



Living with Irregularity...



...in the way that some **PLURAL NOUNS** are formed **IRREGULARLY**. Don't just live with irregularity, thrive with it!
compiled by Jacob Cohen, Asheville Scrabble Club *(updated to NASPA Word List 2018)*

F

FABLIAU	AABFILU	short metrical tale popular in medieval France, FABLIAUX
FACULA	AACFLU	unusually bright spot on sun's surface, FACULAE
FARFALLE	AAEFFLLR	pasta in shape of bow ties, FARFALLE
FARMWIFE	AEFFIMRW	farmer's wife, FARMWIVES
FASCIA	AACFIS	broad and distinct band of color, FASCIAS, FASCIAE
FECULA	ACEFLU	fecal matter, FECULAE
FEDAYEE	ADEEEFY	Arab commando, FEDAYEEN
FELLAH	AEFHLL	peasant or laborer in Arab countries, FELLAHS, FELLAHIN, FELLAHEEN
FENESTRA	AEEFNRSR	small anatomical opening, FENESTRAE
FENING	EFGINN	monetary unit of Bosnia and Herzegovina, FENINGA
FERMATA	AAEFMRT	sustaining of musical note, chord, or rest beyond its written time value, FERMATAS, FERMATE
FERULA	AEFLRU	flat piece of wood, FERULAS, FERULAE
FETIALIS	AEFIILST	fetial (priest of ancient Rome) FETIALES
FIASCO	ACFIOS	complete failure, FIASCOS, FIASCOES
FIASCO	ACFIOS	wine bottle, FIASCOES, FIASCHI
FIBRILLA	ABFIILLR	fibril (small fiber), FIBRILLAE
FIBROMA	ABFIMOR	benign tumor composed of fibrous tissue, FIBROMAS, FIBROMATA
FIBROSIS	BFIIORSS	development of excess fibrous tissue in bodily organ, FIBROSES
FIBULA	ABFILU	bone of leg, FIBULAS, FIBULAE
FILARIA	AAFILR	parasitic worm, FILARIAE
FIMBRIA	ABFIIMR	fringe or fringe-like structure, FIMBRIAE
FINALIS	AFIILNS	type of tone in medieval music, FINALES
FISHWIFE	EFFHIISW	woman who sells fish, FISHWIVES
FISTULA	AFILSTU	duct formed by imperfect closing of wound, FISTULAS, FISTULAE
FLAMBEAU	AABEFLMU	flaming torch, FLAMBEAUS, FLAMBEAUX
FLAMEN	AEFLMN	priest of ancient Rome, FLAMENS, FLAMINES
FLATFOOT	AFFLOOTT	foot condition, FLATFEET
FLOCCUS	CCFLOSU	floccule (tuft-like mass), FLOCCI
FLYLEAF	AEFFLLY	blank leaf at beginning or end of book, FLYLEAVES
FOCUS	CFOSU	point at which rays converge or from which they diverge, FOCUSSES, FOCI
FOLIUM	FILMOU	thin layer, FOLIUMS, FOLIA
FOLKLIFE	EFFIKLLO	traditions, skills, and products of people, FOLKLIVES
FOOTGEAR	AEFGOORT	footwear, FOOTGEAR
FOOTWEAR	AEFOORTW	wearing apparel for feet, FOOTWEAR
FORAMEN	AEFMNOR	small anatomical opening, FORAMENS, FORAMINA
FORCEPS	CEFOPRS	instrument for seizing and holding objects, FORCIPES
FOREFOOT	EFFOOORT	one of front feet of animal, FOREFEET
FOREHOOF	EFFHOOOR	hoof of forefoot, FOREHOOFS
FORMULA	AFLMORU	exact method for doing something, FORMULAS, FORMULAE
FORNIX	FINORX	arched anatomical structure, FORNICES
FORZANDO	ADFNOORZ	sforzato (playing of tone or chord with sudden force), FORZANDOS, FORZANDI
FOVEOLA	AEFLOORV	small fovea (shallow anatomical depression), FOVEOLAS, FOVEOLAE
FRAENUM	AEFMNRU	frenum (connecting fold of membrane), FRAENUMS, FRAENA
FRENULUM	EFLMNRUU	frenum (connecting fold of membrane), FRENULUMS, FRENULA
FRENUM	EFMNRU	connecting fold or membrane, FRENUMS, FRENA
FRONS	FNORS	upper anterior portion of insect's head, FRONTES



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FRUSTUM	FMRSTUU	part of conical solid, FRUSTUMS, FRUSTA
FUCUS	CFSUU	any of genus of brown algae, FUCUSES, FUCI
FULCRUM	CFLMRUU	support for lever, FULCRUMS, FULCRA
FUNGO	FGNOU	fly ball hit to fielder for practice in baseball, FUNGOS, FUNGOES
FUNGUS	FGNSUU	any of major group of lower plants, FUNGUSES, FUNGI
FURCULA	ACFLRUU	forked bone, FURCULAE
FUSARIUM	AFIMRSUU	disease-causing fungus, FUSARIA

G

GAMBADO	AABDGMO	leap made by horse, GAMBADOS, GAMBADOES
GANGLION	AGGILNO	group of nerve cells, GANGLIONS, GANGLIA
GASTRULA	AAGLRSTU	metazoan embryo. GASTRULAS, GASTRULAE
GASWORKS	AGKORSW	factor where gas is produced, GASWORKS
GATEAU	AAEGTU	fancy cake, GATEAUS, GATEAUX
GAYWINGS	AGGINSWY	perennial herb, GAYWINGS
GAZABO	AABGOZ	fellow, GAZABOS, GAZABOES
GAZEBO	ABEGOZ	roofed structure open on sides, GAZEBOS, GAZEBOES
GECKO	CEGKO	small lizard, GECKOS, GECKOES
GELATO	AEGLOT	Italian ice cream, GELATOS, GELATI
GENESIS	EEGINSS	origin, GENESES
GENUS	EGNSU	kind, sort, or class, GENUSES, GENERA
GEOTAXIS	AEGIOSTX	movement of organism in response to gravity, GEOTAXES
GERMEN	EEGMNR	something that serves as origin, GERMENS, GERMINA
GESTALT	AEGLSTT	unified whole, GESTALTS, GESTALTEN
GHAZI	AGHIZ	Muslim war hero, GHAZIS, GHAZIES
GINGIVA	AGGIINV	fleshy tissue that surrounds teeth, GINGIVAE
GINGKO	GGIKNO	ornamental tree, GINGKOS, GINGKOES
GLABELLA	AABEGLLL	smooth area between eyebrows, GLABELLAE
GLANS	AGLNS	tip of penis or clitoris, GLANDES
GLIOMA	AGILMO	type of tumor, GLIOMAS, GLIOMATA
GLOMUS	GLMOSU	type of vascular tuft, GLOMERA
GLOSSA	AGLOSS	tongue, GLOSSAS, GLOSSAE
GLOTTIS	GILOSTT	opening between vocal chords, GLOTTISES, GLOTTIDES
GLUTEUS	EGLSTUU	buttock muscle, GLUTEI
GONIDIUM	DGIIMNOU	asexual reproductive cell, GONIDIA
GOURAMI	AGIMORU	food fish, GOURAMIS, GOURAMIES
GRAFFITO	AFFGIORT	inscription or drawing made on rock or wall, GRAFFITI
GRAVAMEN	AAEGMNRV	most serious part of accusation, GRAVAMENS, GRAVAMINA
GRAVIDA	AADGIRV	pregnant woman, GRAVIDAS, GRAVIDAE
GRAVLAKS	AAGKLRSV	gravlax (cured salmon), GRAVLAKS
GRAVLAX	AAGLRVX	cured salmon, GRAVLAX
GROSCHEN	CEGHNORS	formerly used Austrian coin, GROSCHEN
GROTTO	GOORTT	cave, GROTTOS, GROTTUES
GUARANI	AAGINRU	monetary unit of Paraguay, GUARANIS, GUARANIES
GUMMA	AGMMU	soft tumor, GUMMAS, GUMMATA
GUMMOSIS	GIMMOSSU	disease of plants, GUMMOSES
GYNECIUM	CEGIMNUY	pistil of flower, GYNECIA

H



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HABITUS	ABHISTU	bodily build and constitution, HABITUS
HADITH	ADHHIT	record of sayings of Muhammed, HADITH, HADITHS
HAFTARA	AAAFHRT	haphtara (biblical selection), HAFTARAS, HAFTAROT, HAFTAROTH
HAFTARAH	AAAFHHRT	haphtara, HAFTARAHS, HAFTAROS, HAFTAROT, HAFTAROTH
HAFTORAH	AAFHHORT	haphtara, HAFTORAHS, HAFTOROS, HAFTOROTH
HAGGADA	AAADGGH	haggadah, HAGGADAS, HAGGADOT, HAGGADOTH
HAGGADAH	AAADGGHH	biblical narrative, HAGGADAHS, HAGGADOT, HAGGADOTH
HALACHA	AAACHHL	legal part of Talmud, HALACHAS, HALACHOT, HALACHOTH
HALAKAH	AAAHKHL	halacha, HALAKAHS, HALAKOTH
HALAKHA	AAAHKHL	halacha, HALAKHAS, HALAKHOT
HALAKHAH	AAAHHKHL	halacha. HALAKHAHS, HALAKHOTH, HALAKHOTH
HALFLIFE	AEFFHILL	measure of radioactive decay, HALFLIVES
HALLAH	AAHHLL	challah (kind of bread), HALLAHS, HALLOTH
HALLUX	AHLLUX	big toe, HALLUCES
HALUTZ	AHLTUZ	Israeli farmer, HALUTZIM
HALVERS	AEHLRSV	half shares, HALVERS
HAMULUS	AHLMUU	small hook, HAMULI
HANDFUL	ADFHNU	as much as hand can hold, HANDFULS, HANDFUL
HAPHTARA	AAAHHPRT	biblical selection, HAPFTARAS, HAPFTAROT, HAPFTAROTH
HAPLOSIS	AHILOPSS	halving of chromosome number, HAPLOSES
HATFUL	AFHLTU	as much as hat can hold, HATFULS, HATSFUL
HAUTBOIS	ABHIOSTU	hautboy (oboe), HAUTBOIS
HAZAN	AAHNZ	cantor, HAZANS, HAZANIM
HAZZAN	AAHNZZ	hazan, HAZZANS, HAZANIM
HEADGEAR	AADEEGHR	covering for head, HEADGEAR
HEDER	DEEHR	Jewish school, HEDERS, HEDARIM, HADARIM
HELIX	EHILX	something spiral in form, HELIXES, HELICES
HELLERI	EEHILLR	tropical fish, HELLERIS, HELLERIES
HEPATICA	AACEHIPT	perennial herb, HEPATICAS, HEPATICAE
HERES	EEHRS	heir, HEREDES
HERNIAS	AEHINRS	protrusion of organ through its surrounding wall, HERNIAS, HERNIAE
HETAERA	AAEEHRT	concubine, HETAERAS, HETAERAE
HETAIRA	AAEHIRT	hetaera, HETAIRAS, HETARAI
HIDROSIS	DHIIORSS	abnormal perspiration, HIDROSES
HIMATION	AHIIMNOT	loose outer garment, HIMATION, HIMATIA
HOMO	HMOO	member of genus that includes modern man, HOMOS, HOMINES
HORNFELS	EFHNLORS	silicate rock, HORNFELS
HUIPIL	HIILPU	embroidered blouse or dress of Mexico, HUIPILS, HUIPILES
HUMERUS	EHMRSUU	large bone of upper arm, HUMERI
HUSTINGS	GHINSSTU	British court, HUSTINGS
HUSWIFE	EFHISUW	sewing kit, HUSWIFES, HUSWIVES
HYDRIA	ADHIRY	water jar, HYDRIAE
HYMENIUM	EHIMNUY	layer in certain fungi, HYMENIUMS, HYMENIA
HYPNOSIS	HINOPSSY	artificially induced state resembling sleep, HYPNOSES
HYRAX	AHRXY	small harelike animal, HYRAXES, HYRACES

I

ILEITIS	EIILST	inflammation of ileum part of small intestine), ILEITIDES
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ILLUVIUM	IILLMUUV	type of material accumulated in soil, ILLUVIUMS, ILLUVIA
IMAGO	AGIMO	adult insect. IMAGOS, IMAGOES
IMPERIUM	EIIMPRU	absolute power, IMPERIUMS, IMPERIA
INDEX	DEINX	type of reference guide at end of book, INDEXES, INDICES
INDIGO	DGIINO	blue dye, INDIGOS, INDIGOES
INERTIA	AEIINRT	tendency of body to resist acceleration, INERTIAS, INERTIAE
INFAUNA	AAFINNU	fauna living on sift sea floor, INFAUNAS, INFAUNAE
INOCULUM	CILMNOUU	material used in inoculation, INOCULUMS, INOCULA
INSIGNE	EGIINNS	insignia emblem of authority or honor), INSIGNIA
INTAGLIO	AGIILNOT	to engrave in intaglio (incised or sunken design), INTAGLIOS, INTAGLI
INTERREX	EEINRRTX	type of sovereign, INTERREGES
INTIMA	AIIMNT	innermost layer of organ, INTIMAS, INTIMAE
ISTHMUS	HIMSSTU	strip of land connecting two larger land masses, ISTHUSES, ISTHMI
J		
JAMBEAU	AABEJMU	piece of armor for leg, JAMBEAUX, JAMBEAUS
JARFUL	AFJLRU	as much as jar can hold, JARFULS, JARSFUL
JOANNES	AEJNNOS	johannes (Portuguese coin), JOANNES
JOHANNES	AEHJNNOS	Portuguese coin, JOHANNES
JUGFUL	FGJLUU	as much as jug will hold, JUGFULS, JUGSFUL
JUNCO	CJNOU	small finch, JUNCOS, JUNCOES