIRT, to strike with riding whip [v]
QUIVERS	EIQRSUV	QUIVER, to shake with slight but rapid motion [v]
QUOITED	DEIOQTU	QUOIT, to play throwing game similar to ringtoss [v]

Movement, Idleness, Stoppage 7s

R

RAFTING	AFGINRT	sport of traveling down river on raft [n -S] / RAFT, to transport on raft (type of buoyant structure) [v]
RAGTIME	AEGIMRT	style of American dance music [n -S]
RAINING	AGIINNR	RAIN, to fall like rain (drops of water condensed from clouds) [v]
RAISERS	AEIRRSS	RAISER, one that raises (to move to higher position) [n]
RALPHED	ADEHLPR	RALPH, to vomit (to eject contents of stomach through mouth) [v]
RAMBLED	ABDELMR	RAMBLE, to wander (to move about with no destination or purpose) [v]
RAMBLER	ABELMRR	one that rambles (to wander (to move about with no destination or purpose)) [n -S]
RAMBLES	ABELMRS	RAMBLE, to wander (to move about with no destination or purpose) [v]
RAMMERS	AEMMRRS	RAMMER, one that rams (to strike with great force) [n]
RAMMING	AGIMMNR	RAM, to strike with great force [v]
RAMPAGE	AAEGMPR	to move about wildly or violently [v -D, -GING, -S]
RAMPING	AGIMNPR	RAMP, to rise or stand on hind legs [v]
RAPPELS	AELPPRS	RAPPEL, to descend from steep height by means of rope [v]
RAPPERS	AEPPRRS	RAPPER, one that raps (to strike sharply) [n]
RAPPING	AGINPPR	RAP, to strike sharply [v]
RATCHES	ACEHRST	RATCH, mechanism that allows motion in one direction only [n]
RAVIEST	AEIRSTV	RAVEY, characteristic of rave (all-night dance party with fast electronic music) [adj]
REACTED	ACDEERT	REACT, to respond to stimulus [v]
REACTOR	ACEORRT	one that reacts (to respond to stimulus) [n -S]
REBOUND	BDENORU	to spring back [v -ED, -ING, -S] / REBIND, BIND, to tie or secure [v]
RECARRY	ACERRRY	CARRY, to convey from one place to another [v -RRIED, -ING, -RRIES]
RECASTS	ACERSST	RECAST, CAST, to throw with force [v]
RECEDED	CDDEEER	RECEDE, to move back or away [v]
RECEDES	CDEEERS	RECEDE, to move back or away [v]



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RECURVE	CEERRUV	to curve backward or downward [v -D, -VING, -S]
REDOWAS	ADEORSW	REDOWA, lively dance [n]
REDRAWN	ADENRRW	REDRAW, DRAW, to move by pulling [v]
REDRAWS	ADERRSW	REDRAW, DRAW, to move by pulling [v]
REDRIVE	DEEIRRV	DRIVE, to urge or propel forward [v -ROVE, -N, -VING, -S]
REEJECT	CEEEJRT	EJECT, to throw out forcibly [v -ED, -ING, -S]
REELERS	EEELRRS	REELER, one that reels (to wind on type of rotary device) [n]
REELING	EEGILNR	REEL, to wind on type of rotary device [v]
REENTER	EEENRRT	to enter again [v -ED, -ING, -S]
REENTRY	EENRRTY	new or second entry [n -RIES]
REESTED	DEEERST	REEST, to balk (to stop short and refuse to proceed) [v]
REFALLS	AEFLLRS	REFALL, to fall again [v]
REFLECT	CEEFLRT	to turn or throw back from surface [v -ED, -ING, -S]
REFLIES	EEFILRS	REFLY, FLY, to move through air [v]
REFLOWN	EFLNORW	REFLY, FLY, clever (mentally keen) [v]
REFLOWS	EFLORSW	REFLOW, FLOW, to move steadily and smoothly along [v]
REFUGEE	EEFGRU	one who flees for safety [n -S]
REGORGE	EEGGORR	to vomit (to eject contents of stomach through mouth) [v -ED, -GING, -S]
REINING	EGIINNR	REIN, to restrain (to hold back from action) [v]
REINTER	EEINRRT	to inter again [v -RRED, -RRING, -S]
RELEVES	EEELRSV	RELEVE, raising onto toe in ballet [n]
REMERGE	EEEGMRR	to merge again [v -D, -GING, -S]
REMOTER	EEMORRT	REMOTE, situated far away [adj]
REMOUNT	EMNORTU	to mount again [v -ED, -ING, -S]
REMOVAL	AELMORV	act of removing (to take or move away) [n -S]
REMOVED	DEEMORV	REMOVE, to take or move away [v]
REMOVER	EEMORRV	one that removes (to take or move away) [n -S]
REMOVES	EEMORSV	REMOVE, to take or move away [v]
REPOSIT	EIOPRST	to put away [v -ED, -ING, -S]
REPTANT	AENPRTT	creeping or crawling [adj]
REPULSE	EELPRSU	to drive back [v -D, -SING, -S]
RERAISE	AAEIRRS	RAISE, to move to higher position [v -D, -SING, -S]
RERISEN	EEINRRS	RERISE, RISE, to move upward [v]
RERISES	EEIRRSS	RERISE, RISE, to move upward [v]
REROLLS	ELLORRS	REROLL, ROLL, to move along by repeatedly turning over [v]
RESAILS	AEILRSS	RESAIL, SAIL, to move across surface of water by action of wind [v]
RESILED	DEEILRS	RESILE, to spring back [v]
RESILES	EEILRSS	RESILE, to spring back [v]
RESPACE	ACEEPRS	SPACE, to set some distance apart [v -ED, -ING, -ES]
RESTACK	ACEKRST	to stack again [v -ED, -ING, -S]
RESTOKE	E EKORST	to stoke again [v -D, -KING, -S]
RETARDS	ADERRST	RETARD, to slow progress of [v]
RETCHED	CDEEHRT	RETCH, to make effort to vomit [v]
RETCHES	CEEHRST	RETCH, to make effort to vomit [v]
RETIRED	DEEIRRT	RETIRE, to go away or withdraw [v]
RETIRER	EEIRRTT	one that retires (to go away or withdraw) [n -S]
RETIRES	EEIRRST	RETIRE, to go away or withdraw [v]

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RETRACT	ACERRTT	to take back [v -ED, -ING, -S]
RETURNS	ENRRSTU	RETURN, to come or go back [v]
RETWIST	EIRSTTW	to twist again [v -ED, -ING, -S]
REVERSE	EEERRSV	to turn or move in opposite direction [v -D, -SING, -S]
REVOLVE	EELORVV	to turn about axis [v -D, -VING, -S]
REWINDS	DEINRSW	REWIND, WIND, to pass around object or fixed center [v]
REWOUND	DENORUW	REWIND, WIND, to pass around object or fixed center [v]
RHUMBAS	ABHMRSU	RHUMBA, to rumba (to perform ballroom dance) [v]
RHYTHMS	HHMRSTY	RHYTHM, movement or procedure with uniform recurrence of strong and weak elements [n]
RIFFLED	DEFFILR	RIFFLE, to flip through hastily [v]
RIFFLES	EFFILRS	RIFFLE, to flip through hastily [v]
RIMSHOT	HIMORST	sound made by drumstick striking rim and head of drum [n -S]
RINNING	GIINNNR	RIN, to run or melt [v]
RIPOSTE	EIOPRST	to make return thrust in fencing [v -D, -TING, -S]
RISINGS	GIINRSS	RISING, act of one that rises (to move upward) [n]
ROAMERS	AEMORRS	ROAMER, one that roams (to move about without purpose or plan) [n]
ROAMING	AGIMNOR	ROAM, to move about without purpose or plan [v]
ROCKETS	CEKORST	ROCKET, to convey by means of rocket (device propelled by reaction of escaping gases) [v]
ROCKING	CGIKNOR	ROCK, to move back and forth [v]
ROLLICK	CIKLLOR	to frolic (to play and run about merrily) [v -ED, -ING, -S]
ROLLING	GILLNOR	act of one that rolls [n -S] / ROLL, to move along by repeatedly turning over [v]
ROTATED	ADEORTT	ROTATE, to turn about axis [v]
ROTATES	AEORSTT	ROTATE, to turn about axis [v]
ROTATOR	AOORRTT	one that rotates (to turn about axis) [n -ES, -S]
ROUSTED	DEORSTU	ROUST, to arouse and drive out [v]
ROWABLE	ABELORW	ROW, to propel by means of oars [adj]
RUBBERS	BBERRSU	RUBBER, to stretch one's neck in looking at something [v]
RUMBAED	ABDEMUR	RUMBA, to perform ballroom dance [v]
RUNAWAY	AANRUWY	one that runs away [n -S]
RUNNERS	ENNRRSU	RUNNER, one that runs (to move by rapid steps) [n]
RUNNIER	EINNRRU	RUNNY, tending to drip [adj]
RUNNING	GINNNRU	race [n -S] / RUN, to move by rapid steps [v]
RUSHERS	EHRSSU	RUSHER, one that rushes (to move swiftly) [n]
RUSHING	GHINRSU	yardage gained in football by running plays [n -S] / RUSH, to move swiftly [v]

Movement, Idleness, Stoppage 7s

S

SABERED	ABDEERS	SABER, to strike with saber (type of sword) [v]
SABRING	ABGINRS	SABRE, to saber (to strike with saber (type of sword)) [v]
SACCADE	AACCDES	rapid, jerky movement of eye [n -S]
SAGGIER	AEGGIRS	SAGGY, characterized by sagging (to bend or sink downward from weight or pressure) [adj]
SAGGING	AGGGINS	SAG, to bend or sink downward from weight or pressure [v]
SAILING	AGIILNS	act of one that sails (to move across surface of water by action of wind) [n -S]
SALAAMS	AAALMSS	SALAAM, to greet with low bow [v]
SALCHOW	ACHLOSW	figure-skating jump [n -S]
SALLIED	ADEILLS	SALLY, to rush out suddenly [v]
SALLIER	AEILLRS	one that sallies (to rush out suddenly) [n -S]



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SALLIES	AEILLSS	SALLY, to rush out suddenly [v]
SALTANT	AALNSTT	jumping or dancing [adj]
SALUTED	ADELSTU	SALUTE, to greet with sign of welcome or respect [v]
SALUTER	AELRSTU	one that salutes (to greet with sign of welcome or respect) [n -S]
SALUTES	AELSSTU	SALUTE, to greet with sign of welcome or respect [v]
SAMBAED	AABDEMS	SAMBA, to perform Brazilian dance [v]
SANSEIS	AEINSSS	SANSEI, grandchild of Japanese immigrants to United States [n]
SARDANA	AAADNRS	Spanish folk dance [n -S]
SASHAYS	AAHSSSY	SASHAY, to flounce (to move with exaggerated motions) [v]
SAUNTER	AENRSTU	to walk in leisurely manner [v -ED, -ING, -S]
SCALERS	ACELRSS	SCALER, one that scales (to climb up or over) [n]
SCALING	ACGILNS	formation of scales on skin [n -S] / SCALE, to climb up or over [v]
SCAMPER	ACEMPRS	to run playfully about [v -ED, -ING, -S]
SCAPING	ACGINPS	SCAPE, to escape (to get away) [v]
SCARPER	ACEPRRS	to flee (to run away) [v -ED, -ING, -S]
SCATTED	ACDESTT	SCAT, to leave hastily [v]
SCATTER	ACERSTT	to go or send in various directions [v -ED, -ING, -S]
SCENDED	CDDEENS	SCEND, to rise upward, as ship on wave [v]
SCHLEPP	CEHLPPS	to schlep (to lug or drag) [v -ED, -ING, -S]
SCHLEPS	CEHLPSS	SCHLEP, to lug or drag [v]
SCLAFFS	ACFFLSS	SCLAFF, to strike ground with club before hitting ball in golf [v]
SCOOTCH	CCHOOST	to scooch (to slide with short movements) [v -ED, -ING, -ES]
SCOOTED	CDEOOST	SCOOT, to go quickly [v]
SCRAVEL	ACELRSV	to move quickly, scramble [v -ED, -LLED, -ING, -LLING, -S]
SCRIEVE	CEEIRSV	to move along swiftly and smoothly [v -D, -VING, -S]
SCRIPTS	CIPRSST	SCRIPT, to prepare written text for, as play or motion picture [v]
SCROLLS	CLLORSS	SCROLL, to move text across display screen [v]
SCROOCH	CCHOORS	to crouch (to stoop (to bend body forward and down)) [v -ED, -ING, -ES]
SCUBAED	ABCDESU	SCUBA, to swim underwater using breathing device with compressed air [v]
SCUDDDED	CDDDESU	SCUD, to run or move swiftly [v]
SCUFFED	CDEFFSU	SCUFF, to walk without lifting feet [v]
SCUFFER	CEFFRSU	one that scuffs (to walk without lifting feet) [n -S]
SCULKED	CDEKLSU	SCULK, to skulk (to move about stealthily) [v]
SCULKER	CEKLRSU	skulker (one that skulks (to move about stealthily)) [n -S]
SCULLED	CDELLSU	SCULL, to propel with type of oar [v]
SCULLER	CELLRSU	one that sculls (to propel with type of oar) [n -S]
SCUTTER	CERSTTU	to scurry (to move hurriedly) [v -ED, -ING, -S]
SCUTTLE	CELSTTU	to scurry (to move hurriedly) [v -D, -LING, -S]
SEASICK	ACEIKSS	affected with nausea caused by motion of vessel at sea [adj]
SEAWAYS	AAESSWY	SEAWAY, headway made by ship [n]
SEDATER	ADEERST	SEDATE, calm (free from agitation) [adj]
SEEPER	EEEIPRS	SEEPY, soaked or oozing with water [adj]
SEEPING	EEGINPS	SEEP, to pass slowly through small openings [v]
SEESAWS	AEESSWW	SEESAW, to move up and down or back and forth [v]
SENNETS	EENNSST	SENNET, call sounded on trumpet signaling entrance or exit of actors [n]
SHADOOF	ADFHOOOS	device used in Egypt for raising water for irrigation [n -S]
SHADUFS	ADFHSSU	SHADUF, shadoof (device used in Egypt for raising water for irrigation) [n]



A Moveable Feast

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SHAFTED	ADEFHST	SHAFT, to push or propel with pole [v]
SHAKERS	AEHKRSS	SHAKER, one that shakes (to move to and fro with short, rapid movements) [n]
SHAKING	AGHIKNS	SHAKE, to move to and fro with short, rapid movements [v]
SHAMBLE	ABEHLMS	to walk awkwardly [v -D, -LING, -S]
SHEERED	DEEEHRS	SHEER, to swerve (to turn aside suddenly from straight course) [v]
SHIFTED	DEFHIST	SHIFT, to move from one position to another [v]
SHIFTER	EFHIRST	one that shifts (to move from one position to another) [n -S]
SHINDIG	DGHIINS	elaborate dance or party [n -S]
SHINDYS	DHINSSY	SHINDY, shindig (elaborate dance or party) [n]
SHINNED	DEHINNS	SHIN, to climb by gripping and pulling alternately with hands and legs [v]
SHLEPPS	EHLPPSS	SHLEPP, to schlep (to lug or drag) [v]
SHOGGED	DEGGHOS	SHOG, to move along [v]
SHOOING	GHIINOOS	SHOO, to drive away [v]
SHOVERS	EHORSSV	SHOVER, one that shoves (to push roughly) [n]
SHOVING	GHINOSV	SHOVE, to push roughly [v]
SHRIVEL	EHILRSV	to contract into wrinkles [v -ED, -LLED, -ING, -LLING, -S]
SHUDDER	DDEHRSU	to tremble (to shake involuntarily) [v -ED, -ING, -S]
SHUFFLE	EFFHLSU	to walk without lifting feet [v -D, -LING, -S]
SHUNNED	DEHNNSU	SHUN, to avoid (to keep away from) [v]
SHUNNER	EHNRSU	one that shuns (to avoid (to keep away from)) [n -S]
SHUNTED	DEHNSTU	SHUNT, to turn aside [v]
SHUNTER	EHNRSU	one that shunts (to turn aside) [n -S]
SHUTING	GHINSTU	SHUTE, to chute (to convey by chute (vertical passage)) [v]
SHUTTLE	EHLSTTU	to move or travel back and forth [v -D, -LING, -S]
SIDLERS	DEILRSS	SIDLER, one that sidles (to move sideways) [n]
SIDLING	DGIILNS	SIDLE, to move sideways [v]
SINKAGE	AEGIKNS	act, process, or degree of sinking [n -S]
SINKERS	EIKNRSS	SINKER, one that sinks (to move to lower level) [n]
SINKING	GIIKNNS	SINK, to move to lower level [v]
SIPHONS	HINOPSS	SIPHON, to draw off through siphon (type of tube) [v]
SJAMBOK	ABJKMOS	to strike with whip used in South Africa [v -ED, -ING, -S]
SKANKED	ADEKKNS	SKANK, to dance in loose-limbed manner [v]
SKANKER	AEKKNRS	one that skanks (to dance in loose-limbed manner) [n -S]
SKATERS	AEKRSST	SKATER, one that skates (to glide over ice or ground on skates (shoes fitted with runners or wheels)) [n]
SKATING	AGIKNST	sport of gliding on skates [n -S] / SKATE, to glide over ice or ground on skates (shoes fitted with runners or wheels) [v]
SKEEING	EEGIKNS	SKEE, to ski (to travel on skis (long, narrow strips of wood or metal)) [v]
SKELPED	DEEKLPS	SKELP, to slap (to strike with open hand) [v]
SKELPIT	EIKLPST	SKELP, to slap (to strike with open hand) [v]
SKELTER	EEKLRST	to scurry (to move hurriedly) [v -ED, -ING, -S]
SKEWING	EGIKNSW	SKEW, to turn aside [v]
SKIDDED	DDDEIKS	SKID, to slide sideways as result of loss of traction [v]
SKIDDER	DDEIKRS	one that skids (to slide sideways as result of loss of traction) [n -S]
SKIDDOO	DDIKOOS	to go away [v -ED, -ING, -S]
SKIDOOS	DIKOOSS	SKIDOO, to skiddoo (to go away) [v]
SKIDPAD	ADDIKPS	road surface on which drivers can practice controlling skidding [n -S]
SKIINGS	GIIKNSS	SKIING, sport of traveling on skis [n]
SKIPPED	DEIKPPS	SKIP, to move with light springing steps [v]

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SKIRRED	DEIKRRS	SKIRR, to move rapidly [v]
SKIRTED	DEIKRST	SKIRT, to go or pass around [v]
SKIRTER	EIKRRST	one that skirts (to go or pass around) [n -S]
SKITING	GIKKNST	SKITE, to move away quickly [v]
SKITTER	EIKRSTT	to move lightly or rapidly along surface [v -ED, -ING, -S]
SKULKED	DEKKLSU	SKULK, to move about stealthily [v]
SKULKER	EKKLRSU	one that skulks (to move about stealthily) [n -S]
SKULLED	DEKLLSU	SKULL, to hit on head [v]
SKYLARK	AKKLRYS	to frolic (to play and run about merrily) [v -ED, -ING, -S]
SKYWALK	AKKLSWY	elevated walkway between two buildings [n -S]
SLABBER	ABBELRS	to slobber (to drool (to drivel (to let saliva flow from mouth))) [v -ED, -ING, -S]
SLALOMS	ALLMOSS	SLALOM, to ski in zigzag course [v]
SLAMMED	ADELMMMS	SLAM, to shut forcibly and noisily [v]
SLAMMER	AELMMRS	jail [n -S]
SLAPPED	ADELPPS	SLAP, to strike with open hand [v]
SLAPPER	AELPPRS	one that slaps (to strike with open hand) [n -S]
SLEDDER	DDDEELS	SLED, to convey on sled (vehicle for carrying people or loads over snow or ice) [v]
SLEDGED	DDEELRS	one that sleds (to convey on sled (vehicle for carrying people or loads over snow or ice)) [n -S]
SLEDGES	DDEEGLS	SLEDGE, to convey on type of sled [v]
SLEWING	DEEGLSS	SLEDGE, to convey on type of sled [v]
SLIDDEN	EGILNSW	SLEW, to slue (to cause to move sideways) [v]
SLIDERS	DDEILNS	SLIDE, to move smoothly along surface [v]
SLIDING	DEILRSS	SLIDER, one that slides (to move smoothly along surface) [n]
SLINGER	DGIILNS	SLIDE, to move smoothly along surface [v]
SLINKED	EGILNRS	one that slings (to throw with sudden motion) [n -S]
SLIPPED	DEIKLNS	SLINK, to move stealthily [v]
SLITHER	DEILPPS	SLIP, to slide suddenly and accidentally [v]
SLOGGED	EHILRST	SLITHER, to slide from side to side [v -ED, -ING, -S]
SLOGGER	DEGGLOS	SLOG, to plod (to walk heavily) [v]
SLOSHED	EGGLORS	one that slogs (to plod (to walk heavily)) [n -S]
SLOSHES	DEHLOSS	SLOSH, to move with splashing motion [v]
SLOUCHY	EHLOSSS	SLOSH, to move with splashing motion [v]
SLOWEST	CHLOSUY	slouching [adj -HIER, -HIEST]
SLOWING	ELOSSTW	SLOW, moving with little speed [adj]
SLUGGED	GILNOSW	SLOW, to lessen speed of [v]
SLUGGER	DEGGLSU	SLUG, to strike heavily [v]
SLUMPED	EGGLRSU	one that slugs (to strike heavily) [n -S]
SMACKED	DELMPSU	SLUMP, to fall or sink suddenly [v]
SMACKER	ACDEKMS	SMACK, to strike sharply [v]
SMILERS	ACEKMRS	one that smacks (to strike sharply) [n -S]
SMILING	EILMRSS	SMILER, one that smiles (to upturn corners of mouth in pleasure) [n]
SMITERS	GIILMNS	SMILE, to upturn corners of mouth in pleasure [v]
SMITING	EIMRSST	SMITER, one that smites (to strike heavily) [n]
SMITTEN	GIIMNST	SMITE, to strike heavily [v]
SNAILED	EIMNSTT	SMITE, to strike heavily [v]
SNAKING	ADEILNS	SNAIL, to move slowly [v]
	AGIKNNS	SNAKE, to move like snake (limbless reptile) [v]



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SNARLED	ADELNRS	SNARL, to growl viciously [v]
SNARLER	AELNRRS	one that snarls (to growl viciously) [n -S]
SNEAKED	ADEEKNS	SNEAK, to move stealthily [v]
SNEAKER	AEEKNRS	one that sneaks (to move stealthily) [n -S]
SNORKEL	EKLNORS	to swim underwater with type of breathing device [v -ED, -LLED, -ING, -LLING, -S]
SOARERS	AEORRSS	SOARER, one that soars (to fly at great height) [n]
SOARING	AGINORS	sport of flying in heavier-than-air craft without power [n -S] / SOAR, to fly at great height [v]
SOCKING	CGIKNOS	SOCK, to strike forcefully [v]
SOUKOUS	KOOSSUU	dance music in Democratic Republic of Congo [n -ES]
SOUTHED	DEHOSTU	SOUTH, to move toward south (cardinal point of compass) [v]
SOUTHER	EHORSTU	wind or storm from south [n -S]
SPACERS	ACEPRSS	SPACER, one that spaces (to set some distance apart) [n]
SPANKED	ADEKNPS	SPANK, to slap on buttocks [v]
SPANKER	AEKNPRS	one that spanks (to slap on buttocks) [n -S]
SPARGER	AEGPRRS	one that sparges (to sprinkle (to scatter drops or particles on)) [n -S]
SPARGES	AEGPRSS	SPARGE, to sprinkle (to scatter drops or particles on) [v]
SPASMED	ADEMPSS	SPASM, to undergo involuntary muscular contraction [v]
SPATTED	ADEPSTT	SPAT, to strike lightly [v]
SPATTER	AEPRSTT	to scatter in drops [v -ED, -ING, -S]
SPEEDED	DDEEEPS	SPEED, to move swiftly [v]
SPEEDER	DEEEPRS	one that speeds (to move swiftly) [n -S]
SPEELED	DEEELPS	SPEEL, to climb (to ascend (to go or move upward)) [v]
SPEILED	DEEILPS	SPEIL, to speil (to climb (to ascend (to go or move upward))) [v]
SPEWERS	EERSSW	SPEWER, one that spews (to vomit (to eject contents of stomach through mouth)) [n]
SPEWING	EGINPSW	SPEW, to vomit (to eject contents of stomach through mouth) [v]
SPIGOTS	GIOPSS	SPIGOT, faucet (device for controlling flow of liquid from pipe) [n]
SPIRALS	AILPRSS	SPIRAL, to move like spiral (type of plane curve) [v]
SPIRTED	DEIPRST	SPIRT, to gush forth [v]
SPOOLED	DELOOPS	SPOOL, to wind on small cylinder [v]
SPOOLER	ELOOPRS	one that spools (to wind on small cylinder) [n -S]
SPOUTED	DEOPSTU	SPOUT, to eject in rapid stream [v]
SPOUTER	EOPRSTU	one that spouts (to eject in rapid stream) [n -S]
SPRAINS	AINPRSS	SPRAIN, to weaken by sudden and violent twisting or wrenching [v]
SPRIEST	EIPRSST	SPRY, nimble (agile (able to move quickly and easily)) [adj]
SPRINGS	GINPRSS	SPRING, to move upward suddenly and swiftly [v]
SPRINTS	INPRSST	SPRINT, to run at top speed [v]
SPRITZY	IPRSTYZ	emitting spray [adj -ZIER, -ZIEST]
SPRYEST	EPRSSTY	SPRY, nimble (agile (able to move quickly and easily)) [adj]
SPURTED	DEPRSTU	SPURT, to gush forth [v]
SPUTTER	EPRSTTU	to eject particles in short bursts [v -ED, -ING, -S]
SQUIRMS	IMQRSSU	SQUIRM, to wriggle (to turn or twist in sinuous manner) [v]
SQUIRMY	IMQRSUY	wiggly (wriggling) [adj -MIER, -MIEST]
SQUIRTS	IQRSSTU	SQUIRT, to eject in thin, swift stream [v]
STABLER	ABELRST	STABLE, resistant to sudden change or position or condition [adj]
STAGGER	AEGGRST	to walk or stand unsteadily [v -ED, -ING, -S]
STALLED	ADELLST	STALL, to stop progress of [v]
STALLING	AGILLNST	STALL, to stop progress of [v]

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STAMMER	AEMMRST	to speak with involuntary breaks and pauses [v -ED, -ING, -S]
STAMPED	ADEMPST	STAMP, to bring foot down heavily [v]
STAMPER	AEMPRST	one that stamps (to bring foot down heavily) [n -S]
STATORS	AORSSTT	STATOR, part of machine about which rotor revolves [n]
STAUNCH	ACHNSTU	to stanch (to stop flow of blood from) [v -ED, -ING, -ES]
STAVING	AGINSTV	STAVE, to drive or thrust away [v]
STEAMER	AEEMRST	to travel by steamship [v -ED, -ING, -S]
STEPPED	DEEPPST	STEP, to move by lifting foot and setting it down in another place [v]
STEPPER	EEPPRST	one that steps (to move by lifting foot and setting it down in another place) [n -S]
STILLER	EILLRST	STILL, free from sound or motion [adj]
STIRRED	DEIRRST	STIR, to pass implement through in circular motions [v]
STIRRER	EIRRRST	one that stirs (to pass implement through in circular motions) [n -S]
STOMPED	DEMOPST	STOMP, to tread heavily [v]
STOMPER	EMOPRST	one that stomps (to tread heavily) [n -S]
STOOPED	DEOOPST	STOOP, to bend body forward and down [v]
STOOPER	EOOPRST	one that stoops (to bend body forward and down) [n -S]
STOPPED	DEOPPST	STOP, to discontinue progress or motion of [v]
STORERS	EORRST	STORER, one that stores (to put away for future use) [n]
STORING	GINORST	STORE, to put away for future use [v]
STOTTED	DEOSTTT	STOT, to bound with stiff-legged gait [v] / STOTT [v]
STOVING	GINOSTV	STOVE, STAVE, to drive or thrust away [v]
STRAYED	ADERSTY	STRAY, to wander from proper area or course [v]
STRAYER	AERRSTY	one that strays (to wander from proper area or course) [n -S]
STREEKS	EEKRSST	STREEK, to stretch (to draw out or open to full length) [v]
STREELS	EELRSST	STREEL, to saunter (to walk in leisurely manner) [v]
STRIDER	DEIRRST	one that strides (to walk with long steps) [n -S]
STRIDES	DEIRSST	STRIDE, to walk with long steps [v]
STRIKER	EIKRRST	one that strikes (to hit forcibly) [n -S]
STRIKES	EIKRSST	STRIKE, to hit forcibly [v]
STROBIC	BCIORST	spinning [adj]
STROKED	DEKORST	STROKE, to rub gently [v]
STROKER	EKORRST	one that strokes (to rub gently) [n -S]
STROKES	EKORSST	STROKE, to rub gently [v]
STROLLS	LLORSST	STROLL, to walk in leisurely manner [v]
STRUNTS	NRSSTTU	STRUNT, to strut (to walk with pompous air) [v]
STUBBED	BBDESTU	STUB, to strike accidentally against projecting object [v]
STUMBLE	BELMSTU	to miss one's step in walking or running [v -D, -LING, -S]
SUBDUCE	BCDESUU	to take away [v -D, -CING, -S]
SUBDUCT	BCDSTUU	to subduce (to take away) [v -ED, -ING, -S]
SUCCUSS	CCSSSUU	to shake violently [v -ED, -ING, -ES]
SUCKING	CGIKNSU	SUCK, to draw in by establishing partial vacuum [v]
SUNDIAL	ADILNSU	type of time-telling device [n -S]
SUNRISE	EINRSSU	ascent of sun above horizon in morning [n -S]
SUNSETS	ENSSSTU	SUNSET, descent of sun below horizon in evening [n]
SURGERS	EGRSSU	SURGER, one that surges (to move in swelling manner) [n]
SURGING	GGINRSU	SURGE, to move in swelling manner [v]
SURPASS	APRSSSU	to go beyond [v -ED, -ING, -ES]

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SUSPEND	DENPSSU	to cause to stop for period [v -ED, -ING, -S]
SWAGGED	ADEGGSW	SWAG, to sway (to move slowly back and forth) [v]
SWAGGER	AEGGRSW	to walk with pompous air [v -ED, -ING, -S]
SWANKED	ADEKNSW	SWANK, to swagger (to walk with pompous air) [v]
SWARMED	ADEMRSW	SWARM, to move in large group [v]
SWARMER	AEMRRSW	one that swarms (to move in large group) [n -S]
SWASHED	ADEHSSW	SWASH, to swagger (to walk with pompous air) [v]
SWASHER	AEHRSSW	one that swashes (to swagger (to walk with pompous air)) [n -S]
SWASHES	AEHSSSW	SWASH, to swagger (to walk with pompous air) [v]
SWATTED	ADESTTW	SWAT, to hit sharply [v]
SWATTER	AERSTTW	one that swats (to hit sharply) [n -S]
SWAYERS	AERSSWY	SWAYER, one that sways (to move slowly back and forth) [n]
SWAYING	AGINSWY	SWAY, to move slowly back and forth [v]
SWEeper	EEEPSRW	one that sweeps (to clear or clean with brush or broom) [n -S]
SWERVED	DEERSVW	SWERVE, to turn aside suddenly from straight course [v]
SWERVER	EERRSVW	one that swerves (to turn aside suddenly from straight course) [n -S]
SWERVES	EERSSVW	SWERVE, to turn aside suddenly from straight course [v]
SWIFTER	EFIRSTW	SWIFT, moving with great rate of motion [adj] / rope on ship [n -S]
SWIFTLY	FILSTWY	in swift (moving with great rate of motion) manner [adv]
SWIMMER	EIMMRSW	one that swims (to propel oneself in water by natural means) [n -S]
SWINGBY	BGINSWY	mission in which spacecraft uses planet's gravitational pull for making course changes [n -S]
SWINGED	DEGINSW	SWINGE, to flog (to beat with whip or rod) [v]
SWINGER	EGINRSW	one that swings (to move freely back and forth) [n -S]
SWINGES	EGINSSW	SWINGE, to flog (to beat with whip or rod) [v]
SWINGLE	EGILNSW	SWINGLE, to scutch (to separate woody fiber from by beating) [v -D, -LING, -S]
SWIPERS	EIPRSSW	SWIPER, one that swipes (to strike with sweeping blow) [n]
SWIPING	GIINPSW	SWIPE, to strike with sweeping blow [v]
SWIRLED	DEILRSW	SWIRL, to move with whirling motion [v]
SWISHED	DEHISSW	SWISH, to move with prolonged hissing sound [v]
SWISHER	EHIRSSW	one that swishes (to move with prolonged hissing sound) [n -S]
SWISHES	EHISSSW	SWISH, to move with prolonged hissing sound [v]
SWIVELS	EILSSVW	SWIVEL, to turn on pivoted support [v]
SWOTTED	DEOSTTW	SWOT, to swat (to hit sharply) [v]
SWOTTER	EORSTTW	one that swots (to swat (to hit sharply)) [n -S]
SYPHONS	HNOPSSY	SYPHON, siphon (to draw off through siphon (type of tube)) [v]
SYSTOLE	ELOSSTY	normal rhythmic contraction of heart [n -S]

Movement, Idleness, Stoppage 7s

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TACKLED	ADECKLT	TACKLE, to seize and throw to ground [v]
TACKLER	ACEKLRT	one that tackles (to seize and throw to ground) [n -S]
TACKLES	ACEKLST	TACKLE, to seize and throw to ground [v]
TACTION	ACINOTT	act of touching (to be in or come into contact with) [n -S]
TAILERS	AEILRST	TAILER, one that secretly follows another [n]
TAKEOUT	AEKOTTU	act of removing (to take or move away) [n -S]
TAKEUPS	AEKPSTU	TAKEUP, act of taking something up [n]
TAMPING	AGIMNPT	act of packing down by tapping [n -S] / TAMP, to pack down by tapping [v]



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TANGOED	ADEGNOT	TANGO, to perform Latin American dance [v]
TANGOES	AEGNOST	TANGO, to perform Latin American dance [v]
TAPLESS	AELPSST	lacking tap (device to stop flow of liquid or gas) [adj]
TAPPERS	AEPFRST	TAPPER, one that taps (to strike gently) [n]
TAPPETS	AEPFSTT	TAPPET, sliding rod that causes another part of mechanism to move [n]
TAPPING	AGINPPT	TAP, to strike gently [v]
TARDYON	ADNORTY	subatomic particle that travels slower than speed of light [n -S]
TEETERS	EEERSTT	TEETER, to move unsteadily [v]
TEMBLOR	BELMORT	earthquake [n -ES, -S]
TEMPEST	EEMPSTT	to agitate violently [v -ED, -ING, -S]
TENDRIL	DEILNRT	leafless organ of climbing plants [n -S]
THERMAL	AEHLMRT	rising mass of warm air [n -S]
THEROID	DEHIORT	resembling beast (animal (living organism typically capable of voluntary motion and sensation)) [adj]
TROWER	EHORRTW	one that throws (to propel through air with movement of arm) [n -S]
THRUSTS	HRSTTU	THRUST, to push forcibly [v]
THUMBED	BDEHMTU	THUMB, to leaf through with thumb (short, thick digit of human hand) [v]
THUMPED	DEHMPTU	THUMP, to strike so as to make dull, heavy sound [v]
THUMPER	EHMPTU	one that thumps (to strike so as to make dull, heavy sound) [n -S]
THWACKS	ACHKSTW	THWACK, to strike with something flat [v]
TICING	CCGIINT	TIC, to have involuntary muscular contraction [v]
TIPTOED	DEIOPTT	TIPTOE, to walk on tips of one's toes [v]
TIPTOES	EIOPSTT	TIPTOE, to walk on tips of one's toes [v]
TITTUPS	IPSTTTU	TITTUP, to move in lively manner [v]
TODDLED	DDDELOT	TODDLE, to walk unsteadily [v]
TODDLER	DDELORT	one that toddles (to walk unsteadily) [n -S]
TODDLES	DDELOST	TODDLE, to walk unsteadily [v]
TOEHOLD	DEHLOOT	space that supports toes in climbing [n -S]
TOITING	GIINOTT	TOIT, to saunter (to walk in leisurely manner) [v]
TONGERS	EGNORST	TONGER, one that tongs (to lift with type of grasping device) [n]
TONGING	GGINNOT	TONG, to lift with type of grasping device [v]
TOPPLED	DELOPPT	TOPPLE, to fall forward [v]
TOPPLES	ELOPPST	TOPPLE, to fall forward [v]
TOPSPIN	INOPPST	forward spin imparted to ball [n -S]
TORPEFY	EFOPRTY	to make sluggish (displaying little movement or activity) [v -FIED, -ING, -FIES]
TORPORS	OOPRRST	TORPOR, mental or physical inactivity [n]
TORSION	INOORST	act of twisting (to combine by winding together) [n -S]
TOSSERS	EORSSST	TOSSER, one that tosses (to throw lightly) [n]
TOSSING	GINOSST	TOSS, to throw lightly [v]
TOTTERS	EORSTTT	TOTTER, to walk unsteadily [v]
TOURING	GINORTU	cross-country skiing for pleasure [n -S] / TOUR, to travel from place to place [v]
TOWAWAY	AAOTWWY	act of towing away vehicle [n -S]
TRAIKED	ADEIKRT	TRAIK, to trudge (to walk tiredly) [v]
TRAILED	ADEILRT	TRAIL, to drag along surface [v]
TRAIPESE	AEIPRST	to walk about in idle or aimless manner [v -D, -SING, -S]
TRAJECT	ACEJRTT	to transmit (to send from one place or person to another) [v -ED, -ING, -S]
TRAMELL	AELLMRT	to trammel (to hinder (to impede (to obstruct progress of))) [v -ED, -ING, -S]
TRAMELS	AELMRST	TRAMEL, to trammel (to hinder (to impede (to obstruct progress of))) [v]

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TRAMMED	ADEMMRT	TRAM, to convey in tramcar [v]
TRAMMEL	AELMMRT	to hinder (to impede (to obstruct progress of)) [v -ED, -LLED, -ING, -LLING -S]
TRAMPED	ADEMPRT	TRAMP, to walk with firm, heavy step [v]
TRAMPER	AEMPRRT	one that tramps (to walk with firm, heavy step) [n -S]
TRANSIT	AINRSTT	to pass across or through [v -ED, -ING, -S]
TRAVELS	AELRSTV	TRAVEL, to go from one place to another [v]
TREADED	ADDEERT	TREAD, to walk on, over, or along [v]
TREADER	ADEERTT	one that treads (to walk on, over, or along) [n -S]
TREKKED	DEEKKRT	TREK, to make slow or arduous journey [v]
TREKKER	EEKKRRT	one that treks (to make slow or arduous journey) [n -S]
TRELLIS	EILLRST	to provide with trellis (frame used as support for climbing plants) [v -ED, -ING, -ES]
TREMBLE	BEELMRT	to shake involuntarily [v -D, -LING, -S]
TREMBLY	BELMRTY	marked by trembling [adj -LIER, -LIENT]
TREMORS	EMORRST	TREMOR, shaking movement [n]
TRICING	CGIINRT	TRICE, to haul up with rope [v]
TRICKLE	CEIKLRT	to flow or fall in drops [v -D, -LING, -S]
TRICKLY	CIKLRTY	marked by trickling [adj -LIER, -LIENT]
TRIGGER	EGGIRRT	to actuate (to set into action or motion) [v -ED, -ING, -S]
TRINDLE	DEILNRT	to trundle (to propel by causing to rotate) [v -D, -LING, -S]
TRIPPED	DEIPPRT	TRIP, to stumble (to miss one's step in walking or running) [v]
TRIPPER	EIPPRRT	one that trips (to stumble (to miss one's step in walking or running)) [n -S]
TRODDEN	DDENORT	TREAD, to walk on, over, or along [v]
TROLLEY	ELLORTY	to convey by streetcar [v -ED, -ING, -S]
TROMPED	DEMOPRT	TROMP, to tramp (to walk with firm, heavy step) [v]
TROOPED	DEOOPRT	TROOP, to move or gather in crowds [v]
TROTTED	DEORTTT	TROT, to go at gait between walk and run [v]
TROTYLS	LORSTTY	TROTYL, explosive [n]
TRUDGED	DEGRTTU	TRUDGE, to walk tiredly [v]
TRUDGEN	DEGNRTU	swimming stroke [n -S]
TRUDGER	DEGRRTU	one that trudges (to walk tiredly) [n -S]
TRUDGES	DEGRSTU	TRUDGE, to walk tiredly [v]
TRUNDLE	DELNRTU	to propel by causing to rotate [v -D, -LING, -S]
TUGGERS	EGGRSTU	TUGGER, one that tugs (to pull with force) [n]
TUGGING	GGGINTU	TUG, to pull with force [v]
TUMBLED	BDELMTU	TUMBLE, to fall or roll end over end [v]
TUMBLER	EBLMRTU	one that tumbles (to fall or roll end over end) [n -S]
TUMBLES	BELMSTU	TUMBLE, to fall or roll end over end [v]
TURNERS	ENRRSTU	TURNER, one that turns (to move around central point) [n]
TURNING	GINNRTU	rotation about axis [n -S] / TURN, to move around central point [v]
TWEEZED	DEEETWZ	TWEEZE, to pluck with tweezer [v]
TWEEZES	EEESTWZ	TWEEZE, to pluck with tweezer [v]
TWERKED	DEEKRTW	TWERK, to dance in particular style originating in New Orleans [v]
TWIRLED	DEILRTW	TWIRL, to rotate rapidly [v]
TWIRLER	EILRRTW	one that twirls (to rotate rapidly) [n -S]



A Moveable Feast

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UNAGILE	AEGILNU	AGILE, able to move quickly and easily [adj]
UNDOCKS	CDKONSU	UNDOCK, to move away from dock [v]
UNHASTY	AHNSTUY	not hasty (speedy (swift (moving with great rate of motion))) [adj]
UNMOVED	DEMNOUV	MOVE, to change from one position to another [adj]
UNRISEN	EINRSU	RISE, to move upward [adj]
UNROLLS	LLNORSU	UNROLL, to open something that is rolled up [v]
UNSPPOOL	LNOOPUSU	to unwind from small cylinder [v -ED, -ING, -S]
UNTREAD	ADENRTU	to tread back [v -ED -ROD, -RODDEN, -ING, -S]
UNWINDS	DINNSUW	UNWIND, to reverse winding of [v]
UNWOUND	DNNOUUW	UNWIND, to reverse winding of [v]
UPCHUCK	CCHKPUU	to vomit (to eject contents of stomach through mouth) [v -ED, -ING, -S]
UPCLIMB	BCILMPU	to climb up [v -ED, -ING, -S]
UPDARTS	ADPRSTU	UPDART, to dart up [v]
UPDIVED	DDEIPUV	UPDIVE, to spring upward [v]
UPDIVES	DEIPSUV	UPDIVE, to spring upward [v]
UPDRAFT	ADFPRTU	upward movement of air [n -S]
UPHEAVE	AEHPUV	to heave up [v -D, -HOVE, -VING, -S]
UPRIGHT	GHIPRTU	to make vertical [v -ED, -ING, -S]
UPSHIFT	FHIPSTU	to shift into higher gear [v -ED, -ING, -S]
UPSOARS	APORSSU	UPSOAR, to soar upward [v]
UPSTART	APRSTTU	to spring up suddenly [v -ED, -ING, -S]
UPSTEPS	EPPSSTU	UPSTEP, to step up [v]
UPSTIRS	IPRSSTU	UPSTIR, to stir up [v]
UPSWING	GINPSUW	to swing upward [v -WUNG, -ING, -S]
UPTEMPO	EMOPPTU	fast or lively tempo [n -S]
UPTHROW	HOPRTUW	to throw upward [v -REW, -N, -ING, -S]
UPTILTS	ILPSTTU	UPTILT, to tilt upward [v]
UPTURNS	NPRSTUU	UPTURN, to turn up or over [v]
URETERS	EERRSTU	URETER, duct that conveys urine from kidney to bladder [n]
USHERED	DEEHRUSU	USHER, to conduct to place [v]

Movement, Idleness, Stoppage 7s

V

VACUUMS	ACMSUUV	VACUUM, to use device that cleans by suction [v]
VAGRANT	AAGNRTV	wanderer with no apparent means of support [n -S]
VALVING	AGILNVV	VALVE, to provide with valve (device for controlling flow of liquid or gas) [v]
VAMOOSSE	AEMOOSV	to leave quickly [v-D, SING, -S]
VAMOSSED	ADEMOSV	VAMOSE, to vamoose (to leave quickly) [v]
VAMOSSES	AEMOSSV	VAMOSE, to vamoose (to leave quickly) [v]
VAROOMS	AMOORSV	VAROOM, to vroom (to run engine at high speed) [v]
VAULTER	AELRTUV	one that leaps (to spring off ground) [n -S]
VEERING	EEGINRV	VEER, to change direction [v]
VEHICLE	CEEHILV	device used as means of conveyance [n -S]
VERGING	EGGINRV	VERGE, to come near [v]
VESSELS	EELSSSV	VESSEL, craft for traveling on water [n]
VETCHES	CEEHSTV	VETCH, climbing plant [n]
VIATORS	AIORSTV	VIATOR, traveler (one that travels (to go from one place to another)) [n]

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VIBRATE	ABEIRTV	to move back and forth rapidly [v -D, -TING, -S]
VIFFING	FFGIINW	VIFF, to change direction abruptly of vertical take-off aircraft [v]
VOGUING	GGINOUV	dance consisting of series of styled poses [n -S]
VOLLEYS	ELLOSVY	VOLLEY, to return tennis ball before it touches ground [v]
VOLTING	GILNOTV	VOLT, to make quick movement in fencing to avoid thrust [v]
VOMITED	DEIMOTV	VOMIT, to eject contents of stomach through mouth [v]
VOMITER	EIMORTV	one that vomits (to eject contents of stomach through mouth) [n -S]
VOYAGED	ADEGOVY	VOYAGE, to travel (to go from one place to another) [v]
VOYAGER	AEGORVY	one that voyages (to travel (to go from one place to another)) [n -S]
VOYAGES	AEGOSVY	VOYAGE, to travel (to go from one place to another) [v]
VROOMED	DEMOORV	VROOM, to run engine at high speed [v]

Movement, Idleness, Stoppage 7s

W

WABBLLED	ABBDELW	WABBLE, to wobble (to move unsteadily) [v]
WABBLER	ABBELRW	one that wobbles (to wobble (to move unsteadily)) [n -S]
WABBLES	ABBELSW	WABBLE, to wobble (to move unsteadily) [v]
WADABLE	AABDELW	wadeable (capable of being passed through by wading) [adj]
WADDIED	ADDDEIW	WADDY, to strike with thick club [v]
WADDIES	ADDEISW	WADDY, to strike with thick club [v] / WADDIE, cowboy [n]
WADDLED	ADDDELW	WADDLE, to walk with short, swaying steps [v]
WADDLER	ADDELRW	one that waddles (to walk with short, swaying steps) [n -S]
WADDLES	ADDELSW	WADDLE, to walk with short, swaying steps [v]
WAFFING	AFFGINW	WAFF, to wave (to move freely back and forth or up and down) [v]
WAGGERS	AEGGRSW	WAGGER, one that wags (to move briskly up and down or to and fro) [n]
WAGGING	AGGGINW	WAG, to move briskly up and down or to and fro [v]
WAGGLED	ADEGGLW	WAGGLE, to wag (to move briskly up and down or to and fro) [v]
WAGGLES	AEGGLSW	WAGGLE, to wag (to move briskly up and down or to and fro) [v]
WAGGONS	AGGNOSW	WAGGON, to wagon (to convey by wagon (four-wheeled, horse-drawn vehicle)) [v]
WAGONED	ADEGNOW	WAGON, to convey by wagon (four-wheeled, horse-drawn vehicle) [v]
WAGONER	AEGNORW	one who drives wagon [n -S]
WAIFING	AFGIINW	WAIF, to throw away [v]
WALKERS	AEKLRSW	WALKER, one that walks (to advance on foot) [n]
WALKING	AGIKLNW	act of one that walks [n -S] / WALK, to advance on foot [v]
WALLEYS	AELLSWY	WALLEY, type of jump in figure skating [n]
WALTZER	AELRTWZ	one that waltzes (to perform ballroom dance) [n -S]
WALTZES	AELSTWZ	WALTZ, to perform ballroom dance [v]
WAMBLED	ABDELMW	WAMBLE, to move unsteadily [v]
WAMBLES	ABELMSW	WAMBLE, to move unsteadily [v]
WAMPISH	AHIMPSW	to throw about [v -ED, -ING, -ES]
WANDERS	ADENRSW	WANDER, to move about with no destination or purpose [v]
WARDING	ADGINRW	WARD, to turn aside [v]
WARHEAD	AADEHRW	front part of missile containing explosive [n -S]
WARPAGE	AAEGPRW	act of warping (to turn or twist out of shape) [n -S]
WARPERS	AEPRRSW	WARTER, one that warps (to turn or twist out of shape) [n]
WARPING	AGINPRW	WARP, to turn or twist out of shape [v]
WASHOUT	AHOSTUW	erosion of earth by action of water [n -S]



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WAVERED	ADEERVW	WAVER, to move back and forth [v]
WAVERER	AEERRVW	one that wavers (to move back and forth) [n -S]
WELLING	EGILLNW	WELL, to rise to surface and flow forth [v]
WELTERS	EELRSTW	WELTER, to roll about [v]
WENDING	DEGINNW	WEND, to proceed along [v]
WESTERS	EERSSTW	WESTER, to move toward west [v]
WESTING	EGINSTW	shifting west [n -S]
WHACKED	ACDEHKW	WHACK, to strike sharply [v]
WHACKER	ACEHKRW	one that whacks (to strike sharply) [n -S]
WHAPPED	ADEHPPW	WHAP, to whop (to strike forcibly) [v]
WHEELED	DEEEHLW	WHEEL, to convey on wheels (circular frames designed to turn on axis) [v]
WHEELER	EEEHLRW	one that wheels (to convey on wheels (circular frames designed to turn on axis)) [n -S]
WHEELIE	EEEHILW	maneuver made on wheeled vehicle [n -S]
WHIDDED	DDDEHIW	WHID, to move rapidly and quietly [v]
WHIFFED	DEEFHIW	WHIFF, to blow or convey with slight gusts of air [v]
WHIFFER	EFFHIRW	one that whiffs (to blow or convey with slight gusts of air) [n -S]
WHIFFLE	EFFHILW	to move or think erratically [v -D, -LING, -S]
WHIPPED	DEHIPPW	WHIP, to strike with whip (instrument for administering corporal punishment) [v]
WHIPPER	EHIPPRW	one that whips (to strike with whip (instrument for administering corporal punishment)) [n -S]
WHIRLED	DEHILRW	WHIRL, to revolve rapidly [v]
WHIRLER	EHILRRW	one that whirls (to revolve rapidly) [n -S]
WHIRRED	DEHIRRW	WHIR, to move with buzzing sound [v]
WHISHED	DEHHISW	WHISH, to move with hissing sound [v]
WHISHES	EHHISSW	WHISH, to move with hissing sound [v]
WHISKED	DEHIKSW	WHISK, to move briskly [v]
WHIZZED	DEHIWZZ	WHIZ, to move with buzzing or hissing sound [v]
WHIZZER	EHIRWZZ	one that whizzes (to move with buzzing or hissing sound) [n -S]
WHIZZES	EHISWZZ	WHIZ, to move with buzzing or hissing sound [v]
WHOPPED	DEHOPPW	WHOP, to strike forcibly [v]
WHORLED	DEHLORW	WHORL, to move in twisted or convoluted fashion [v]
WHUMPED	DEHMPUW	WHUMP, to thump (to strike so as to make dull, heavy sound) [v]
WIDDLED	DDDEILW	WIDDLE, to wriggle (to turn or twist in sinuous manner) [v]
WIDDLES	DDEILSW	WIDDLE, to wriggle (to turn or twist in sinuous manner) [v]
WIELDER	DEEILRW	one that wields (to handle or use effectively) [n -S]
WIGGLED	DEGGILW	WIGGLE, to move with short, quick movements from side to side [v]
WIGGLER	EGGILRW	one that wiggles (to move with short, quick movements from side to side) [n -S]
WIGGLES	EGGILSW	WIGGLE, to move with short, quick movements from side to side [v]
WIGWAGS	AGGISWW	WIGWAG, to move back and forth [v]
WINCERS	CEINRSW	WINCER, one that winces (to flinch (to shrink back involuntarily)) [n]
WINCING	CGIINNW	WINCE, to flinch (to shrink back involuntarily) [v]
WINDAGE	ADEGINW	effect of wind (air in natural motion) on projectile [n -S]
WINDERS	DEINRSW	WINDER, one that winds (to pass around object or fixed center) [n]
WINDING	DGIINNW	WIND, to pass around object or fixed center [v]
WINDLED	DDEILNW	WINDLE, to wind (to pass around object or fixed center) [v]
WINDLES	DEILNSW	WINDLE, to wind (to pass around object or fixed center) [v]
WINGIER	EGIINRW	WINGY, swift (moving with great rate of motion) [adj]
WINTLED	DEILNTW	WINTLE, to stagger (to walk or stand unsteadily) [v]



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WINTLES	EILNSTW	WINTLE, to stagger (to walk or stand unsteadily) [v]
WOBBLED	BBDELOW	WOBBLE, to move unsteadily [v]
WOBBLER	BBELORW	one that wobbles (to move unsteadily) [n -S]
WOBBLES	BBELOW	WOBBLE, to move unsteadily [v]
WOOPSED	DEOOPSW	WOOPS, to vomit (to eject contents of stomach through mouth) [v]
WOOPSES	ELOOPSSW	WOOPS, to vomit ((to eject contents of stomach through mouth) [v]
WOOSHED	DEHOOSW	WOOSH, to whoosh (to move with hissing sound) [v]
WOOSHES	EHOOSW	WOOSH, to whoosh (to move with hissing sound) [v]
WRESTED	DEERSTW	WREST, to take away by force [v]
WRESTER	EERRSTW	one that wrests (to take away by force) [n -S]
WRIGGLE	EGGILRW	to turn or twist in sinuous manner [v -D, -LING, -S]

Movement, Idleness, Stoppage 7s

X

Movement, Idleness, Stoppage 7s

Y

YACHTED	ACDEHTY	YACHT, to sail in yacht (vessel used for pleasure cruising or racing) [v]
YANKING	AGIKNNY	YANK, to pull suddenly [v]
YERKING	EGIKNRY	YERK, to beat vigorously [v]

Movement, Idleness, Stoppage 7s

Z

ZAGGING	AGGGINZ	ZAG, to turn sharply [v]
ZAPATEO	AAEOPTZ	Spanish dance [n -S]
ZIGGING	GGGIINZ	ZIG, to turn sharply [v]
ZIGZAGS	AGGISZZ	ZIGZAG, to proceed on course marked by sharp turns [v]
ZINGING	GGIINNZ	ZING, to move with high-pitched humming sound [v]
ZIPPING	GIINPPZ	ZIP, to move with speed and vigor [v]
ZOOIDAL	ADILOOZ	ZOOID, organic cell or body capable of independent movement [adj]
ZOOMING	GIMNOOZ	ZOOM, to move with loud humming sound [v]
ZOONING	GINNOOZ	ZOON, to zoom (to move with loud humming sound) [v]